

Tuesday Lenten Prayers 2026

First Week of Lent

Gathering Song: *Loving and Forgiving - Verse 1*

Sign of the Cross: In the name of the Father...

Call to Prayer: We adore You, O Christ, and we bless You.
- Because by Your holy cross, You have
redeemed the world. (Prayer composed by St. Francis)

Introduction: During these sacred days of Lent, we are asking Our Lord to walk with Him to Calvary in the spirit of Saint Francis of Assisi. Each Tuesday, we will pray for one particular grace from the life of Saint Francis. Saint Francis brought special JOY to the people when he created the first Live Nativity, which was the beginning of our manger scenes at Christmas. This week we pray for the JOY of serving all those in need.

Intercessions: Saint Francis said: *“The deeds you do may be the only sermon some people will hear today.”*

The Response is: LORD, HAVE MERCY.

For the grace to live today with JOY:

J - Jesus first, **O** - Others second, **Y** - Yourself last, we pray...

For all those who feel no JOY and are sad today, we pray...

For our parents and teachers, who show us the JOY of serving others everyday, we pray...

Pray Together:

SAINT FRANCIS' PRAYER FOR PEACE

Lord, make me an instrument of your peace...

Sign of the Cross:

In the name of the Father...

Second Week of Lent

Gathering Song: *Loving and Forgiving - Verse 2*

Sign of the Cross: In the name of the Father...

Call to Prayer: We adore You, O Christ, and we bless You.
- Because by Your holy cross, You have redeemed the world.

Introduction: This week, we ask for the grace to pray at the CROSS. Saint Francis himself gave us the devotion of the STATIONS OF THE CROSS. After a visit to the Holy Land, he desired to find a way that everyone could trace the steps of Jesus to Calvary in any place and at any time. Through pictures, various images, and beautiful prayers, Francis showed us how to walk with Jesus and experience His incredible love for us through the STATIONS OF THE CROSS.

Intercessions: Saint Francis wrote the prayer: *“We adore You, Christ and we bless You, because by Your holy CROSS, You have redeemed the world.”*

The Response is: LORD, HAVE MERCY.

For all who are bearing heavy CROSSES today,
we pray...

For the generous spirit of Simon to help others
carry their CROSS today, we pray...

For the brave heart of Veronica in wiping the tears of anyone who is sad
today, we pray...

Pray Together: SAINT FRANCIS' PRAYER FOR PEACE

Lord, make me an instrument of your peace...

Sign of the Cross: In the name of the Father...

Third Week of Lent

Gathering Song: *Loving and Forgiving - Verse 3*

Sign of the Cross: In the name of the Father...

Call to Prayer: We adore You O Christ and we bless You.
- Because by Your holy cross You have redeemed the world.

Introduction: This week, we pray for the grace to love all of CREATION in imitation of Saint Francis. Our Creator God has gifted us all with our Common Home, the Earth in all its beauty. But.. many are suffering their own Calvary for lack of healthy food, clean water, and safe shelter because of other's selfishness.

Intercessions: Saint Francis said: *"Praise be to You, my Lord, through our sister, Mother Earth, who sustains and governs us."*

The Response is: LORD, HAVE MERCY.

That we may never waste food and be grateful for every meal that we share, we pray...

That those who suffer lack of food and water and shelter will receive a helping hand this day, we pray...

That we may be generous with our various food collections for the poor and with our parish poor boxes, we pray...

Pray Together:

SAINT FRANCIS' PRAYER FOR PEACE

Lord, make me an instrument of your peace...

Sign of the Cross:

In the name of the Father...

Fourth Week of Lent

Gathering Song: *Loving and Forgiving: Verse 4*

Sign of the Cross: In the name of the Father...

Call to Prayer: We adore You, O Christ, and we bless You.
- Because by Your holy cross, You have redeemed the world.

Introduction: This week, we pray for hearts of COMPASSION to give to all who are suffering. Two years before he died, Saint Francis was given the Stigmata. The Stigmata meant that he physically experienced the the wounds of Jesus in his hands and feet and side. That close union with Jesus' Passion made Francis offer COMPASSION to others; feeling their pain.

Intercessions: Saint Francis said: *“Preach the Gospel and if necessary, use words.”*

The Response is: LORD, HAVE MERCY.

For all the sick and all who are grieving the loss of a loved one,
we pray...

For all those in hospitals and nursing homes, especially our
Sisters in Camilla Hall, we pray...

For all who are victims of violence and war, we pray...

Pray Together: SAINT FRANCIS’ PRAYR FOR PEACE

Lord, make me an instrument of your peace...

Sign of the Cross: In the name of the Father...

Fifth Week of Lent

Gathering Song: *Loving and Forgiving* – Verse 1

Sign of the Cross: In the name of the Father...

Call to Prayer: We adore You, O Christ, and we bless You.
- Because by Your holy cross, You have
redeemed the world.

Introduction: This week, we pray to live each day as true
PEACEMAKERS. People of all religions
honor Saint Francis as a holy man of PEACE.
His famous PEACE PRAYER has been recited and sung
by millions and millions of his followers. May we strive
to live the words of this powerful prayer.

Intercessions: Saint Francis prayed: “*Lord, make me an instrument
of your PEACE...*”

The Response is: LORD, HAVE MERCY

Help us to be true PEACEMAKERS in our words and actions
at home, at school, and at play, we pray...

Help our Military who are giving their lives every day to
preserve our PEACE, we pray...

Help all Leaders to work for PEACE in our cities, our country,
and around the world, we pray...

Pray Together:

SAINT FRANCIS' PRAYER FOR PEACE

Lord, make me an instrument of your peace...

Sign of the Cross:

In the name of the Father...

