



Blood Pressure and Blood Sugar Screenings:

- Tuesday July 3, 8:30 am – 10:00 am Gifford Youth Activity Center 4875 43rd Ave, Vero Beach
- Thursday July 5, 9:00 am – 11:00 am VNA Hidden Treasures 656 21st Street, Vero Beach 32960
- Tuesday July 10, 9:00 am – 11:00 am VNA Hidden Treasures 656 21st Street, Vero Beach 32960
- Tuesday July 10, 10:00 am – 11:30 am Vincent DePaul Thrift Shop 5480 85th Street, Wabasso 32967
- Wednesday July 11, 9:30 am – 11:30 am VNA Sebastian Hidden Treasures 11646 US Hwy 1, Sebastian
- Wednesday July 11, 10:00 am – 12:00 pm Indian River Habitat for Humanity 4580 U.S. Hwy 1, Vero Beach
- Friday July 13, 9:00 am – 11:00 am Leisure Square 3705 16th Street, Vero Beach 32960
- Friday July 13, 10:00 am – 11:30 am The Humane Society Thrift Shop 4445 20th St, Vero Beach
- Monday July 16, 10:30 am – 12:00 pm IRC Public Library 1600 21st Street, Vero Beach 32960
- Friday July 18, 9:30 am – 11:30 am VNA Sebastian Hidden Treasures 11646 US Hwy 1, Sebastian
- Thursday July 19, 8:30 am – 10:00 am Gifford Youth Activity Center 4875 43rd Ave, Vero Beach
- Friday July 20, 9:30 am – 11:30 am VNA Sebastian Hidden Treasures 11646 US Hwy 1, Sebastian
- Monday July 23, 8:30 am – 10:00 am Sebastian Gym & Fitness 345 Sebastian Blvd, Sebastian
- Monday July 23, 9:00 am – 11:00 am VNA Hidden Treasures 656 21st Street, Vero Beach 32960
- Wednesday July 25, 9:00 am – 11:00 am VNA Hidden Treasures 656 21st Street, Vero Beach 32960
- Wednesday July 25, 9:30 am – 11:30 am VNA Sebastian Hidden Treasures 11646 US Highway 1, Sebastian

For morning blood sugar tests, you will need to fast from midnight on.

Blood Pressure Screenings:

- Monday, July 2, 11:00 a.m. – 1:00 p.m. VNA Hidden Treasures 656 21st Street, Vero Beach 32960
- Tuesday, July 3, 2:00 p.m. – 3:30 p.m. The Brackett Library 6155 College Lane, Vero Beach 32966
- Thursday, July 12, 10:30 a.m. – 12:30 p.m. VNA Hidden Treasures 656 21st Street, Vero Beach 32960
- Monday, July 16, 11:00 a.m. – 1:00 p.m. VNA Hidden Treasures 656 21st Street, Vero Beach 32960
- Thursday, July 19, 9:00 a.m. – 11:00 a.m. VNA Hidden Treasures 656 21st Street, Vero Beach 32960
- Monday, July 23, 11:00 a.m. – 12:00 p.m. UP Center 1360 28th Street, Vero Beach 32960
- Tuesday, July 24, 11:00 a.m. – 12:00 p.m. By the River 11065 Ganga Way, # 311 Sebastian 32958



Treasure Coast Food Bank's Summer Meals program helps kids be fed and worry-free

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FORT PIERCE, Fla. June 1, 2018 - Treasure Coast Food Bank's Summer Meals program began this week in Martin County to provide meals for kids who may not have enough to eat in summer without access to school cafeterias. The program expands next week to Indian River and St. Lucie counties once all schools close.

More than 46,000 students in Martin, St. Lucie, and Indian River counties are eligible for free and reduced price meals at school, and once schools close for summer, families who don't always have enough food to eat can struggle to provide the additional meals.

"No child should have to worry about where lunch will come from, and no family should worry about how to feed the children during the summer without access to school cafeterias," said Judith Cruz, Treasure Coast Food Bank President and CEO.

The Summer Meals program is open to all youth 18 years and younger at no cost to them. Treasure Coast Food Bank partners with sites throughout the region, including churches, community centers, youth development organizations and other agencies that can offer a place to feed the kids. Each site offers two of three food options among breakfast, lunch, or a healthy snack. Meal times vary by site.

Treasure Coast Food Bank prepares the meals daily. The meals typically include fresh-made sandwiches and wraps, hand-made salads, and fresh cut fruits and vegetables. Summer Meals will run every week day from now through August 10. Parents looking for a site convenient to their home can visit the Summer Feeding Program page on [Treasure Coast Food Bank's website](http://TreasureCoastFoodBank.org) at stophunger.org/sfsp.

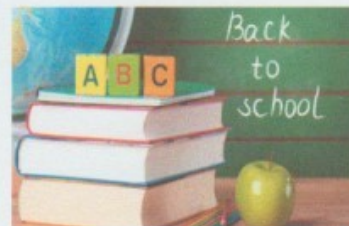
Some other sites offer summer meals in conjunction with their summer classes or activities, and can be found at <http://summerbreakspot.freshfromflorida.com>

Treasure Coast Food Bank expects to continue adding additional sites to offer the program throughout the summer. To learn more about becoming a Summer Meals site, visit www.stophunger.org/sfsp.

School Supply Drive 06/01/18-8/1/17

Pennies - yes those pennies you have laying around the house, your car, your purse your counter tops.

Clorox Wipes, Lysol Wipes, Zip Lock Baggies Quart Size, Zip Lock Baggies Gallon Size, Rulers, Card Stock, Kleenex, Tissue, Crayons, Ruled Paper, Scissors, File Folders, Compasses, Protractors, Pencils, Pencil Sharpeners, Dry Erase Markers, High Lighters, 1in Binders, Colored Pencils, Magic Markers, Permanent Markers



We will collect, distribute and fill School Supply request that have come in for these different items. We will drop off to the paid staff member who has requested. Thank you WONDERFUL COMMUNITY for all you do.

There is one family possibly a second one who will be given supplies for their kids to start school with.

Great news - last year the superintendent streamlined the school supply list. PLUS there is some AWESOME teachers who have reduced their list for years thus smaller school supply list.

The Recycling Club Mission is to help reduce School Supply List of North Indian River County Schools!

Drop of Locations or We Will Pick Up

Sebastian Blind and Shutters 245 Sebastian Blvd

Sebastian River Area Chamber Of Commerce

Rosi Stubbs

772-778-5277

The Recycling Clubs



Senior Resource Association Wins the 2018 “Urban Community Transportation System of the Year” Award

Community Transportation Association of America honors Senior Resource Association for its efforts to cultivate local support and its responsiveness to the community’s needs.

June 19, 2018 Vero Beach, Florida – Senior Resource Association (SRA) operating Indian River Transit has been named the 2018 Outstanding Urban System of the Year. The organization was recognized by the Community Transportation Association of America as the best urban system among thousands of other community systems across the nation. Karen Deigl, SRA President and CEO and Chris Stephenson, Transportation Mobility Management Director accepted the award on behalf of the organization during the June 12th Community Transportation EXPO award luncheon in Pittsburgh, PA.

“SRA has provided services and programs to promote an active, healthy and independent lifestyle for older adults in Indian River County since 1974. Providing transportation for everyone, including the transportation-disadvantaged, was an original goal of the organization. To win national recognition for meeting the community’s transportation needs is a tremendous honor for our dedicated staff,” Karen Deigl, SRA President and CEO said.

Last year, Senior Resource Association provided over 1.2 million passenger trips on GoLine and 44,000 passenger trips on Community Coach. The organization purchased its first 15-passenger van in 1975. Today, it has a fleet of 60 vehicles providing transportation throughout Indian River County. In 1990, SRA was designated the Community Transportation Coordinator (CTC) by the Florida Commission for Transportation Disadvantaged (TD) services. The program, now named Community Coach, serves eligible riders with no other means of transportation. Community Coach delivers clients to medical appointments, grocery stores and other essential, non-emergency destinations.

By 1994, SRA again expanded its services by establishing the first and only fixed-route public transportation system in Indian River County. It continues to be one of only a few fixed-route public transit systems in Florida that offers complementary transportation to all riders. In order to differentiate the fixed-route service from their demand-response service and minimize the perception that their transportation services were only for the elderly, Senior Resource Association began operating its fixed-route bus system under the name of GoLine in 2007.

“We’re very responsive to the transportation needs of all residents in our community,” said Chris Stephenson, Transportation Mobility Management Director. “We understand that a loss of transportation represents a loss of independence. Our operating philosophy is to promote independence and dignity by providing safe, affordable transportation for all. Winning this year’s national Urban Transportation award and last year’s Florida Public Transportation Association’s state award are especially gratifying for our organization and the Indian River County MPO.”

GoLine operates 15 public routes throughout the county, including Fellsmere, Sebastian, Wabasso, Vero Beach, and South County at no charge to residents and visitors. GoLine and Community Coach services are provided six days a week (Monday – Saturday). For more information, contact Indian River Transit at 772-532-0396.



Indian River Medical Center and Indian River County Hospital District Process Continues With Cleveland Clinic

VERO BEACH, Fla. (June 8, 2018) — Indian River Medical Center, the Indian River County Hospital District and Cleveland Clinic are proceeding as expected with the careful pace that is necessary and normal for healthcare relationships.

While this continues to be the “quiet period,” the community should be aware that the due diligence process is moving forward as expected and all parties continue to work toward a definitive agreement in July. Once that has been completed, there will be regulatory re-view and approval before this is complete.

“We are pleased with the progress so far and the atmosphere has been excellent as we move this very exciting venture forward,” stated IRMC Board Chair Dr. Wayne Hockmeyer.

“The most important work is well underway,” said IRCHD Chair Marybeth Cunningham. “We realize there is a great deal of curiosity and excitement in the community, so I’m happy to report that everything is moving in the right direction.”

“All three groups are working together to ensure the community, patients and caregivers all have access to the best we offer,” said Wael Barsoum, M.D., CEO and President, Cleveland Clinic Florida. “This is moving along nicely and the spirit of our discussions has been very positive.”

As a partner with Cleveland Clinic this promises to encourage economic development in the local community, as well as aid in recruiting businesses to Indian River County. In addition, philanthropy for IRMC is likely to increase as individuals will recognize their contribution to a world-class healthcare organization.

IRMC will continue to provide updates as available. For more information, please visit www.IRMCTomorrow.com

Premier Women’s Health is Now Open in Sebastian

VERO BEACH, Fla. (June 21, 2018) — Premier Women’s Health recently opened an office in Sebastian and is scheduling appointments. The office is staffed with four board-certified physicians dedicated to patient care: Felix Bigay, M.D.; Kristy Crawford, D.O.; Deni Malave-Huertas, M.D; and George Fyffe, M.D. These specialists utilize state-of-the-art technology and perform advanced gynecologic procedures to treat women of all ages.

The practice offers comprehensive gynecologic services, such as well-woman exams, contraception and menopausal care. Other services include minimally invasive surgery and treatment for sexual wellness. In addition, Premier Women’s Health offers cosmetic gynecology through the use of ThermiVa, a non-invasive, non-hormonal treatment designed to combat the challenges of childbirth, menopause and aging.

Each patient is treated as an individual and receives personalized, one-on-one attention. Several physicians and staff members are Spanish speaking to help ensure that all questions and concerns are addressed.

“We are excited about launching gynecology services in the Sebastian area,” stated Felix Bigay, M.D. “Located right next to Walmart, the office provides an excellent location in the Sebastian Medical Suites, plenty of parking and ability to schedule appointments in a timely manner.”

Premier Women’s Health was designed with patients in mind and is conveniently located at 801 Wellness Way, Suite 109, in Sebastian. To schedule an appointment, call (772) 770-6801.

HIGH SCHOOL STUDENTS: Take College Classes for FREE!*



Find Out How!

June 19 or August 15, 2018

6:00 p.m.

IRSC Mueller Campus

6155 College Lane • Vero Beach, FL

July 12, 2018

6:00 p.m.

Historic Sebastian School Site

1235 Main Street • Sebastian, FL

Pre-register at www.irsc.edu/prospectivestudents

**Eligible Dual Enrollment students in secondary schools or
home school programs receive college tuition and textbooks for FREE.*

For more information, contact Dr. Katie Nall at 772-226-2525 or knall@irsc.edu.



INDIAN RIVER STATE COLLEGE

www.irsc.edu



IRSC is an EA/EO educational institution.



Former National League umpire Dutch Rennert, far right, with (L-R) fellow umpires Terry Tata & Bruce Froemming alongside Peter O'Malley, President, Los Angeles Dodgers

Retired National League umpire Dutch Rennert remembered by his Historic Dodgertown friends

VERO BEACH, Fla. (June 20, 2018) — The O'Malley family and longtime Historic Dodgertown – Vero Beach employees express their sadness on the passing of Laurence "Dutch" Rennert, a former National League umpire for 20 seasons and an "off-season" Vero Beach resident, last Sunday. He and his wife, Shirley, had just recently celebrated their 54th wedding anniversary. From 1962 on, Rennert worked countless minor league game and Spring Training games at Dodgertown as he worked his way up the umpiring ladder.

"Our family always appreciated Dutch's work ethic, dedication and professionalism," said Peter O'Malley, President, Los Angeles Dodgers, 1970-1998. "I became aware of Dutch in the early 1960's when he would work games at Dodgertown and I was the camp director. He had a terrific personality and a passion for his craft. You just knew that he was going to make it to the major leagues one day. Our thoughts are with Shirley and the entire Rennert family."

He was the home plate umpire in Game 4 of the 1988 National League Championship Series when the Dodgers defeated the New York Mets, 5-4 in 12 innings. That game tied the Series at two apiece when Mike Scioscia hit a tying two-run home run in the ninth inning, Kirk Gibson hit a game-winning home run in the 12th for the deciding run and Orel Hershiser got the save in a game when the final out was made near 12:30 in the morning.

Rennert also was the third base umpire in the Dodgers' 22-inning loss to the Houston Astros on June 3, 1989. Neither team scored from the 7th inning until the 22nd inning when the Astros scored a run off third baseman Jeff Hamilton who went to the mound in the 21st inning. This was after Orel Hershiser, on two days' rest, pitched seven scoreless relief innings to keep the team in the game. The winning run scored at 2:50 a.m. Sunday morning after a Saturday evening start.

Rennert served an umpire apprenticeship in the Pioneer League, the Southern League, the Texas League, and the Pacific Coast League before he umpired his first major league game in September, 1973. He was well regarded as an arbiter as a 1983 *New York Times* poll as the best umpire in the National League in a poll conducted of National League players. He was known through the industry for a "no doubt about it" strike call when he would openly gesture to the side and give a full lunge to his knee to make the call.

He worked three MLB World Series – in 1980, 1982 and 1989, six National League Championship Series and two All-Star Games in his career.

He graduated from Oshkosh High School in Oshkosh, Wisconsin where one classmate, Billy Hoefft, played in the major leagues, and another, Don Beibel, worked in the front office for the Chicago Cubs.

Rennert's off-season home was in Vero Beach, Florida, and he continued to work his craft after retiring as a National League umpire, by calling games at the Adult Camps in Dodgertown where he was a favorite after-dinner speaker to the campers.

★ Sebastian's 2018 4th of July Celebration

Sebastian's Freedom Festival

Wednesday, **July 4th**
Riverview Park

Opening Ceremonies

at the Flagpole in

Riverview Park 8:00 AM

Parade 8:30 AM

Fireworks after Sunset

Vendors, Live Entertainment,

Food, Crafts & More...All Day Long!

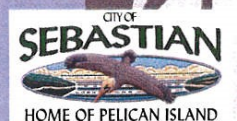
BANDS:

11:00 - 1:00 Riptide

2:00 - 5:00 The Daddy Wags Band

6:00 - 8:00 The Bobby Owen Band

OUR CONTRIBUTORS



Christmas in July

To benefit Shop with a Cop

- DJ SHHH-OP Entertainment
- Small Business Vendors
- Food, Games & Face Painting

Join us on Saturday,
July 21, 2018
10:00 AM – 2:00 PM
@ Riverview Park in
Sebastian

Bring the family out for a wonderful time in the park. Come out and show your support for an amazing cause to benefit our local children in need.



**For further information
please contact:**

**Officer Ashley Penn with
Sebastian Police
Department**

@ 772-589-7212



Visit with Santa

Regularly Scheduled Networking Events

Every Wednesday: Exchange Club of Sebastian meets at noon at Capt. Hiram's

2nd Thursday of each month: Sebastian Area Women in Business meets at 8am at Captain Hiram's. Breakfast is available for purchase. All business women are welcome to join us. Meet other women in business and enjoy interesting presentations and lively conversations!

The Rotary Club of Sebastian meets every Thursday at 12:15 p.m. at Capt'n Butchers . The 1st Thursday is our business meeting and the rest of the months meetings have speakers. Guest are welcome to see what Rotary is all about and listen to a speaker. Lunch is \$15 if you choose to eat. Come join us if you are interested in joining the club. We have many projects and fundraisers for members to help our community.

<http://www.sebastianrotary.com/>

772-581-3199

Employment Opportunities

Is your organization seeking employees? Send your information to info@sebastianchamber.com and we'll post it on our jobs board. To see all job listings [click here](#)