

Family Nature Club Newsletter

April 27th-May 3rd

Spending time outdoors is not only great for your health, but it is a great way to pass the time. Use these activities and additional resources to help you stay busy during this time at home!



Create a journey stick! The Aboriginal people in Australia used journey sticks to more easily recount their travels to others upon their return home. To help with storytelling and navigation, materials were collected along the way and tied to a stick in chronological order. Different materials and symbols attached or carved into the stick had various purposes, such as indicating passing through different landscape features such as a forest, as well as documenting various weather patterns and/or other events that took place. You can tell your own story by creating your own journey stick on a walk or hike! All you need is a large stick and pieces of pre-cut string (make them large enough to fit around the width of your stick twice). While you're walking collect materials along the way that help tell the story of your journey. Maybe it's a flower petal? Maybe it's a piece of bark from a large tree you pass? Anything works!

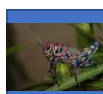
Become an entomologist for a day... a person who studies insects!



In our world today there are over 900,000 different species of known insects, and there are many more out there we don't even know about! See what kinds of insects you can find close to home by going on a walk and looking under logs, in trees and in the dirt. Use the pictures to the right to help identify what insects you find!

For more information on the insects you can find in Colorado click here: <https://www.insectidentification.org/insects-by-state.asp?thisState=Colorado>

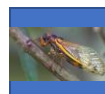
Insect Identification Guide



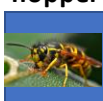
Grasshopper



Cricket



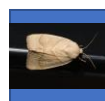
Cicada



Yellow-jacket



Butterfly



Moth



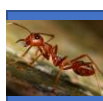
Pill Bug



Mosquito



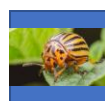
Ladybug



Red Ant



Earwig



Potato Beetle

Article of the Week

"Tuning Out to Tune In: How Time Outside Can Improve Readiness to Learn Inside"

Follow this link to learn more: <https://www.naeyc.org/our-work/families/time-outside-can-improve-readiness-learn>

Additional Resources

- Explore Yellowstone National Park
<https://www.nps.gov/yell/learn/photosmultimedia/virtualtours.htm>
- Experience Polar Bears on the Tundra (video):
<https://www.youtube.com/watch?v=3pl22Seiqag>
- Smart Cities Virtual Field Trip:
<https://www.learntoconserv.com/virtual-field-trip/>
- Learn How Nature Inspires Science (video):
https://www.youngscientistlab.com/vft?utm_source=DE&utm_medium=VFT_Page_OnDemand_12.15.17&utm_campaign=YSL&utm_content=VFT_OnDemand