

Orcutt Area Seniors In Service (OASIS)
 420 Soares Avenue Old Orcutt
 P.O. Box 2637 Santa Maria CA 93457
 Office: 805-937-9750 • Fax: 805-937-0440

Email: info@oasisorcutt.org
 Website: www.oasisorcutt.org
 Facebook: OASIS Orcutt
 Instagram: OASISOrcutt
 Tax ID #: 77-0058257



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Tradewinds

WE HOPE YOU ENJOY OUR COMBINATION NEWSLETTER
FEBRUARY AND MARCH 2026



JOIN US FOR THE

OASIS Choir

Valentines Day Concert

following the group Vow Renewal by
 Officiant Bobbi Thompsen

Thursday, February 12th

1:30-2:30 PM






420 Soares Ave
 Cookies & Coffee Provided

COUPLES NEEDED!

VOW RENEWAL CEREMONY

ON FEBRUARY 12 | AT 1:00 PM

Bobbi Thompson will be here for the
 second year in a row to
 officiate a special vow renewal ceremony
 for 10 wonderful couples before our
 Valentines Choir Concert!

If you are interested in renewing your
 vows, please contact the OASIS office.
 Last day to sign up is Friday, February 6th.

First come first serve!
 805-937-9750

Board of Directors

January 2026

Board Chair:

Trevor Lauridsen

Honorary Vice Chair:

Delores Luis

Vice Chair:

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Secretary:

Kathleen Sullivan

Treasurer:

Leanne Gregory

Directors:

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Phoebe Jaeckels
Paul Klock
Mark Matson
Pete Newman
Jan Zilli
Rene Beebe
Logan Smith
Joseph Borjas

*Board of Directors meets
2nd Thursday of each month*

Staff

Executive Director

Michelle Southwick
michelle@oasisorcutt.org

Programs & Operations

Amy Lammert
amy@oasisorcutt.org

Office Assistant

Stephanie Stadtmiller
stephanie@oasisorcutt.org

Office and Fund Development Assistant

Briana Honey
briana@oasisorcutt.org

Grants

Theresa Bimbela
theresa@oasisorcutt.org

Finance

Camene Haws
camene@oasisorcutt.org

"Like" Us on Social Media

You can find us on
Facebook and Instagram
@OASISseniors (Instagram)
OASIS Orcutt (Facebook)



A Message from the Executive Director:

Hello OASIS Family,

What a great start to 2026. It's been a busy and fun few weeks for all of us at OASIS, with very full desks and inboxes as we get everything ready for what we hope will be our best year yet.

Our biggest news, of course, is saying goodbye to Aranya Lutz.

She has played such a huge role in everything but especially our programming over the last couple of years—from planning presentations and parties to making sure everything is happening behind the scenes so you can enjoy the many classes, groups, and activities that OASIS offers. She has truly been OASIS, and she is leaving a gaping hole that I honestly haven't quite figured out how to fill yet.

Aranya is going back to school, and I'm so excited for her. This is such an exciting time, and she's going to continue to do amazing things. I will miss her deeply, and I know many of you will too. Aranya is simply a good human. She listens, she cares and she's not getting rid of me anytime soon.

Her last day is **Thursday, January 22**, and we'll be hosting a **Going Away party** for her that day at **12:30 p.m.** Feel free to bring a card or something small to show your gratitude.

Let's send Aranya off with true OASIS Ohana Aloha.

I haven't decided exactly how we'll replace Aranya. Some of her responsibilities will be shared amongst Amy, Brianna, and Stephanie, but there are so many of them! We will be hiring, and I'll be posting the position soon. If you know someone who is EXTREMELY organized, diligent, and willing to dig in and try new things without supervision, please have them reach out to me. Office experience is very important, event planning would be a big plus, and flexibility is essential. We're a small team, our duties are varied, and no one at OASIS can be afraid to jump in. I don't yet know whether the position will be full- or part-time—but I do know I'm looking for a very special addition to our team.

***Please keep being kind, taking care of each other and choosing
compassion every day.
We all need more of that in our lives.***

Michelle Southwick
OASIS Executive Director
michelle@oasisorcutt.org



Our dream for the future of the OASIS Center

February Birthdays

1 Susan Cochrane	14 Julie Alarcon
1 Twee Hellman	15 Susie Garvin
1 Judy Reis	15 Sheri Willebrand
2 Mel Lewis	15 Sandra Sylvester
2 Diana Morita	15 Rosemarie Bullock
2 John Anderson	15 Judy Lees
2 Emma Jean Rigsby	16 John DiSanti
3 Pamela Cordero	17 Jackie Taylor
3 Dorothy Guida	17 Arthur Hernandez
3 Carol Thaler	17 Pat Chandler
3 Karen Trapp	18 Pauline Ashby
3 Susan Zavolta	18 Bill Rodgers
3 David Baskett	18 Joseph Berkebile
3 Louise Underwood	19 Dinah Jordan
4 Geraldine Sanders	19 Renate Mechtold
4 Barbara Van Dussedorp	19 Robert Turner
5 Roy Reed	19 Andrea Maidment
5 Marcia McClish	19 Jan Helzer
6 Louisa Cuthbert	19 Charles Kokat
6 Luther Lowe	19 Tamara Prokopeva
6 Alyce Schwab	19 Terri Martinez
6 Kathleen Telleria	20 Lorine Edens
6 Mark Adam	20 Linda Fehn
7 Nick Garcia	20 Debbie Sharer
7 Margaret Hale	20 Karen Greenberg
7 Eunice Nowak	21 Rebecca Barker
7 Julie Mock	21 Sylvia Ely
8 Roy Gustafson	21 Dale Hyatt
8 Debora Belardino	21 Sharon Anderson
8 Rita Maldonado	21 Jeri Ferini
9 Ernest DeSmith	21 Michael Courtright
9 Anna Dunphy	22 Elvin Juhl
9 Richard Healy	22 Gary Wechter
9 Patricia Van Lith	22 Margaret Fraijo
9 Heather MacDonald	23 Lois De Boi
9 Connie Lopez	23 Kristine Eubank
9 David Gonzalez	23 Cary Holst
9 Alice Bigalk	23 David Rapson
10 Gary Wyatt	23 Debra Smith
10 Druanne Haas	24 Debra Massey
10 Doreen Luis	24 Clark Talbert
10 Paulette Woods	24 Marilei Mendenhall
10 Sally Jacobs	24 Pat Greene
11 Janice Penot	24 Freda Toal
11 Denise Sky	24 William Anders
12 Christine Almond	24 Laura Gonzalez
12 Ginger Fredriks	25 Renee Bewley
12 Debra Ann George	25 Nancy Kunishige
12 Andy Massey	25 Christel Kurth
13 Cindy Alarcon	25 Tammy Hinden
13 Sandra Allen	26 Cynthia Thompson
13 Robert Hughes	26 Kirsten Spallino
13 Marjorie Hord	27 Jerry Bennett
13 Stacia Thomas	27 Sharon Hoff
14 Tara Hoffmann	27 June Miller
14 Gary Simpson	27 Dale Goertz
14 Alam Ara Syed	27 Erika Culley
14 Elizabeth Martinez	28 Charlene Rapp
14 Amy Lewton	28 Lynn Atwood
14 Ed Miller	29 Richard Souza
14 Susan Doyle	29 Karen Horton



Sending Thoughts & Prayers To:

**Lorraine Edens
Marty Meyer
Fran Courain**



OASIS DONATIONS

CIRCLE OF FRIENDS MONTHLY GIVING

Diane Joseph	Alice Bigalk
Delores Luis	Joseph Borjas
George and Pam Risher	Suzanne Levy
Carol Malin	Sharon Baylis
Bill and Laura Brown	Amy Lammert
(Duplicated Solutions)	Michelle Southwick
Mickey and Twee Hellman	Steve Southwick
Bob and Kay Green	Jocelyn Gray
Gilbert and Debra Carra	Donna Woodson
Darrell Freeman	Marty McGrath
Kenneth and Vickie Berry	Louis Magdaleno
Gary Vinyard	Joseph and Anne Sheaff
Kathy & Dean Wittke	Mary Ellen Pankratz
Katherine Fischer	Stephanie Stadtmiller

BUILDING FUND

Diane Pirman

OPERATION FUND

Events by Krissy
Robert Hansen
William and Mary
Ann Veroski
Christine Bentley

IN KIND DONATIONS

Spencer's Fresh Market	Debbie LeClair
Lois Adam	Cheryl Lewis
Danielle Aldridge	Amy Lewton
Lynn Atwood	Ali Look
Esther Bartlett	Elizabeth Martinez
Stacey Bassett	Judy McConnell
Barbara Boston-Van Achen	Vicki Morawitz
Judith Brannon	Janine Neal
Chris Burkhoff	Don Preston
Sally Burns	Robin Palmerston
Denise Burris	Debbie Sharer
Rhonda Cardinal	Sharon Silva
Gloria Echavarria	Gloria Stephens
Cindi Ellis	Jennine Stoddard
Mary Francisco	Joyce Turner
Leanne Gregory	Treva Warren
Carol Houy	

WELCOME NEW MEMBERS!!!

Audrey Blackman	Tom & Ann Plusko
Marianne Cooper	Ralph Sanchez
Michael & Glenda Courtright	Joe & Yvonne Scott
Elena Darwin	Darlene Smith
Judith DePalma	Mary Stai
Katherine Fisher	Craig & Candence Troxell
Tammy Hinden	Alberta Vega
Susan Jagoda	Craig & Nicole Wilberg
Sheila Krausse	Lori Gennusa
Rose Peters	

IN MEMORIAM

**Sally Czarnecki
Richrd Van Achen
Evalyn France
Anne Kelsay
Tom Odencrans**



**FOR A FULL LIST OF OUR CLASSES, PLEASE SEE THE OFFICE
OR GO TO OUR WEBSITE AT WWW.OASISORCUTT.ORG**

Music at OASIS

OASIS Ukulele Orchestra

Wednesdays

Beginners (Heck Hall) 11:45 AM - 12:45 PM
Intermediate (Rostien) 12:00 PM - 1:00 PM
Orchestra Practice (Main Hall) 1:00—3:00 PM



Free Lessons on Wednesdays!

Public is welcome to watch each week.

To join, call Mike Rittenhouse at 805-709-4061



OASIS Choir

Thursdays 1:30 PM - 3:00 PM,
Main Hall, Call Karen to join
805-598-0883

Games at OASIS



Cribbage & Backgammon

Tuesdays 1:00 - 3:30 PM
Rostien Hall



Mah Jong

Fridays 1:00 - 3:30 PM Heck Hall



Bunco! RSVP Required
Fridays, February 27th & March 27th
1:00 - 3:00 PM Main Hall

Social Groups at OASIS

Scarlet Hat Ladies of OASIS

First Tuesdays at Pappy's at 11:30am
1019 E Main St. Santa Maria

HOSTESS/RSVP: Julie Hall (805) 588-9020



Single Friends Group

FEB. 2ND 12:00pm - Meet and Greet at **OASIS**

FEB. 16TH: 1:00pm - Single Friends Lunch at
The Green Olive
(750 E. Main St. Santa Maria)

FEB. 25TH: 10:00am Single Friends Coffee Meet
Cups & Crumbs
(156 S Broadway #B, Orcutt)

***New members for Single Friends Group please attend
Meet & Greet to join prior to attending events!***

Friendship Group

Thursdays at 1:00 - 3:30PM Rostien Hall - FREE

Exercise at OASIS - Main Hall

Aerobics

Mon/Wed/Fri 8:30 AM
\$2.50/class or \$25/month

Arthritis Exercise

Mon/Wed/Fri 10:00 AM

Pilates

Tuesdays 2:00 PM
Free - Donations Welcome

Central Coast Board Walkers

Group meets at the OASIS
Parking Lot at 4:00 PM
Every Wednesday

Yoga

Tues/Thurs 8:30 AM
\$3.50 a class

Senior Balance

Tues/Thurs 9:45 AM
\$3.00 a class

Muscle Conditioning

Tues/Thurs 10:15 AM
\$5.00 a class



Art at OASIS

Creative Artists

Tuesdays
11:15 AM - 1:45 PM
Main Hall

Knit/Crochet

Wednesdays
9:00 - 11:45 AM
Rostien Hall
\$5 / month



Silversmiths

Fridays
1:00 - 3:00 PM
\$1.00 per class
Rostien Hall



Ceramics

Fridays
9:30 AM - 12:00 PM
Instructor: 1st & 3rd
\$5.00 per visit
Rostien Hall

Cardmaking

February 10th, 2026
10:00 AM - 12:00 PM
Heck Hall
\$12 Payable to Instructor
Please RSVP



Friday Painters

Fridays
9:00 AM - 12:00 PM
Heck Hall

Help at OASIS

Bereavement Support

Wednesdays at 2:00 - 3:00 PM
Rostien Hall, *Public Welcome*



iPhone/Android Class

Every other month, Dates TBD
1:00-3:00pm, Rostien, Free



The OASIS Center

PANCAKE BREAKFAST

2ND SATURDAY EACH MONTH
7:45am – 10:00am

Eggs, Sausage, Pancakes,
Coffee & OJ
\$8 Members
\$12 Non-Members | \$6 Kids
Includes (1) Plate Refill

420 Soares Ave, Old Orcutt
OASISORCUTT.ORG



Monthly Birthday Celebration!

Friday, February 13th & March 13th at 1:00PM

If you have a birthday in February or March, we want to celebrate YOU! RSVP with the OASIS Office to be entered to win a FREE lunch! We will be pulling names to only those who have RSVP'd! Must be present at birthday party to win!

Cooking with John

Friday, February 6th &
March 6th
1:00 PM
Main Hall



RSVP Required 805-937-9750



Monthly Food Drives

The OASIS Center partners with the local Foodbank and hosts two monthly food distributions. All distribution participation requires a Foodbank key tag (different from your OASIS key tag). Please see the office to fill out an intake form to get your Foodbank key tag.

- **Monday, February 9th** - Farmer's Market
9AM-10AM
- **Thursday, February 19th** - USDA Commodities
9AM-10:30AM
- **Monday, March 9th** - Farmers Market
9AM-10AM
- **Thursday, March 19th** - USDA Commodities
9AM-10:30Am

OASIS General Membership Meeting

Saturday March, 14th

Following Pancake Breakfast



OASIS Book Club

in the OASIS Heck Hall
2nd Thursdays at 12:30pm

Physical Therapy Talks

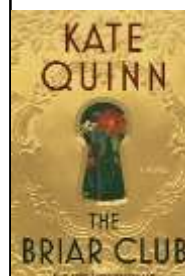
**Monday,
March 23rd**

Topic TBD

1:30 Main Hall



February
"Only Yesterday"
Frederick Lewis Allen



March
"The Briar Club"
Kate Quinn

SPREAD THE LOVE AT OASIS!

Valentine Grams for Sale!

Purchase a gram that includes:
a singular rose, small card and
small candy treat. Let us know
who you want cupid to deliver
to, and their class.

\$5.00 a gram

Deadline to purchase is Wednesday February 6th

All Valentine Grams will be delivered
Monday the 9th-Friday the 13th, the week
before Valentines Day at the OASIS Center.

MEMBERS ONLY Valentines Bingo

Hosted by Merrill Gardens

Join Merrill Gardens
as they host a special
Members Only FREE
Valentines Bingo here
at the OASIS Center!
Meet with friends,
enjoy some snacks
and win some
awesome prizes!

**FEBRUARY
9TH
1:30PM**



420 SOARES AVE.

Please RSVP by Friday, February 6th with
the OASIS Office 805-937-9750



PLEASE JOIN US FOR A

VALENTINE'S *Lunch*



CATERED BY FIRE TO FORK

**TUESDAY, FEBRUARY 10TH
12:00PM**



\$15

**BAKED ZITI, FRESH
SALAD &
BREADSTICKS**

420 Soares Ave.

Please RSVP with the OASIS Office by Friday, February 6th
805-937-9750

Physical Therapy Talks
By Jordan Larson, PT

**“Happy Hands: Simple
Fixes for Wrist, Hand &
Elbow Pain”**

**UPDATED
DATE**

**Monday,
February 2nd
1:30 pm**

Brought to you by Jordan Larson, PT,
founder of Active Healing Center in Orcutt,
helping people naturally rejuvenate their
bodies in Orcutt for the last 19 years.

No need to RSVP

Eastern Canada

August 13 - 21, 2026

<https://gateway.gocollette.com/link/1380338>**America's 250th Anniversary Tour**

October 26 - November 3, 2026

<https://gateway.gocollette.com/link/1377742>**Cultural Treasures of Japan**

March 27 - April 9, 2027

<https://gateway.gocollette.com/link/1380315>**French Riviera**

May 6 - 14, 2027

<https://gateway.gocollette.com/link/1380116>**Wonders of Ancient Greece**

November 12– November 22, 2026

<https://gateway.gocollette.com/link/1409336>**Colors of New England**

October 16th—October 23rd, 2026

<https://gateway.gocollette.com/link/1414073>

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Collette Travel- (800) 852-5655

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 A percentage of all sales will benefit the
 Oasis Center. Brochures are available
 In
 the Main Hall.

Travel with oasis

SANTA YNEZ CULTURAL CENTER AND LUNCH AT CHUMASH CASINO

FRIDAY, MARCH 20TH

\$45 Members - \$55 Non-Members

9:00am - 2:00pm

Self guided tour at the museum, lunch at Chumash Casino, Lunch not included

Call to Book 805-937-9750

THE CULTURED ABALONE FARM TOUR

THURSDAY, APRIL 30TH

\$100 Members - \$110 Non-Members

8:45am - 2:00pm

1.5 hour Tour and Transportation Included
Lunch TBD - not included**CHAPMAN HOUSE GROUNDS AND HOUSE TOUR AND LUNCH AT FIN'S RESTAURANT**

THURSDAY, MAY 28TH

\$65 Members - \$75 Non-Members

10:15am - 2:45pm

1.5 hour Tour and Transportation Included
Lunch at Fin's not included**PANTAGES - PHANTOM OF THE OPERA**

THURSDAY, JUNE 25TH

\$150 Members - \$165 Non-Members

9:00am - 9:15pm

Entrance and Transportation Included
2 Meal stops not included**DEADLINE 4/22/26****No Refunds**

Sold out? Join the waitlist! Extra dates may be added based on demand.

February 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Main Hall 8:30-9:30 Aerobics 10:00-11:00 Arthritis Ex. 11:30 FREE Lunch 1:30 PT Talk 6:30-9:00 Line Dance Rostien Hall 8:00-10:30 HAM Radio 10:30 Watch Battery Repair 12:00 Single Friends Meet and Greet 7:30-9:00 NA Meeting Heck Hall	Scarlet Hats 11:30 Meets at Pappy's Main Hall 8:30-9:30 Yoga 9:45- 10:15 Senior Balance 10:15- 11:00 Muscle Cond. 11:30 FREE Lunch 11:15-1:45 Creative Art 2:00-3:00 Pilates 6:30-7:30 AI Anon Rostien Hall 9:00-11:30 TOPS 1:00 - 3:30 Cribbage & Backgammon Heck Hall 10:00-11:30 Staff Meeting	Main Hall 8:30-9:30 Aerobics 10:00-11:00 Arthritis Ex. 11:30 FREE Lunch 1:00-3:00 Ukulele Orch. 6:30-8:30 Ballroom Rostien Hall 9:00-11:45 Knit/Crochet 12:00-1:00 Ukulele Intermediate 2:00 - 3:00 Bereavement Heck Hall 11:45-12:45 Ukulele Beginners Parking Lot 4:00 Boardwalkers	Main Hall 8:30-9:30 Yoga 9:45- 10:15 Senior Balance 10:15- 11:00 Muscle Cond. 11:30 FREE Lunch 1:30 - 3:00 Choir Group 6:00-9:00 Church Group Rostien Hall 8:30-12:30 Ceramics 1:00-3:00 Silversmiths Heck Hall 9:00-12:00 Painters 1:00 - 3:30 Mah Jongg	Main Hall 8:30-9:30 Aerobics 10:00-11:00 Arthritis Ex. 11:30 FREE Lunch 1:00-3:00 Cooking with John 5:00-8:00 Private Rental Rostien Hall 9:30-12:00 Ceramics 1:00-3:00 Silversmiths Heck Hall 9:00-12:00 Painters 1:00 - 3:30 Mah Jongg	Rostien Hall MIT Traffic School Spanish 9am-5pm
8	9	10	11	12	13	14
Main Hall Christian Life Church 9AM - 3PM Rostien Hall 8:00-9:00 Men's NA Meeting	FARMER'S MARKET 9:00-10:00 Main Hall 8:30-9:30 Aerobics 10:00-11:00 Arthritis Ex. 11:30 FREE Lunch 1:30 Members Valentines Bingo w/ Merrill Gardens 6:30-9:00 Line Dance Rostien Hall 8:00-10:30 HAM Radio 11:30-12:30 Investments 7:30-9:00 NA Meeting Heck Hall	Main Hall 8:30-9:30 Yoga 9:30 Creative Beginnings Preschool Visit 9:45- 10:15 Senior Balance 10:15- 11:00 Muscle Cond. 12:00 Valentines Lunch By RSVP Only 2:00-3:00 Pilates 6:00-9:00 Orcutt Mineral Rostien Hall 9:00-11:30 TOPS 1:00 - 3:30 Cribbage & Backgammon 6:30-7:30 AI-Anon Heck Hall 10:00-12:00 Cardmaking 12:00- 3:00 Creative Art Office 10:00-11:30 Staff Meeting	Main Hall 8:30-9:30 Aerobics 10:00-11:00 Arthritis Ex. 11:30 FREE Lunch 6:30-8:30 Ballroom Rostien Hall 9:00-11:45 Knit/Crochet 12:00-1:00 Ukulele Intermediate 2:00 - 3:00 Bereavement Heck Hall 11:45-12:45 Ukulele Beginners Parking Lot 4:00 Boardwalkers	Main Hall 8:30-9:30 Yoga 9:45- 10:15 Senior Balance 10:15- 11:00 Muscle Cond. 11:30 FREE Lunch 1:00-1:30 Vow Renewal 1:30 - 2:30 Choir Valentines Program 6:00-9:00 Church Group Rostien Hall 8:30-9:30 OASIS Board Meets 1:00-3:30 Friendship Group 6:00-9:00 Church Group Heck Hall 12:30-1:30 Book Club 10:00 Hiking/Adventure Club TBD	Main Hall 8:30-9:30 Aerobics 10:00-11:00 Arthritis Ex. 11:30 FREE Lunch 12:30 Pancake Breakfast Set Up February Birthday Party 1:00pm Rostien Hall 9:30-12:00 Ceramics 1:00-3:00 Silversmiths Heck Hall 9:00-12:00 Painters 1:00 - 3:30 Mah Jongg	Main Hall 7:45 - 10:00 Pancake Breakfast
15	16	17	18	19	20	21
Main Hall Christian Life Church 9AM - 3PM	OASIS CLOSED	Main Hall 8:30-9:30 Yoga 9:45-10:30 Senior Balance 10:15-11:00 Muscle Cond. 11:00-12:30 FREE Lunch	Main Hall 8:30-9:30 Aerobics 10:00-11:00 Arthritis Ex. 11:30 FREE Lunch 1:00-3:00 Ukulele Orch	USDA COMMODITIES 9:00 - 10:30 Main Hall 8:30-9:30 Yoga	Main Hall 8:30-9:30 Aerobics 10:00-11:00 Arthritis Ex. 11:30 FREE Lunch 6:00-8:00 OCT Rehearsals	

Rostien Hall 8:00-9:00 Men's NA Meeting		11:15-1:45 2:00-3:00 Rostien Hall 9:00-11:30 1:00 - 3:30 6:30-7:30 Heck Hall 10:00-11:30 Staff Meeting	6:30-8:30 Rostien Hall 9:00-11:45 12:00-1:00 2:00 - 3:00 4:30-8:00 Heck Hall 11:45-12:45 Parking Lot 4:00 Boardwalkers	9:45-10:15 10:15-11:00 11:30 1:30 -3:00 6:00-9:00 Rostien Hall 8:30-12:30 1:00-3:30 6:00-9:00 Heck Hall	Rostien Hall 9:30-12:00 1:00-3:00 Heck Hall 9:00-12:00 1:00 - 3:30 Ceramics Silversmiths Painters Mah Jongg	22
23	1:00 PM Single Friends Lunch The Green Olive	24	25	26	27	28
Main Hall Christian Life Church 9AM - 3PM Rostien Hall 8:00-9:00 Men's NA Meeting	Main Hall 8:30-9:30 10:00-11:00 11:30 6:30-9:00 Rostien Hall 8:00-10:30 11:30-12:30 7:30-9:00 Heck Hall	Main Hall 8:30-9:30 9:45-10:15 10:15-11:00 11:15-1:45 11:30 2:00-3:00 6:30-7:30 Rostien Hall 9:00-11:30 1:00 - 3:30 Heck Hall 10:00-11:30	Main Hall 8:30-9:30 10:00-11:00 11:30 1:00-3:00 6:30-8:30 Rostien Hall 9:00-11:45 12:00-1:00 2:00 - 3:00 Heck Hall 11:45-12:45 Parking Lot 4:00 Single Friends Coffee Meet Cups & Crumbs 10:00am	Main Hall 8:30-9:30 9:45- 10:15 10:15- 11:00 11:30 1:30 -3:00 6:00-9:00 Rostien Hall 1:00-3:30 6:00-9:00 Heck Hall	Main Hall 8:30-9:30 10:00-11:00 11:30 1:00-3:00 6:00-8:00 Rostien Hall 9:30-12:00 1:00-3:00 Heck Hall 9:00-12:00 1:00 - 3:30 Aerobics Arthritis Ex. FREE Lunch Line Dance HAM Radio Investments NA Meeting Aerobics Arthritis Ex. FREE Lunch Bunco OCT Rehearsals Ceramics Silversmiths Painters Mah Jongg	Rostien Hall MIT Traffic School Spanish 9am-5pm

Monday-Friday
8am - 4pm

420 Soares Ave.
PO Box 2637
Santa Maria, CA 93457

805-937-9750

WEBSITE:
www.oasisorcutt.org



oasis

Free Senior Lunch for those over 60

Monday-Friday

Reservation Required
805-925-9554 - Option 1
or email Meals@CentralCoast
Seniors.org



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your heart & your stomachs!
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**ST. PATRICKS
DAY LUNCH**

catered by Fire to Fork Catering

MARCH 10TH, 12:00-1:30

\$15



Must RSVP with the OASIS Office
Stop by or call 805-937-9750
No Refunds
420 Soares Ave.

oasis



Have Your Taxes Done for Free

by IRS Certified AARP Volunteers in Orcutt
Oasis Center – 420 Soares Ave

No AARP membership or age requirement

Starting Jan 19th book your appointment online at:

<https://tinyurl.com/Oasis-Center>



Book multiple appointments if you need to complete multiple tax years

Can NOT do - Married Filing Separately, Digital Currency Sales,
Rental Property, Solar Panel or EV credits, Out of State resident
or Part-Year CA residents

If you need assistance making your appointment
call 805-931-6308 starting January 26th
Monday to Friday - 9am to 4pm



MARRY ME CHICKEN

(JUST IN TIME FOR VALENTINES DAY!)

INGREDIENTS:

- 8 oz spaghetti (optional pasta serving)
- 3 tbsp olive oil
- 4 boneless, skinless chicken breasts (6 oz each)
- 1 large shallot, thinly sliced
- 2 cloves garlic, minced
- 1 cup low-sodium chicken broth
- 6.3 oz jar sun-dried tomatoes in oil, drained and chopped
- 0.4 oz chicken bouillon cube
- 1 cup heavy cream
- 1 tsp dried oregano
- 1/4 tsp crushed red pepper flakes
- 1/2 cup freshly grated Parmesan (about 2 oz)
- 1/4 cup fresh basil, thinly sliced
- Kosher salt & freshly ground black pepper (to taste)

INSTRUCTIONS:

Season chicken with salt and pepper. Heat olive oil in a large skillet and sear chicken until golden on both sides; remove and set aside. In the same pan, sauté shallot and garlic until softened. Add chicken broth, sun-dried tomatoes, bouillon, heavy cream, oregano, and red pepper flakes; simmer until slightly thickened. Stir in Parmesan, then return chicken to the pan and cook until tender and cooked through. Finish with fresh basil and serve over pasta or on its own.

March Birthdays

1 Randy Cohen	7 Marie Vandermolen	15 Leslie Wild	23 Duane Gardner
1 Douglas Randall	8 Claude Chouinard	15 Fran Hutchinson	23 Ana Garcia
1 Bob Harris	8 Jane Joseph	15 Julia Steele	24 Melinda Gould
1 Deborah Smith	8 Allan Guggia	15 Shelia Shepherd	24 Monica Maffei
1 Kay Moreland	8 Jeannie Murray	16 Sheryl Coleman	25 Annette DeHate
2 Barbi Andrews	8 Stephanie Hull	16 Jeri Peterson	25 Mickey Hellman
2 Nancy Andrews	8 Sally Lightle	16 Arlene Peterson	25 Sheila Sahlberg
2 Nick Carpenter	8 Alesa Lawrence	16 Marcia Higgins	25 Janice Pangburn
3 Deborah Crough	8 Judy June	17 Helen Atkinson	25 Sandra Frazier
3 Cleo Wender	8 Gail Faulkner	17 Edward	26 Ty Fredriks
3 Cynthia Rodriguez	9 Robert Duran	Cavender	26 Rome' Richardson
4 Dea Cunningham	9 Kurt Klucker	18 Rosanne Korpela	26 Sheila Goodman
4 David Renshaw	9 Cathy Carroll	18 Diana Craig	26 Deborah Estabillo
4 Stephanie	9 Deborah Sykes	18 Stephen Gutfeld	27 Diane Paszek
Wellman	9 Donald Wolstenholm	18 Ruby Arias	27 Marvin Lindsey
4 Lisa Aikins	9 Danna Fregoe	19 Katherine	28 Dona Kintzi
4 Charles Briscoe	10 Art Amarillas	Douglass	28 Ty Lux
5 Barbara	11 Bob Baker	19 Laurie Elliott	28 Michelle Newman
Armstrong	11 Robert Viadella	19 Gordon Manion	29 Helen Drom
5 Debbie Carpenter	11 Rob Eubank	19 Joe Sheaff	29 Sandra Halstead
5 Kathleen Miles	11 Susan Jagoda	19 Charlene Stone	30 John Sekishiro
5 Sherry Newton	12 Cheryl Frederiksen	19 Dee Vandercook	30 Bill Bodrogi
5 Roger Welt	12 Susan Klucker	19 Leah McBride	30 Katherine
5 Paul Klock	12 Stella Van Aken	20 Twyla Bohl	Carbone
5 Doyle Burkey	12 John Goon	20 Diana Gard	30 Valerie Simpson
6 Mary Francisco	13 Kendee Eulert	20 Michelle	30 Carolyn Treat
6 Marijane Marshall	13 Steve Wagner	MacKinnon	31 Kathy Cahalan
6 Craig Noble	14 Steve McGehee	20 Dorothy Cutler	31 Kay Green
6 Paul Applegate	14 Ellet Wilson	21 Colette Bourque	31 Bill Shanahan
7 Molly Hotchkiss	14 Alan Munch	21 Mary Ann Simas	31 Cheri Imoe
7 Joe Santana	15 Diane Joseph	22 Janine Neal	31 Jack Taylor
7 Carolyn Mausley	15 Lillian Lowe	22 June Maser	31 Patricia Reichel



DOUBLE NEWSLETTERS

Starting January 1st, 2026, we will no longer be mailing out the monthly newsletters. If you are a senior who is homebound or can not make it to the center, please call the office to let us know you would like your newsletter mailed to your home. **805-937-9750**

Meal Delivery Services

Meals on Wheels 805-938-1200
Area Agency on Aging 805-925-9554

Membership Fees

As of July 2023, our membership rates are: **Single - \$35, Couple - \$60**
Mailing address: **PO Box 2637, Orcutt, CA 93457**

Robo Calls:

By now, you have probably gotten automatic text messages, calls and emails from OASIS. Don't forget that the number that appears on your phone come up as Belmont, MA. Please add the following phone numbers to your phone and save them as **OASIS Reminders**. Please let us know if you need help saving this in your cell phone.

Texts: 855-601-3689

Blast Calls: NEW NUMBER!!!! 617-229-7208

Emails: OASISCenterNoReply@myactivecenter.com

Keytags at OASIS

OASIS: All Members need to have an OASIS Key Tag.

These are different than those required for the FoodBank Distributions.

If you misplaced yours, please stop by the OASIS Office. Replacements are now \$3.00 each.

FOODBANK: The Santa Barbara County FoodBank requires a key tag for anyone picking up produce during our monthly farmer's market or our USDA Commodities distributions. If you have not picked up a key tag for the FoodBank, please come to the office to fill out a form to pick one up. **When lining up to pick up food at our distributions, please be mindful of our neighbors and do not block anyone's driveways with your car. Homeowners must have a clear path to get in and out of their homes. If you are blocking someone's driveway you will be asked to exit the drive-up line and go to the end regardless of what time you have gotten there.**





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Drive Ups Welcome!

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**Appointments
805-937-5340**

■ Plus \$8.25 Certificate + \$1.50 Transfer fee + \$1.00 OPUS fee. '95 & Older \$119.00/'96-'99 \$109.00.
■ Vans & Motorhomes \$119.00 Coupons may not be combined with any other offer. Expires 01/30/2026

Oasis Members get \$10 off any Carwash service.
Must Show Membership Card To Redeem



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Need help with organizing and purging old records?

Are you or your loved ones
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Let me help you get rid of the
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I have the tools to help!

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From initial consultation through housing choices and ongoing follow-up, we guide you every step of the way.

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Michael & Terri Frantz, CDP & CSA are ready to help you with integrity, compassion, and in-depth knowledge of senior living communities and resources.



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SMAT 805-928-5624 provides transportation. One Way Prices: Seniors & Disabled \$.75; Students \$1.25; Regular \$1.50, \$3.00 Day Pass. SMAT ADA 805-928-5624



SMOOTH Senior Dial A Ride (SDAR) 805-922-0146 or 805-922-8476

Monday - Friday 9:00am- 4:00pm. No eligibility requirements. All vehicles are wheelchair accessible, ADA lift equipped and "ride-along aides" ride for free from the same address (family member or friend included). SMOOTH provides door to door service available for seniors 60+. Requested fare is \$3.00 per trip.



Community Partners in Caring offers FREE rides to vaccination sites and medical appointments for seniors living in Orcutt **Call 805-925-8000** to request a ride.

Tradewinds Staff: Aranya Lutz

Jerry Bennett, Lois DeBoi, Barbara Evans,
Judy McConnell, Robin Squires, Edna Duggins
Lisa Casillas-Siensen, Stephen Siensen, Patricia Van Lith

Oasis members and employees strive for accuracy in the production of this newsletter, but cannot be held liable for claims, errors, or omissions that result from publication or advertisements.

Deadline for our next newsletter: March 13th

**OASIS IS ORCUTT AREA SENIORS
IN SERVICE**

VOLUNTEER OPPORTUNITIES

If you would like to volunteer, please call the office at 805-937-9750

PANCAKE BREAKFAST

We need a group of consistent volunteers on the 2nd Saturday each month from 7:45-10:00.

Looking for a lead for all Pancake breakfasts. Duties would include picking up supplies, opening, clean up and closing each month.

ADS: Got something to sell? Want to find an item? Only Oasis Members can place ads in the Tradewinds. Up to 20 words for \$10.00. For larger ads, please call.



New Patient Special \$65

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**Louis will be available every first
Monday of the month.**

at 10:30 AM at the OASIS Center, Rostien Hall

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With your membership card you are entitled to discounts with these local merchants!

ROYAL PANE WINDOW CLEANING

10% off window and rain gutter cleaning.

Must show OASIS membership card; 805-878-2885

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\$20 off any regular service call or a free 2nd transmitter or keyless entry with any new opener purchase. 805-937-3385

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(Does not apply to online orders)

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\$10 off any car wash service



oasis

Office Hours: Monday – Friday 8 AM – 4 PM
805-937-9750

OASIS Center is CLOSED on:

New Year's Day	Independence Day
Martin Luther King, Jr. Day	Labor Day
Indigenous Peoples Day	Veteran's Day
Memorial Day	President's Day
Juneteenth	
Thanksgiving Day, Friday After Thanksgiving	
Christmas Day Through New Years Day	