Heroism Medals

Sons of the Revolution

May 18, 2026

Paramedic Doughty and EMT Slivinskiy

On October 6, 2025, the crew of M6105, Paramedic Doughty and EMT Slivinskiy, demonstrated exceptional skill, composure, and teamwork under highly challenging circumstances. Dispatched Code 3 to a helicopter crash on the freeway, they navigated against traffic on the 59th Street Bridge to gain rapid access, arriving to find a downed aircraft blocking all lanes. Working seamlessly with the City of Sacramento Fire Department's Engine 5 and Engine 8, they assumed care of a critically injured patient who had been trapped beneath the helicopter. The patient had been secured to a backboard with precautions taken to protect her neck and spine, and IV lines were already in place, allowing the crew to quickly move her onto their gurney for immediate transport to UC Davis Medical Center.

During transport, the crew performed a thorough assessment, identifying serious injuries to both arms and signs that the patient was not getting enough oxygen. They quickly provided high-flow oxygen, which improved her condition. Despite the severity of the incident, the crew remained calm and focused, continuously monitoring the patient and coordinating care with assisting personnel. Their decisive actions, strong clinical judgment, and unwavering commitment to patient care reflect the highest standards of our profession and bring great credit to themselves and Metro Fire.