



Baby Talk: Resources to Support the People Who Work with Infants and Toddlers

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How Many Words Should a 2-Year-Old Know? And What Words?

Gabbing, squealing, singing, questioning, trying out new words, and even screaming are all normal 2-year-old behaviors. However, language develops at a different pace for each child. This article highlights things to keep in mind about toddler language development.

<https://www.parents.com/toddlers-preschoolers/development/language/25-words-a-2-year-old-should-be-saying/>

Essentials for Parenting Toddlers and Preschoolers

The Centers for Disease Control is the source for this free, online resource for parents of 2- to 4-year-old children. It provides access to resources based on decades of research and parenting experiences to help build positive relationships with children, encourage good behavior, and address common parenting challenges. Scroll down and click on any of the Topics Covered (e.g., Tips for Communicating with Your Child) to access videos, practice skills, and related resources.

https://www.cdc.gov/parenting-toddlers/about/?CDC_AAref_Val=https://www.cdc.gov/parents/essentials/toddlersandpreschoolers/index.html

ACEs, Toxic Stress & Resilience

These sites have important information about Adverse Childhood Experiences (ACEs), toxic stress, and resilience-building interventions to improve physical, emotional, and mental health for families in English and Spanish. Ten handouts offer easy to understand definitions and explanations of why ACEs are a problem and how to help protect children from toxic stress.

<https://www.healthysteps.org/resource/aces-toxic-stress-resilience-parent-handouts-english/> (English)

<https://www.healthysteps.org/resource/aces-toxic-stress-resilience-parent-handouts-spanish/> (Spanish)

Babies Know When You're Angry and Want to Appease You

The results of two separate studies may make you think twice the next time you are tempted to yell at young children or lose your temper in front of a baby. In fact, the studies confirmed that babies remember anger displayed by adults and can tell if an adult is anger-prone. They may even try to change their behavior to appease that person. Read more to see what the research says and what this means for parents and caregivers.

<https://www.parents.com/baby/all-about-babies/babies-know-when-youre-angry-and-want-to-appease-you/>

Bilingual Language Development in Infancy: What Can We Do to Support Bilingual Families?

Many infants and children around the world grow up exposed to two or more languages. Their success in learning each of their languages is a direct consequence of the quantity and quality of their everyday language experience, including at home, in early learning settings, and in the broader community context. This article offers evidence-informed practices, dispels myths about early bilingualism, highlights effective bilingual language experiences from caregivers, and identifies key policy issues related to young children who are bilingual reaching their full potential.

<https://journals.sagepub.com/doi/10.1177/23727322211069312>

Baby Talk is a free listserv that is distributed monthly. Highlighted resources are in Spanish. *Los recursos destacados están en español.* Past issues (2021-2024) are available at https://drive.google.com/drive/folders/1bzKeW05D_ENLn7FGFsMM-6INt4XDHars Baby Talk may be shared or copied. Email a request to [Camille Catlett](#) to subscribe or unsubscribe.