$25 PP

The Power of FOOD

LONGBOAT KEY PARADISE CENTER

WITH HEALING CHEF KIMBERLY KNOX

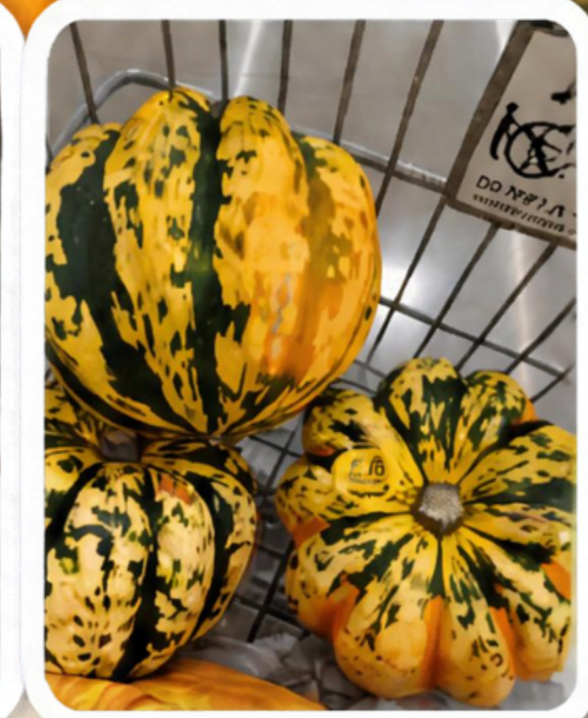
THURSDAY, 11/5
12:30 PM-2:00 PM

RSVP: 941-383-6493
RSVP@THEPARADISECENTER.ORG

THIS MONTH'S FOCUS: SQUASH A NUTRIENT-PACKED STAPLE OF SEASONAL FALL EATING!







FEATURED RECIPE: STUFFED ACORN SQUASH

6200 GULF OF MEXICO DRIVE *(INSIDE THE LONGBOAT ISLAND CHAPEL)*

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