
Program Interest Survey
Families In Recovery: Strengthening Connections One Day at a Time

Summary

The following is a survey conducted by the Department of Human Services – Office of Child Development and Early Learning, in collaboration with Pennsylvania Family Support Alliance (PFSA). This survey is intended to inform these agencies of level of interest in utilizing and implementing PFSA’s “Families In Recovery: Strengthening Connections One Day at a Time” (formerly called: Recovering Families) within agencies throughout the state. The onsite state training will be held on 10/21/19 & 10/22/19, 2019 at the Pennsylvania Technical and Training Assistance Network (PaTTAN) in Harrisburg, PA.

PA Family Support Alliance has developed a 7-week parenting curriculum specifically for families impacted by opioid use disorder/substance use disorder (OUD/SUD). The curriculum “Families in Recovery: Strengthening Connections One Day at a Time” provides recovery-specific support and education to families, parents, and their children, who have been touched by addiction and are navigating parenting in recovery.

This comprehensive experiential and educational program attends to a variety of challenges and experiences common and unique to parents in recovery, including: identifying strengths, needs, and resiliencies; exploring healthy parenting in balance with recovery needs, understanding the person-focused and family-centered change process; promoting healthy parenting and communication styles; developing healthy coping skills and modeling self-care; coping with guilt, shame, and stigma; and developing a personalized family blueprint for holistic wellness.

The program incorporates Recovery-Oriented rhetoric within the framework, is informed by The Strengthening Families Protective Factors, is trauma informed, and can be flexibly implemented in group and individual settings.

PA Family Support Alliance will conduct, steer, support, and remain accountable for data collection. Participating agencies will be asked to engage in submission of demographical data, for which collection forms will be created and provided by PFSA. Participating agencies will also be asked to engage in a Monthly and/or Quarterly phone call with PFSA Director of Prevention Programs to gather information on ease of implementation, overall programming experience, and coaching as well as any required technical assistance.

Questions regarding this survey can be directed to both:

- Andrew Dietz anddietz@pa.gov
- Kayla Kressler KKressler@pa-fsa.org

Survey Questions

- 1.) Please provide your Agency/Organization Name, Address, Counties/Communities Served, and indicate a Primary Contact for this pilot (Include: Name, Email, and Phone Number).
- 2.) Does your program currently serve families or parents impacted by an opioid use disorder/substance use disorder (OUD/SUD)?
- 3.) How frequently do you encounter one or more parents using your services who have (past and present) an OUD/SUD diagnosis?
- 4.) Would your program staff be interested in more intensively supporting families who are or have struggled with an OUD/SUD?
- 5.) Does your facility have a meeting space to accommodate a group of 10-12 individuals for a 2-hour group session that would meet one time per week?
- 6.) At this time, are you able to identify 1-3 staff members who would be interested in learning more about the Families In Recovery Program, and how to utilize and implement the program?
- 7.) Is transportation typically a barrier your families experience when attempting to access services and support at your agency and within the community?
- 8.) Does your program provide transportation to and from your location?
- 9.) Is childcare provided on site, at your location for individuals who are participating in programming and accessing services? If not, would you be able to provide it in order for families to access the program?
- 10.) Any additional information you'd like to share regarding your interest in this pilot?