

# TRESTLE

*Chartered 1916*

Dunedin Lodge No. 192 F.&A.M.

Dunedin, Florida



# BOARD

Vol. 105 No. 1

January February 2020

Tel: 727.733.2597

[www.dunedin192.com](http://www.dunedin192.com)

## From the East ...

Brothers,

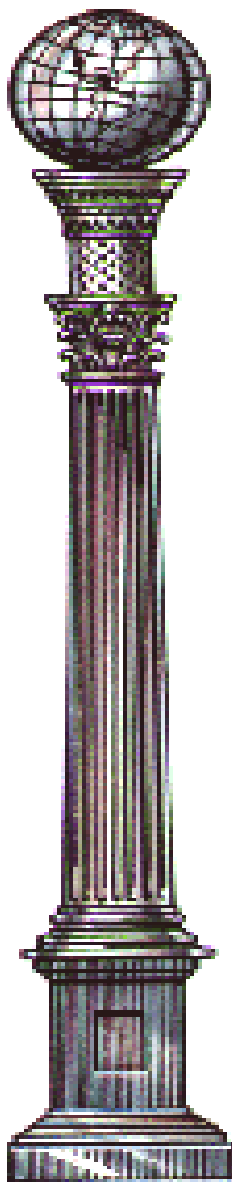
2020 is upon us and a new year for Dunedin 192 will soon be underway. I have been granted the privilege and honor of leading our lodge for the year 2020! I do not take this responsibility lightly and I will do my utmost to ensure that our lodge continues to grow well into the future!

One style of article I have never written is an introduction to who I am. Some of you reading this may have not visited lodge in awhile so maybe you haven't met me yet. If 2020 is the year you wish to reconnect with Dunedin 192, please visit us and make sure you come up to me and introduce yourself as I would love to shake your hand and welcome you back to the lodge.

So, who is this Gulick guy? I'm a 46 year old Native Floridian who grew up in a small town called Lutz. When I lived it Lutz, few people had even heard of it. It was all orange groves and cow pastures. Nowadays, it has built up to the point that I don't even recognize it. But back then, it was the perfect locale for a little kid who loves the outdoors. I spent my free time fishing and driving a go-cart through empty fields. It was marvelous!

I graduated from Gaither High School and went on to the University of South Florida and spent 4 years wandering around campus trying to figure out what to do with my life. In my senior year, I finally decided to pursue my childhood dream of becoming a physician so I graduated from U.S.F. and started over at Stetson University as a premedical student.

A few years later I started my medical education at Nova Southeastern University and then completed a residency in Internal Medicine. I worked a variety of jobs when I finished, the most memorable being my stint with the National Health Service Corps (NHSC). The NHSC is a Federal program that places doctors into locations that are medically underserved, so I spent five-and-a-half years treating the medically underserved in Pinellas County with the Department of Health.



When I finished my time with the Department of Health and NHSC, I took the job I have today: treating veterans at the James A. Haley VA Hospital in Tampa. This job offers me a lot of variety in my practice. When doctors are on leave or retire, I step in to temporarily fill their shoes so there is no delay in the veterans receiving care. One of my favorite parts of the job is that I also have an appointment on the Clinical Faculty at the University of South Florida Morsani College of Medicine and train residents studying Internal Medicine.

On the side, I have a clinical interest in a field called Wilderness Medicine. This involves training and preparing for situations where medical care is hours-to-days away. Currently I give lectures to resident and attending physicians on Wilderness Medicine and, starting June of 2020, I will start training medical professionals in Advanced Wilderness Life Support in the field!

Of all the hats I wear, my favorite hat is that of being a husband to the most amazing woman I have ever met. Jennifer and I are going on 15 years of marriage and she is the most loving and supportive woman a man could ask for. She is a Marketing professional and I fully intend to use her expertise to help our lodge better inject ourselves into our local community for greater visibility and involvement! And when we aren't working, we like to spend time camping, hiking, and traveling around in our RV.

Last but certainly not least, I am a proud Freemason. And brothers, I am excited for our officer line-up for 2020. Together, we are going to make 2020 a wonderful, productive year for Dunedin 192.

Fraternally,

Greg Gulick

Worshipful Master

*Sutherland Lodge No. 174*  
*Stated Meetings Third Tuesdays*  
*at 7:30 PM.*

*Dunedin Lodge meets for its Stated*  
*Meetings on the 3rd Monday @*  
*7:00 p.m.*  
*Please check the calendar or call an*  
*officer or the Lodge Secretary to*  
*confirm.*

*East Gate Lodge No. 355*  
*Stated Meetings first*  
*Tuesdays at 7 pm.*

## From the West

Introduction to your Senior Warden for 2020

Many of you know me, as we have been working in the quarries together since my moving to Florida in 2016. However, for those of you who haven't been as active as you've wanted, let me introduce myself:

I am Michael St-Laurent and I am proud to have been elected your Senior Warden for the ensuing 2020 Masonic Year. I am a father, son and dedicated to becoming a better man through Masonry. My wife Joy and I moved to Florida from Utah, where we raised two amazing children (Fionna and Hayden). We were also very engaged in the Utah Masonic Family. I am a Past Master of my Mother Lodge, Mt. Moriah Lodge No. 2, Past Wise Master of the James Lowe Chapter of Rose Croix (Scottish Rite), Past Commander of the Salt Lake Council of Kodosh (Scottish Rite), Past Chieftan of the Utah Scots Guard, a member of each of Utah York Rite bodies, Past Divan member of El Kalah Shrine and now am honored to be a member of Dunedin Lodge No. 192.

Outside of Masonry, I have truly enjoyed the Florida/Dunedin lifestyle, through year-round golf, bowling and craft beers. I also have a passion for videography and photography. I look forward to sharing these experiences and making new ones with each and every one of my Brothers!

On the Level,

Michael St-Laurent

Senior Warden

Check out complete calendar of events on our Website @ ([www.dunedin192.com](http://www.dunedin192.com))

*In event of the death of a Brother, a Masonic Funeral can be requested by contacting the Lodge Secretary, Mike Palenik at*

*727-733-4257*

*Donations are Appreciated*

*Please remember the Lodge in your will*

## FROM THE SOUTH

Greetings Brothers,

It is with great honor that I can be Our Junior Warden for this Masonic Year. For those of you whom I haven't met, my name is Greg Brown, and I served as your Senior Deacon last year and also head up the Bikes for Books program that Our late Brother Rome started. I am looking forward to all the great things the lodge will be doing this year. And I'm looking forward to seeing some new faces and old familiar ones at lodge this year. Let's try and make this year our best ever!

By the plumb,

Greg Brown

Junior Warden



### Secretary's Notes

Brothers,

2020 is here and we begin our next step in our Masonic Journey. The new officers have been installed and are stating the year off with a bang. The new air conditioning system is scheduled to be installed by the end of the month, the final repairs, namely the carpet in the Lodge room, from the electrical problem has been completed. Thanks to Bro. Jim Ullary from East Gate Lodge, the sign at the front of the Lodge is now in working order again. The next item we need to address is to update the Ladies rest room and I am sure the Bro. Giesow has additional items on his check list to take care of.

At this time I would like to welcome the members and families of Girl Scout Troop No. 222 to our Lodge family. They have been struggling in recent years to maintain membership so if you know of any young Ladies who may be interested the troop meets on the first and third Wednesdays of the month starting in February.

Fraternally,

Mike Palenik P.M.

Secretary

## A REAL MASON

by Frank F. Baer

My Brother, Masonry means more

Than just to wear a pin,  
Or carrying a dues receipt  
So the Lodge will let you in.

You wear an emblem on your coat,

And on your hand a ring.

But, if you're not sincere at heart,

This doesn't mean a thing.

It's just an outward sign to show  
The world that you belong  
To this Fraternal Brotherhood  
That teaches right from wrong.

What really counts lies buried deep

Within the human breast;  
Masonic teaching brings it out  
And puts it to the test.

If you can do outside the Lodge  
The things you learn within,  
Be just and upright to yourself  
And to your fellow men;

Console a brother when he's sick,

Or help him when in need.

Without a thought of a reward  
For any act or deed;

Conduct yourself in such a way  
The world without can see  
None but the best can meet the test

Laid down by Masonry;

Respect and live up to your trust  
And do the best you can;

Then you can tell the world you are

A Mason and a Man!

# Calendar of Events

## January Events

Wednesday January 1, New Year's Day.

Friday January 3, 6 pm. Practice for Installation.

Saturday January 4, 11 am. Installation of Lodge Officers.

Monday January 6, 6:30 pm. Officer meeting and practice.

Monday January 13, 6:30 pm. Officer meeting and practice.

Monday January 20, 7 pm. Stated Communication. Dinner served at 6 pm.  
Officer dress—Lodge polo shirts, any color

Monday January 27, Officer meeting and practice.

## February Events

Sunday February 2, Ground Hog Day

Monday February 3, 6:30 pm. Friends and Family Dinner.

Monday February 10, 6:30 pm. Officer meeting and practice.

Friday February 14, St. Valentine's Day.

Monday February 17, 7 pm. Stated Communication. Dinner served at 6 pm.  
Officer dress—Lodge polo shirts, any color.

Monday February 17, President's Day.

Monday February 24, 6:30 pm. Officer meeting and practice.

Tuesday February 25, Mardi Gras (Fat Tuesday).

Wednesday February 26, Ash Wednesday.

Saturday February 29, Leap Year.

Visit us on Facebook At  
Dunedin Masonic Lodge #192

Visit our Website at  
[www.dunedin192.com](http://www.dunedin192.com)

## PAST MASTERS OF DUNEDIN LODGE NO. 192

2019 Dave Boddy	1969 James Sullivan PDDGM*
2018 Richard Spell	1968 Solon Ryle
2017 William Harris	1967 Thomas Martin
2016 Robert Frierson	1966 Cecil Englebert PDDGM*
2015 Andrew Reeves	1965 Frank Meyers *
2014 Matthew Panzano	1964 Romeo Scerbo*
2013 John Wright PM	1963 Allen Lentz*
2012 Ken Giesow PM	1962 H. Elbert Waterson*
2011 Michael Palenik PM	1961 Francis Painter *
2010 Michael Wilson	1960 William S. McIntosh*
2009 Timothy Bryce PM	1959 John Royal*
2008 B.J. Sammon*	1958 Louis Hackel*
2007 Christopher Schlenker PDDGM	1957 Walter Winchester PDDGM*
2006 Ken Giesow	1956 Henry Weathers*
2005 Bob Matheson PDDGM	1955 William Carson *
2004 Jim Mason PDDGM	1954 Eugene Sheets *
2003 Dennis Martin	1953 Bernard Grant *
2002 Bernie LaFluer*	1952 Ross Haynes *
2001 Shannon McIntosh PM	1951 Reginald Grant*
2000 James Tuller PDDGM	1950 Eugene Nigels *
1999 Ronnie Lough PM	1949 Hymen Cory*
1998 Michael McIntosh	1948 Arnold Schultz*
1997 Ron Tury *	1947 P. Llyod Wynagarden*
1996 Mike Neuman	1946 Joseph Strawn*
1995 Shannon McIntosh	1945 Authur Brice*
1994 Ronnie Lough	1944 Charles Bell*
1993 Philip Bonds	1943 Robert McMaster*
1992 John Davis	1942 Herbert Lorriller*
1991 David Davis	1941 Fletcher Nigels *
1990 William Bowmen*	1940 Joel Mclean*
1989 Robert Delay	1939 Logan Davis*
1988 James Tuller PDDGM	1938 J. Randall Williams*
1987 Ron Walker	1937 Gus Davis*
1986 John Bosley	1936 Eugene A. Nigels*
1985 Ernest Bond*	1935 Grant Beardsley *
1984 Billie Christofilis*	1934 Charles Shaw*
1983 Paul Haynes	1933 James Houghton *
1982 Michael Palenik	1932 William Doyglas*
1981 Robert Clarkson*	1931 Henry Houghton *
1980 Peter Keupp*	1930 William Christie *
1979 Frank Clawson*	1929 John Bost*
1978 William R. McIntosh PDDGM*	1928 Robert Grant *
1977 Richard Furtick	1926-27 William Bull *
1976 Lynn Reed	1925 Joseph Springer *
1975 Ron Tury*	1924 Robert Dillinger *
1974 Leon Lester*	1922-23 Neil T. Mclean*
1973 Marion Yeager*	1921 Alfred Grant*
1972 Dennis Donegan	1919-20 James E. Hitt*
1971 Charles Gordon*	1917-18 Ralf F. Blatchly*
1970 Walter Newcomb*	1916 Ward Barnum*

\*INDICATES Member of Celestial Lodge above



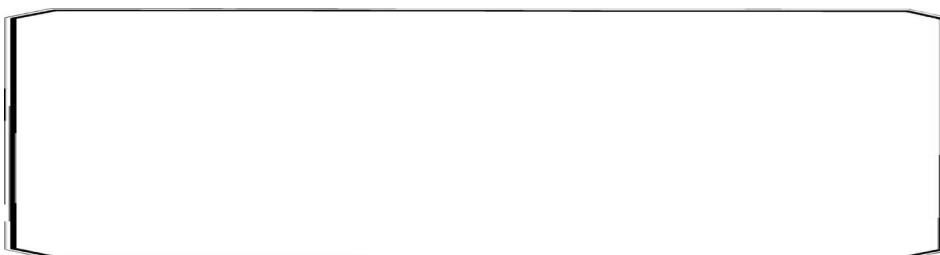
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Clearwater, FL 33765  
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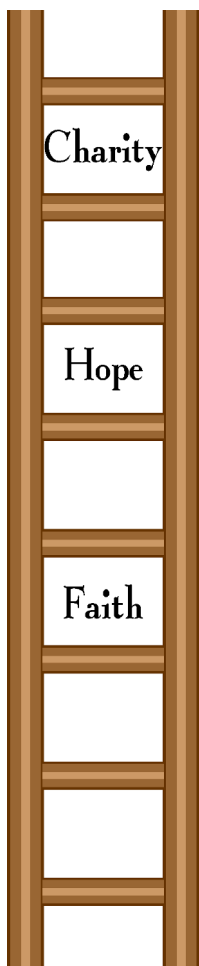
[mike.zelski@handyworkspsl.com](mailto:mike.zelski@handyworkspsl.com) · [www.handyworkspsl.com](http://www.handyworkspsl.com)

Trestle Board  
Dunedin Lodge # 192 F&AM  
1297 Michigan Blvd.  
Dunedin, FL 34698



2020  
Lodge Officers

Worshipful Master  
W.: Greg Gulick  
727-280-6695  
gulickdo@gmail.com  
Senior Warden  
W.: Mike St-Laurent PM  
727-218-7377  
brotherstlaurent@gmail.com  
Treasurer  
Mike Zelski  
727/460-6001  
mike.zelski@handyworkspsi.com  
Secretary  
W.: Mike Palenik, PM  
727/733-4257  
mpalenik@verizon.net  
Chaplain  
(and Lodge Custodian)  
W.: Ken Giesow, PM  
727/733-8797  
kgiesow@tampabay.rr.com  
Marshal  
W.: Dave Boddy  
727-252-9998  
dlboddy007@gmail.com



Junior Warden  
Greg Brown  
727-458-9724  
indyhair@hotmail.com  
Senior Deacon  
John Montemarano  
727-458-3461  
jm@jmifinancial.com  
Junior Deacon  
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727-725-5513  
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Chris Noe  
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Tyler  
Dick Casper  
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309-258-2247  
Lodge Mentor  
Lodge Instructor  
Don Bolam  
727-488-1586  
dbolam1@tampabay.rr.com

♦ Friends of  
the Lodge ♦



Jay Haire

*Friends of the Lodge listed  
for a donation of \$10 or  
more,*

*Business card listed for a  
donation of \$25 or more, to  
help with cost of mailing out  
the Trestleboard.*

**Dunedin Lodge**

**Mission Statement**

*To build an institution that  
calls men to their highest  
level of social being in a  
state of dignity and decorum  
, which could serve as a  
place for serious, mindful  
discourse on the lessons and  
meaning of life, and search  
for the better development of  
oneself.*

*To promote brotherhood  
through social interactions  
including wives and families.*

*To Practice Masonic values  
in our daily lives as a Lodge.*