natural resources

Resources for Understanding & Responding to the Behavior of Young Children

February 2023

Understanding Challenging Behavior: The Path to Behavior Support
https://challengingbehavior.org/webinar/understanding-challenging-behavior-the-path-to-behavior-support/
This webinar will provide an introduction to how we can understand a child's challenging behavior in regards to its form and function. Discussion and examples will be used to explain the importance of gathering functional data/information to establish a sensible and effective path to behavior support.

What is a Functional Behavioral Assessment (FBA)?
https://www.understood.org/en/articles/functional-assessment-what-it-is-and-how-it-works
This website clearly explains what it is and how it works, with examples.

How an FBA Can Help Children in the Classroom?
https://www.verywellfamily.com/what-is-an-fba-3105774
An FBA represents an attempt to look beyond a behavior to determine what function it may be serving for a child. This website shares how FBA can be a first step in developing strategies to prevent, modify, or redirect a behavior.

What Are Children Trying to Tell Us?: Assessing the Function of Their Behavior
https://challengingbehavior.org/docs/whatworks/WhatWorksBrief_9.pdf
Just the facts about FBA with some helpful examples and resources.

Parents' Guide to Functional Assessment
https://www.researchgate.net/publication/229006974_Parents%27_guide_to_functional_assessment
This oldie but goodie offers insights to what an FBA might look like to a family as it applies to home and community contexts. NOTE: You'll need to check the blue Download full-text PDF *box to access the guide.*

Culturally Responsive Strategies to Support Young Children with Challenging Behavior
https://www.naeyc.org/resources/pubs/yc/nov2016/culturally-responsive-strategies
The authors of this article describe five culturally responsive core strategies to promote positive teacher relationships with young children in preschool and minimize challenging behavior: learn about children and families, develop and teach expectations, take the child's perspective, teach and model empathy, and use group times to discuss conflict.

Looking for More or Different Resources?
https://challengingbehavior.org/resources/
A rich source of evidence-based practices and resources for families and professionals is the resource library of the National Center for Pyramid Model Innovations. The library is searchable by keyword, audience (e.g., families, teachers), category (e.g., behavior intervention), type of resource (e.g., tip sheet, training module), and language. Resources are currently available in 12 languages, including Spanish.

A Gumdrop: Children Learn to Handle Emotions From You
https://youtu.be/GybGfgWBr58?t=15
This clip taps lightly on the idea that one way children learn how to handle emotions is by watching how the adults in their lives handle emotions.

Natural Resources is a free, monthly, one-way listserv. Each issue features readily available and free resources on a specific topic related to children from birth through Grade 3 and their families. Highlighted resources are available in English and Spanish. *Los recursos destacados están en español*. Natural Resources is compiled and distributed by Camille Catlett. Past issues are archived at **https://scriptnc.fpg.unc.edu/natural-resources-monthly-newsletter** To subscribe or unsubscribe, please contact Camille Catlett at **camille.catlett@unc.edu**