



## About Teen CERT

As a teen, there are probably a lot of things you're told you can't do. But there is one very important thing you can do: Learn to protect yourself, your family, and your friends in case of a disaster.

Community Emergency Response Team (CERT), sponsored by the Federal Emergency Management Agency (FEMA), is a national program of volunteers trained in disaster preparedness and emergency response. Volunteers come from all ages and all walks of life, including teenagers like you!

Would you know what to do if an emergency struck your community or your school? After a disaster, professional responders will be needed everywhere. In the chaotic aftermath of an emergency, who could help until professional responders arrive? Who could be the first person on-scene to step up? The answer: You.

When you see a classmate's or a teacher's look of fear, or confusion, you can be the support they need. You

Spring Break  
Teen CERT  
Disaster Preparedness  
&  
Emergency Response Training  
April 10 – 14, 2017



FEMA

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## What You Learn

It takes about 20 hours to complete the CERT training. But the critical skills you learn will last your entire life.

- Extinguish small fires
- Conduct light search and rescue
- Assist those who are injured
- Set up medical treatment areas
- Assist emergency responders
- Identify and anticipate hazards
- Reduce fire hazards in the home and workplace
- Help reduce survivor stress

## What You Do

We all have a role to play in ensuring the safety of our communities. No matter where you live, no matter who you are, no matter how you participate. What role will you play? Once you complete your CERT training, you can participate in or lead a variety of activities. Here are some examples:

During an emergency your Teen CERT could:

- Organize other volunteers
- Assist in evacuations
- Provide damage assessment information
- Provide shelter support
- Give assistance to other survivors
- Assist with crowd control

For year-round assistance to your school, your Teen CERT could:

- Participate in disaster drills and exercises
- Present fire safety classes
- Address safety issues in the school
- Provide peer mentoring
- Assist in preparedness outreach

## Learn More

To find out more about the Spring Break Teen CERT training and to register please contact:

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