



GPS for Success



Recalculating Positive Social and Emotional Strategies which create healthy climate and learning in the classroom.

Being a Good Sport

Teaching children what sportsmanship is and why it matters is most important to their social development. Encourage them to shake hands with opponents and praise teammates. Teach them to enjoy games for fun, and not just for winning. If they lose, don't allow them to make excuses, and if they win, do not rub it into those who lose. It is important for them to learn from mistakes and get back into the game.

Empathy

Empathy is a crucial skill that helps children understand and connect with others. Children learn by observing. Show empathy when they are upset or facing challenges. Be sensitive to their feelings and they will know what it is like for others when someone shows empathy. Remember that empathy is a skill that can be taught and improved upon. By showing children how to be kind, understanding and accepting of others, you contribute to a more compassionate world.

Following Directions

Before giving a child directions, it is essential that you have their full attention. Another key component for helping children learn to follow directions is being clear on what you need them to do. To achieve this, be direct and use simple language. It sometimes is helpful to have the child repeat the instructions to ensure that they have understood what they have been directed to do.

Good Hygiene

Hand Washing - Teaching children how to wash their hands is probably one of the most important of health and hygiene habits. Hand washing is one of the best ways to prevent illness and stop germs from spreading.

Sneezing and coughing – Teach children to cover their mouth and nose with a tissue or into the crook of their arm if they cannot reach a tissue fast enough.



Having Patience



Patience is the ability to wait for something without getting upset and maintaining a positive attitude. Children who are patient remain calm even if they feel quite impatient that things are taking longer than they expect. Patience involves some degree of acceptance and tolerance and is often easier to practice when there is a goal or reward to look forward to. The importance of children learning patience is that it teaches them delayed gratification. They learn that they must sometimes wait to get what they want; it does not always come immediately. Taking turns is a great way for children to learn patience.

Having A Positive Attitude

Teaching children how to turn a negative attitude around can help them learn some important coping skills that will serve them well throughout life.

Listening

Effective listening is an essential skill for learning. Psychology suggests that listening properly is closely related to the rounded growth in a child. Listening improves concentration, memory, and vocabulary. It also adds clarity to communication and thought. Good listening also builds confidence in a child and thus improves relationships. Another important aspect of good listening is that it enables experiential thinking.

Personal Space

By learning about personal space, children develop self-awareness and an understanding of their own boundaries. They learn to recognize when they feel uncomfortable or invaded and can communicate their needs effectively. Understanding personal space helps children develop empathy, respect other's boundaries, thus fostering positive relationships and reducing conflicts.

Taking Turns

Taking turns is an important part of communication development. When children learn to take turns, they learn the basic rhythm of communication. They learn to share and cooperate with others. They practice patience, empathy and self-control.



Using Manners



Gratitude and politeness are valued traits which should be taught at a very early age. When children express their appreciation for things which are done for them or given to them, they feel better about themselves and develop a sense of empathy as they recognize that other people are going out of their way for them. Without expressions of gratitude children become self-centered and take things done for them for granted. Stepping aside for an adult, holding a door for someone, and not interrupting when someone else is speaking are also manners which should be taught at an early age.

Using Polite Words

“Please”, “Thank you”, “Excuse me” and “I’m sorry” are some of the most commonly used words which show politeness. Children who use these words often come across as gracious and thoughtful, both admirable qualities.

Working With Others

Learning to get along with others is an important skill for young children to develop. By encouraging empathy and cooperation, discussing social scenarios, and demonstrating conflict resolution skills, we can help a child learn how to get along with others.



Teaching is more than imparting knowledge; it is inspiring change. Learning is more than absorbing facts; it is acquiring knowledge.

William Arthur Ward

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