

Sending Medications To Camp!

**PLEASE FILL THIS OUT AND PLACE IN BAGGIE WITH
MEDICATIONS SENT TO CAMP**

<https://drive.google.com/file/d/11cIRK2LZ21jh7A-ZgxMIvan6UL97qetg/view?usp=sharing>

★ Check these things on your campers' prescription medication:

1. Is it expired?
→ If it has expired, it can not be administered (unless it is considered a RESCUE medication)
2. Does the name on the bottle match the name you registered your camper with?
→ If not, it can not be administered- contact your doctor/pharmacy to resolve this BEFORE camp

🦋 DOUBLE CHECK YOUR CAMPER REGISTRATION WITH FOREST HOME AND **CONFIRM ALLERGIES AND MEDICATIONS (OTC)** FIRST AID IS ALLOWED TO GIVE THEM!

★ Over-the-counter medication (non-prescription)

- You are allowed to send Ibuprofen/Tylenol/Allergy Medicine, etc.
→ BUT please let it be known, First Aid carries all of these things and will give them to your camper upon request! It is not a necessity to send them to camp!
- **VITAMINS:** If the vitamin is not specified for kids (if it says adult dosage AT ALL without mention of a child dosage), it cannot be given without a prescription!

★ ASTHMA

- If your camper has asthma, the inhaler needs a prescription
→ **Steroid inhalers** need a prescription - contact your pharmacist for a copy if you do not have it!
→ **Rescue inhalers** (commonly, albuterol) - need a prescription and must be checked in upon arrival at camp. Once First Aid knows they have their rescue inhaler, they will put it in a ziploc bag with their name on it and give it back to your camper.

★ ALLERGIES

- If your camper has **daily allergies** (environment-triggered, runny nose, dry throat, etc.) they can ask for first aid for Loratadine (also known as: Cyterizine, Zyrtec) if you did not send it to camp
- **EPI PENS**
 - **FILL OUT THIS FORM (print and place in a baggie with any medications they have):**
https://drive.google.com/file/d/1YmfBJImFNwNM1IH0Mc9cb0A_dsMUTG1/view?usp=sharing
 - The EPI pens must be seen and checked in by First Aid, and then they will be placed in a baggie with your camper's name and given back to them

★ DIABETES

- If your camper has diabetes, please review these documents
- **PLEASE REVIEW**
<https://drive.google.com/file/d/1tUFJnPINbVMR6n9Zhxb6rZ-vALqTZVTs/view?usp=sharing>
- **PLEASE REVIEW AND FILL OUT (place in baggie with campers medications if they have any):**
https://drive.google.com/file/d/1MnT0etakZHllgZR3B8hrK8oWdzLT_FOZ/view?usp=sharing

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