

MANE LION

District 4 C-1 Newsletter



Serving Northern California

October 15, 2025

4 C-1 DG Michele Martens

Dear Fellow Lions,

Fall may be here on the calendar, but it certainly doesn't feel like it yet with this heat! October is recognized as the month dedicated to **Mental Health and Wellness**, and LCI would like us to take this opportunity to focus our attention on those who may be struggling emotionally. Whether the struggle is illness, the loss of a loved one, financial hardship, or other challenges in everyday life it needs to be noticed.

Sometimes, a simple smile, a friendly "hello," or taking a few minutes to truly listen can make a meaningful difference in someone's day. **Kindness can go a long way.** We are all busy and often in a rush, but it's important to pause and remember what it means to struggle emotionally and how much compassion can help.

This month also brings our **North District Meeting in Fort Jones**, and I hope you'll join us! Bring your "bags of ideas" so we can share, learn, and discover new ways to serve our communities and of course, enjoy each other's company while doing so.

Don't forget: **October 4-12 is Mental Health and Wellness Week.** I look forward to seeing you all on **October 18 in Fort Jones.** Until then, take care.

With Gratitude in Service,

Michele Martens

4 C-1 District Governor

One for All and All for One LIONS IN ACTION



DGE Michele Martens



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4 C-1 1VDG Jason Piazza

Hello Lions of District 4 C-1,

Hello Lions, Another busy month it has been. I will be traveling down to Visalia for 1VDG training on October 12th and have been listening to the training online. We are also starting to plan our next convention which will be happening next April. How exciting! I am looking forward to having lots of fun with all of you. Please take care of yourselves as we head into flu season and don't forget to talk to people about Lionism!

1stVDG Jason Piazza

We Serve Together!



1 VDG Jason Piazza



4 C-1 2VDG Scott Muir



2 VDG Scott Muir

2nd Vice District Governor Scott Muir's Updated E-Mail Address

For any of you who have not already heard, we have a **brand new 2nd Vice District Governor, Lion Scott Muir from the Weaverville Lions**. 2VDG Scott has dived in at the deep end and is already fully embracing his new role as a member of the District Leadership Team. 2VDG Scott has set up a new e-mail address which he will be using for **all future** Lions correspondence.

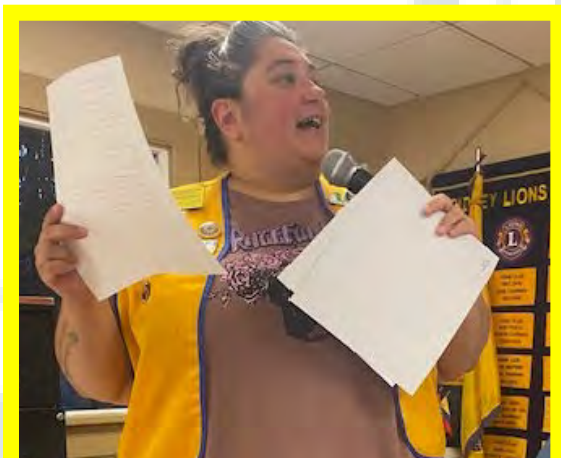
Please direct all future e-mail messages for 2VDG Scott to scottmuir2022@gmail.com.

Gridley Lions Club

Home Club of District 1VD Governor Jason Piazza



President Mandi & Treasurer Jason with the new podium
purchased from Chico Breakfast Lions



President Mandi inducting 2 new Lions



Returning Lion Steve with his sponsor Lion Vern



New Lion David with his sponsor Lion Jason



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Enterprise Lions Club

9/11 Remembered today at the Giant American Flag with Enterprise Lion Marc giving the flag's history. Thank you to all who helped.



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Enterprise Lions Club

Enterprise Lions keeping the roadways clean.



A generous donation of 40 backpacks from the Redding Les Schwab store for Kases for Kids including supplies.



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Weaverville Lions Club

WEAVERVILLE LIONS CLUB

REDDING GOLF TOURNAMENT: The Weaverville Lions was represented in the recent golf tournament in Redding. Beside having a great time, prospective Lion Roger Freer was “closest to the pin”.

TECHNOLOGY COMING TO THE CLUB: VP Ryan Wilks is mastering having our 7AM morning meetings on-line for those that are not able to attend the meeting. President Scott calls this new project “Adapt or Die”. So far, Lions are adapting.

COMPILED PROJECTS:

HIGHWAY CLEANUP: Lions Rex, Gerald Gene (and his wife Kim), spent several hours picking up litter and all the other things that land on the side of the road.

LIONS EYE TESTING: Two pre-schools were given Lions Eye tests: Head Start and Kinder Kids Montessori schools. District Eye Chairman Helen Garr and Chris Bohn came to Weaverville to help Lions Dave H, Patty and Bill.

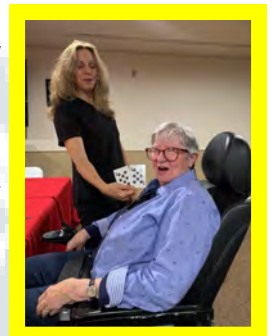
WEEKLY LUCKY CARD DRAWING WINNER: Lucky Lions Lynn Hartley wins the weekly card drawing.

UPCOMING PROJECTS:

TURKEY RAFFLE TICKET FOR CHRISTMAS FOOD BASKETS ready to be sold. Ten lucky winners will each win a turkey; the money will be used for the purchase of food for our Christmas Food Baskets.

WOOD PROJECT: The shed is full and ready to help those that need a little wood to get them through as the cooler weather coming.

HALLOWEEN: Crossing guards are needed during the Halloween Walk-a-Round.



Lucky Lion Lynn

Lions Eye Screening

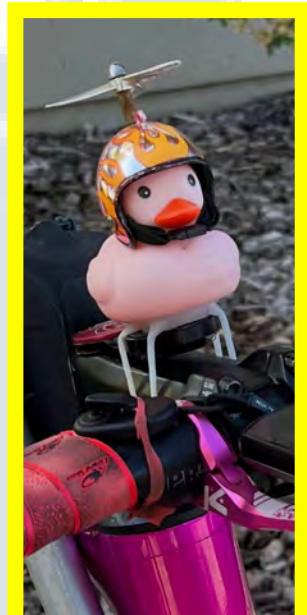
Lions Helen Garr, Chris Bohn & Patty Hymas



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Colusa Lions Club

Colusa Another successful Colusa Lions Club 3F bike run! Riders from across California, Arizona, Idaho, and New Mexico enjoying our beautiful landscapes and City!



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Sutter Lions Club

White Cane Day

This year we had a secret weapon to raise money: KIDS! Jameson Roberts, Austin Barrett, and Autumn Barrett did an amazing job working the gate and raising money. Nice Work! Also pictured below: Lions Josh Abken, Mike Phillips, Walt Ziegenmeyer, Bruce Smith, Andrew Barrett, and Tim Roberts (photographer).



Peach Bowl Lions Club

Sutter Buttes Lions Club



Peach Bowl White Cane days at Sam's



Shasta County Cyber Lions



Come join us October 11th and 12th at Nash's Pumpkin Patch, petting zoo and corn maze! We will be serving Hamburgers, Hotdogs and Super Nachos! This is our biggest fundraising event of the year. All proceeds support our Holiday Food Baskets and homemade Christmas Stockings! Nash Ranch and Pumpkin Patch 10925 Old Oregon Trail Redding Ca 96003

Cottonwood Lions Club



Lions Student Speaker Contest

ANNOUNCEMENT: 2025–2026

Lions Student Speakers Contest Topic! 🎤 🦁

We're proud to unveil this year's powerful and timely theme:

“Youth Mental Health: Overcoming Barriers to Well-Being.”

💬 This topic invites high school students across California to raise their voices and spark meaningful conversations about mental health challenges, resilience, and the path to well-being for their generation.

🌍 With youth mental health becoming a global concern, this contest gives young people a platform to share their insights, stories, and solutions — while building confidence, public speaking skills, and leadership for the future.

🏆 Scholarship prizes await at every level of the competition!

📅 Local Club contests begin in early 2026 — contact your nearest Lions Club for details or visit the California Lions Student Speakers Foundation website.

👉 Tag a student who'd be a great voice for this topic!

[#LionsStudentSpeakers](#) [#YouthMentalHealth](#) [#LionsServe](#)
[#StudentVoicesMatter](#) [#MentalHealthAwareness](#) [#Future-Leaders](#)



MANE LION EDITOR



OPINION PAGE



Rrroooarr from your Mane Lion Editor. It has been a while since I posted how on earth to get a hold of me, to put something in the Mane Lion every month. My email is <beeeott@gmail.com>. I accept photos, posters, notes, whole sentences, whole paragraphs. I love to get news from your club including pictures. This is a picture heavy newsletter. Please label your pictures. The labeling that works best for me is to put your club name and the name of people either in the photos file name OR include those elusive words in a quick note in the same email. **ALL OF THIS IS DUE BY THE 10TH OF THE MONTH.** Do not fuss over your spelling, punctuation etc. **Everything** is perused by your editor and edited (thus the title). Your Editor, Lion Barbara



Anderson Lions Club



Saturday, November 8

STRIDES WALK for Diabetes Awareness

By Anderson Lions Club

Support and learn about the effect diabetes has on individuals, families, and the community. Participate in a fun event. Date and time Saturday, November 8 • 10am - 12pm PST

Location Sundial Bridge Redding, CA

Good to know ** 2 hours **In person

About this event Health • Medical

A 1.5 Mile community walk to raise awareness for diabetes and to promote healthy living. \$5.00 Registration Fee gets you a backpack full of goodies and a hot dog lunch at the conclusion of the walk.

Health and Wellness vendors on-site.

GO TO ANDERSON LIONS FACEBOOK PAGE FOR FREQUENTLY ASKED QUESTIONS

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LIONS YOUTH DIABETES CAMP

District 4-C1 Lions Health Foundation is pleased to announce Camp McCumber dates for 2026. **Our Camp for Youth with Type One**

Diabetes will run June 21 – 27 next year and is open to ages 8 – 17.

Please help us get the word out to those interested in your area.

Redding Hosts Lions Club

Bowl-A-Thon



**SATURDAY, OCTOBER 25TH 2 TO 5 P.M. @
COUNTRY BOWL ON BECHELLI LANE**

**PROCEEDS TO GO TO CAMP McCUMBER DIABETES CAMP FOR
CHILDREN AND OTHER CHILDREN'S PROJECTS**

**HALLOWEEN THEME: PRIZES FOR BEST COSTUME, SCARIEST, &
CUTEST! RAFFLE PRIZES!**

**\$300.00 PER LANE (5 people per lane) includes 3 hours of bowling and
shoe rental, goodie bags, fun and fellowship.**

R.S.V.P. to lmyers@shn-engr.com

Come one, come all to support our children!

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California
LIONS FOUNDATION



California Lions Foundation MENTAL HEALTH, YOUTH & FIRST RESPONDERS GRANTS



Help make a difference in your
community & apply for a CLF grant



- October 1, 2025 to December 30, 2025
- Maximum aggregate grant is \$2,000 per Lions District in MD4
- Maximum grant per Lions Club is \$500

www.californialionsfoundation.org



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4- C1 Convention 2026



SAVE THE DATE

**LIONS DISTRICT 4-C1
CONVENTION**

APRIL 10-11, 2026

YUBA-SUTTER COUNTY

FAIRGROUNDS

ROCKIN' THE FIFTIES



More Information to Come!

Lion Sue Kerr

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Peace Poster Contest

It's **Lions Peace Poster** time of year. I hope many 4 C-1 Clubs will contact your schools and sponsor a contest. This year the theme is "Together As One" - If you are planning to participate you need to **order your packet from Lions International by October 1st**. Please, let me know if you are planning on participating and send your club contact information re: deadlines etc. Any questions feel free to contact me.

Lion Chris Bohn- District 4 C-1 Peace Poster Contest Chair

christinebohn61@gmail.com
530-941-7635

In the packet is also information about a Peace essay contest that is for visually impaired students, so even if it's only one student in your school let's encourage them to participate.



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4 C-1 Vision Report

Lion Helen



DISTRICT 4-C1 VISION SCREEING REPORT JULY - SEPT. 2025

DATE	CLUB	LOCATION	10 & -	REF	11 ^ 18	REF.	ADUL.	REF.	VOL.	HOURS
9 APR.	GRIDLEY	BIGGS ELEMENTRY	32	2	0	0	0	0	4	10
24-Jul	COTTONWOOD	ANDER. HEAD START	36	6	0	0	2	2	2	4.5
25-Jul	COTTONWOOD	COUNTRYSIDE H S	9	3	1	0	6	3	3	3.75
12 AUG.	YREKA	WEED HEAD START	9	1	0	0	0	0	1	1.5
18-Aug	ENTERPRISE	SHASTA LAKE HED ST	23	4	0	0	1	1	2	3
28-Aug	COTTONWOOD	COTTONWOOD HED S	7	1	0	0	1	1	2	2
5-Sep	PARADISE HOS	MULTI SCHOOL DIST	7	7	0	0	3	3	1	2
5-Sep	PARADISE HOS	WELLNESS FAIR	24	21	9	4	27	22	6	44
16-Sep	REDDING HOST	HEAD START- LAKE	10	3	0	0	0	0	2	4
27-Sep	RED.HST/ENT.	SP. OLYM, BOWLING	0	0	0	0	20	13	5	21
TOTAL			157	48	10	4	60	45	28	95.75



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4 C-1 Health Foundation

A BIG THANK YOU FROM LIONS DISTRICT HEALTH FOUNDATION

The Lions Youth Diabetes Camp at Lake McCumber was held June 22 -28 with 30 campers and 37 adults serving as Medical Staff and Counselors. It was a wonderful week for all involved. The District Health Foundation wishes to recognize and thank the clubs and individual Lions who donated camperships. The support from our District was fantastic – from clubs who went out to prepare their cabins, to clubs who purchased Health Foundation Fellowships to help fund the Camp, and to all who sent funding for camperships.

Enterprise Lion Mike Ferrier brought his sound and light show equipment and made the Friday night dance a great event.

Thank you to:

Anderson Lions

Chico Lions.

Enterprise Lions

Etna Lions, Fort Jones Lions, Scott Valley Lions, Yreka Lions

Forest Ranch Lions

Gridley Lions

Live Oak Lions

Paradise Lions

Peach Bowl Lions

Sunset Buttes Lions

Sutter Lions

Weaverville Lions

Willows Lions

Lion Sandra Bush

Lion LaVonne Hinton





IMPORTANT DATES FOR DISTRICT 4-C1 2025 - 2026



July 13 – 17, 2025	International Convention	Orlando, FL
August 9, 2025	Transitional District Meeting	Paradise August
6, 2025	Region & Zone Chair Training	Via Zoom Au-
gust 13, 2025	Club President Training	Via Zoom Au-
gust 18, 2025	Club Secretary Training	Via Zoom Au-
gust 20, 2025	Club Treasurer Training	Via Zoom Au-
gust 21 – 24, 2025	Council of Governors Meeting	Dublin Septem-
ber 18 – 20, 2025	USA/Canada Leadership Forum	Atlantic City, NJ
October 11, 2025	North Region District Meeting	To Be Determined
October 24 & 25, 2025	Council of Governors Meeting	Via Zoom December 6, 2025
	Central Region District Meeting & To Be Determined	
	Redding Lighted Christmas Parade	
December 26 - 31, 2025	Rose Parade Float Prep/Events	Pasadena January 1, 2026Rose
Parade	Pasadena February 7, 2025	South Region District Meeting
	To Be Determined February 18 & 19, 2026	Council of Governors Meeting
	Long Beach February 20 – 22, 2026	MD-4 Convention (Queen Mary)
	Long Beach	
April 17 & 18, 2026	District Convention	To Be Determined May 2, 2026
	Bike Around The Buttes	Sutter
June 18 – 21, 2026	Joint Council of Governors	Los Ange-
les June 20, 2026	Lions All Star Football	Redding
June 22 – 27, 2026	Camp for Kids w Type I Diabetes	Camp McCumber
July 3 – 8, 2026	International Convention	Hong Kong

2026 Student Speaker Contest Dates

Order Packets By
(North) Club Contest By
jects Zone Contest By
(South) Region Contest By
District Contest On
Area Contest By
Final Contest On
gust 2025 Updated July, 2025

To Be Announced August 2025
To Be Announced August 2025
To Be Announced August 2025
To Be Announced August 2025
April 18, 2026
To Be Announced August 2025
To Be Announced Au-

Dates Not Yet Set

MD-4 Lions Leadership Inst
California Lions Cares Pro-
MD-4 Lions Leadership Inst