

CATHOLIC TECHNOLOGY RESOURCES FOR RELIGIOUS EDUCATION

Instruct the wise and they become wiser still. Proverbs 9: 9

Catholic Podcasts

Catholic Sleep Meditation

Every educator knows the importance of a good night's sleep. The Catholic Sleep Meditation Podcast will help you surrender the worries of the day in order to rest. Each meditation slowly guides your mind to rest, swapping the day's anxieties for a peaceful sleep. Each meditation is inspired by a different Bible story or passage. Find it on your favorite podcast app.

The Saints Podcast

Each week a new five-part series about a particular saint is brought to life by the Merry Beggars. Join Joan of Arc as she leads the French army, Patrick of Ireland as he escapes slavery and many more faith-filled and inspiring stories. You can get daily episodes and activities delivered to your email by signing up at thesaintspodcast.com or you can listen to each episode on your favorite podcasts app.

Apps for Ipad, Iphone

Juice Box The Catholic Kids Show

Spirit Juice Studios created fun videos, stories, and crafts to teach children about Jesus. Your host, Dilly, guides you through segments involving toys, songs and crafts. Learn about Faith basics, an explanation of major concepts such as the Holy Trinity and the Sacrament of Confession. Watch animated and live-action stories detailing the lives of saints and important Catholic figures. It also offers seasonal guides and challenges. Juice Box is available for free at www.spiritjuicekids.com and on YouTube Spirit Juice Kids.



Calm Catholic Kids

Calm Catholic Kids is a gentle audio app for little Catholics PreK-K containing soothing stories, prayers and calming practices. Each story features an animal friend who helps the child name and work through their feelings. Every story also has a practice track you can play with your student the next time they experience that feeling. You can pray classic Catholic prayers, the Our Father, Hail Mary and Guardian Angel prayer, and others. The app is also great for parents to use at home with their young children. It is available for free in the App Store and also offers in app purchases and no ads in the app.



Shared Wisdom

Two heads are better than one. Please submit your favorite technology resources for Catholic religious education at krantzihm@yahoo.com. Submissions will be included in upcoming issues. Many thanks to those who shared tools for this issue.