



Resident Spotlight

BETH



Beth's journey is a powerful testament to resilience and redemption. Born and raised in the Twin Cities, Beth faced adversity early in life. Her father, an absent figure, passed away due to alcoholism, while her mother, a recovering alcoholic, worked hard to provide stability. Despite excelling in school and showing immense potential, Beth grappled with mental health issues and a lingering sense of not belonging.

At 13, Beth began experimenting with drugs and alcohol, leading to a downward spiral. Adderall, alcohol, and marijuana quickly consumed her life, causing her to skip school and fail classes. By 15, Beth's mother sent her to a Christian leadership academy in Utah, where she graduated high school at 16. Yet, upon returning home, Beth fell deeper into addiction, eventually becoming reliant on heroin and meth. Her life became a cycle of overdoses, homelessness, and incarceration.



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On December 31, 2023, Beth was arrested, marking a turning point. Faced with the choice of treatment or further incarceration, she entered inpatient care, followed by outpatient treatment. January 1, 2024, became her sobriety date — the longest she has been sober since she was 13.

Beth's time at Devin House transformed her into a beacon of hope and inspiration. She embraced recovery, rebuilt relationships, and rediscovered her faith. Now, Beth has moved into her own apartment, a testament to how far she has come. She plans to pursue her passion for writing through Augsburg's Step Up collegiate recovery program.

Beth's story reminds us that no matter how dark the past, the future can shine bright with determination and support. Her journey continues to inspire those around her, proving that second chances can lead to incredible new beginnings.