

Karen Mechling Biography

As a local business owner, community leader, wife, mother and grandmother, Karen believes in the value of building strong relationships both professionally and personally.

Karen has 15+ years of experience in the management, promotion and marketing of real estate developments and prides herself on the relationships she has established within the local business community. Currently her company, Insite Solutions, Inc. is developing/managing 3 residential properties in Indian River County, the newest of which is the Spirit of Sebastian.

As a community leader, Karen is passionate about giving back and demonstrates an ongoing commitment to service. Before owning her own business, Karen followed in her father's footsteps and proudly served in the United States Air Force. She continues that commitment today by serving as a member on the Indian River County Tourist Development Council as well as the Indian River County Chamber of Commerce Leadership Steering Committee. She is also currently serving as an appointed member of the Sebastian River Area Chamber of Commerce board and has been actively involved on the committees for both the annual golf tournament and media auction. Her involvement has also extended to charitable organizations within the community including the United Way, Hibiscus Children's Center Foundation, SafeSpace, Healthy Start Coalition and the Environmental Learning Center.

Personally, Karen feels extremely fortunate to work side by side with her husband Chuck Mechling and to have both of her adult children living nearby. In the Sebastian area you may know her best as "Britney's Mom" as her daughter Britney Melchiori spent 10 years working for the Sebastian Chamber. Karen considers herself a "foodie" and enjoys cooking and baking but most of all...eating! She enjoys staying fit as well as spending time with her 2 grandchildren ages 4 and 7 (p.s. and there's another granddaughter on the way in August...so exciting!)

Karen Mechling
Insite Solutions, Inc.
6655 49th Street
Vero Beach, FL 32967
772-999-3494
karen@insitesolutions.biz