

Project Information

PLEASE NOTE!!
THIS PDF DOCUMENT IS FOR REFERENCE ONLY.
IN ORDER TO BE CONSIDERED FOR PARTICIPATION, APPLICATIONS MUST BE SUBMITTED ONLINE.

You're entrusted by families with the care and well-being of their children. That puts you in the position to make a pivotal difference in their lives by helping them form positive nutrition and physical activity habits while in your care. PA NAP SACC, the PA Nutrition and Physical Activity Self-Assessment for Child Care, is an easy-to-use, online learning tool that helps you evaluate the environment you provide for the children you serve. Early childhood education and care providers who participate in PA NAP SACC create longer-term quality of life opportunities for both the child and his or her family.

The PA NAP SACC is a continuous quality improvement process to support best practices and policy development around nutrition and physical activities, and focuses on children age birth - five. The completely web-based process includes Self-Assessment, Action Planning, Implementation including free professional development, Support for Policy Development, Post-Self-Assessment, and Reflection. Participants will work with a consultant from the American Academy of Pediatrics to create or enhance site-specific health policies. Consultation is free of charge.

Beyond the reward of making a difference in the health of the children in your care, those who participate and complete project requirements will also receive a \$500 mini grant to support their action steps and enhance their nutrition and physical activity practices and policies.

The Child Care Wellness Mini-grant Project will follow the timeline below:

Applications due by August 18, 2017

Notification of Acceptance - September 7, 2017

Orientation and kick-off in late September/early October 2017

Have 8-9 months to implement!

Reflection and wrap up in June 2018

Technical support and policy consultation will be available to all participating centers.

If you are interested in participating, please complete and submit the electronic application. If you have questions or require additional information, please contact Lori McMonigal, Coordinator for Special Projects - Tuscarora Intermediate Unit, at 717-248-4942 x 112 or lmcmonigal@tiu11.org

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Applications must be submitted by August 18, 2017.

Applicant Information

* 1. Name of Child Care Program

2. My program is:

- Center-based
- Family Child Care Home
- Group Home
- Other (please specify)

3. Administrative unit number (AUN), if applicable

* 4. Center director/administrator/owner name

* 5. Phone number

* 6. Email address

Applicant Information

* 7. Contact person name (This is the person who will receive all emails and notifications related to the grant)

* 8. Phone number

* 9. Email address

* 10. Center street address

* 11. City

* 12. Zip code

* 13. County

14. If it is necessary to mail information to your site/home (resources, paperwork, etc), is the above address the best one to use?

Yes

No

If no, please list mailing address:

Center Information

* 15. School district where center/home is located

* 16. Child care center/group/family home license type

* 17. Child care center/group/family home license number

* 18. On average, how many children do you serve in each of the age groups below? (The target age group for this mini-grant project includes infants, toddlers, and preschool age children.)

Birth to 3

3.1 - 5

5.1 +

* 19. On average, please estimate the percentage of children you serve that are:

White

Hispanic or Latino

Black or African American

American Indian or
Alaskan Native

Asian/Pacific Islander

* 20. How many staff are employed at your center/group/family home?

Application Questions

* 21. Does your child care center/group/family home participate in the Child and Adult Care Food Program (CACFP)?

* 22. Does your child care center/group/family home participate in Keystone Stars?

23. If yes, what level?

* 24. Does your program have a modified summer program or schedule?

25. If yes, please explain.

* 26. Does your child care program have a written policy regarding nutrition?

* 27. Does your child care program have a written policy regarding physical activity?

* 28. Please evaluate your comfort level using technology (email, websites, online videos and resources, etc.)

29. Has your program participated in a PA NAP SACC mini-grant project in the past? (Past participants are still eligible and welcome to apply; however, if spots are limited, priority may be given to programs who have not had a previous opportunity to participate.)

- Yes
- No
- Unsure

Other (please specify)

Application Questions

* 30. Please explain your interest in the PA NAP SACC Mini-grant Project. Specifically, what are your goals for improving nutrition and physical activity practices within your program?

* 31. Please describe your commitment to and ability to complete this project, including the time required to complete the mini-grant activities (orientation, self-assessment, implementation, reflection, communication with policy consultant).

* 32. This mini-grant project is part of a larger statewide initiative which is funded by the Centers for Disease Control and Prevention. Our funding requires us to conduct program evaluation of our various initiatives under this grant. The evaluation effort is a partnership between the Pennsylvania Department of Health and faculty and staff of East Stroudsburg University (ESU). Please indicate program's willingness and availability (time to complete an online survey) to provide ESU with information that will assist them in conducting this evaluation required by CDC.