

***New in August**

Drop in Support Groups: for grief and loss

Hand in Hand- For older adults who have experienced the death of a spouse or partner over the last two years. Meets the 1st and 3rd Tuesday of the month.

Time: 10:30 – 12:00pm

Place: JCFS, 5150 Golf Rd, Skokie

Fee: \$10.00 a session (adjustable)

Contact: Marsha Raynes, LCSW, (847) 745-5408

Email: Marsharaynes@jcfs.org

Legacy after Loss- For those who have experienced the death of a Parent or sibling over the last two years. Meets the 2nd and 4th Wednesday of the month.

Time: 6:30 – 8:00pm

Place: JCFS, 6639 N. Kedzie Chicago

Fee: \$10.00 a session (adjustable)

Contact: Elizabeth Cohen, LCSW, (847)745-5404

Email: elizabethcohen@jcfs.org

For access to help, call 855.ASK.JCFS (855.275.5237), email ask@jcfs.org or visit **jcfs.org**.



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