

# Beth Emet Synagogue Shavuot Smorgasbord

May 28, 2020

No Registration required- Scroll Down for Descriptions  
Reach out to Marci Dickman ([MDickman@bethemet.org](mailto:MDickman@bethemet.org)) with any questions.

Traditionally Shavuot celebrates the receiving of the Torah at Mt Sinai and is celebrated with dairy products such as cheesecake. This year Shavuot is Thursday, May 28. It is a time for our Beth Emet community to come together for fun, learning and socializing. The program is varied and there are activities for families, teens and adults. Some of the programs require a bit of prep in your homes so please do take a look below. On Thursday, just choose from the buffet table below and click on the Zoom links for the programs you would like to attend. We encourage you to choose your own adventure- pick one session or join them all!

Time Slot	Session/Events
4:00-5:00 PM	Session 1
5:00-6:00 PM	Session 2
6:00-6:45 PM	Dinner with Beth Emet Friends
6:45-7:20 PM	Trivia Game
7:20-7:45 PM	Prayers and Songs
7:45-8:45 PM	Session 3
8:45-9:45 PM	Session 4
9:45-10:30 PM	Storytelling for All

## Session 1: 4:00-5:00 PM

<b>Activity</b>	<b>Presenters</b>	<b>Zoom Information</b>
Building Mt Sinai in your Home	Emily Nidenberg	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 848 1263 8016
Ice Cream, Yoga and Singing for Families with Young Children	Kathy Kaberon, Ronit Levy and Cantor Cotler and Beth Reinstein	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 899 7434 3643
Baking Cheese Cake <a href="#">Click here for the recipe</a>	Elaine Knobel	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 881 4247 9351
The Nature of Prayer – What are we really doing?	Alden Solovy (joining us from Jerusalem)	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 963 006 6598

## Session 2: 5:00-6:00 PM

<b>Activity</b>	<b>Presenters</b>	<b>Zoom Information</b>
Yoga at Sinai	Rabbi London	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 847 2171 3395
Hair Cutting	Elsa Gould	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 817 4167 0036
Reflecting on Revelation	Sara Blumenthal	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 852 5366 8110

## Dinner with Beth Emet Friends

6:00-6:45 PM

Expand your walls at home, celebrate Shavuot and share dinner/conversation with Beth Emet friends, new and old. Arrange to eat with friends or join a dinner link below with a random group or one that is focused on a specific topic (e.g. Israel current events and Netflix). And another plus - you can share a meal without worrying about dietary restrictions.

<b>Activity</b>	<b>Presentors</b>	<b>Zoom Information</b>
Chasamba Dinner and shmooze	Rose Johnson and Maia Volk	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 810 8556 6266
BESSY dinner and shmooze	Sam Waldorf and Maia Volk	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 810 8556 6266
Israel Discussion	Rabbi Andrea and Daniel London	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 848 9563 4060
Excellent (Quarantine) Adventures: Netflix & New Found Hobbies	Cantor Cotler and Kathy and Dan Kaberon	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 816 2342 7355
Look Who's Coming to Dinner	Bekki and Dan Kaplan	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 830 8189 1618

## Trivia Game- The Finale: 6:45-7:20 PM

<b>Activity</b>	<b>Presenters</b>	<b>Zoom Information</b>
Summitting Mt. Sinai Trivia Game - The Finale	Lynn Friend and Rabbi London	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 826 9750 3391

## Prayers and Songs: 7:20-7:45 PM

<b>Activity</b>	<b>Presenters</b>	<b>Zoom Information</b>
Prayers and Songs from Sinai	Rabbi London, Rabbi Memis-Foler, Cantor Cotler	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 963 006 6598

### Session 3: 7:45-8:45 PM

<b>Activity</b>	<b>Presenters</b>	<b>Zoom Information</b>
Shavuot through the lens of Tikkun Middot  <i>For those who are already engaged in Va'adot</i>	Bekki and Dan Kaplan, and Barbara Stock	<i>For those who are already engaged in Va'adot</i> <a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 842 0452 2073
Blintz Souffle anyone? <a href="#">Click here for the recipe</a>	Neal Moglin	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 842 2474 7301
The God struggle – What do I really believe?	Marci Dickman	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 894 3259 5503

### Session 4: 8:45-9:45 PM

<b>Activity</b>	<b>Presenters</b>	<b>Zoom Information</b>
Jews Flying through the Air	Stewart Cherlin	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 847 2151 9590
Welcoming Ruth - in Earnest or with Ulterior Motives?	Rabbi Memis-Foler	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 810 2793 6140

### Storytelling for All

9:45-10:15 PM

<b>Activity</b>	<b>Presenters</b>	<b>Zoom Information</b>
At the End of the Omer - Stories at Sinai <i>A contemporary tale of journeys and meeting up with those we knew way back then and what we bring to the table!</i>	Jerry Kaye, Marilyn Price and Zach Selch	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 849 0538 7758

# **Details and Descriptions:**

## Session 1: 4:00-5:00 PM

<b><i>Building Mt Sinai in your Home</i></b> <i>Join Emily Nidenberg</i> Imagine you were there, at Mt. Sinai, listening to the lightening and seeing the thunder. (Is this really what happened?) We will be together at Sinai, ready to receive the Ten Commandments and we will build the mountains in our own homes. Materials needed: Imagination, determination and a willingness to gather. Planned for families with children in grades K to 3.	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 848 1263 8016
<b><i>Ice Cream, Yoga and Singing for Families with Young Children</i></b> <i>With Kathy Kaberon, Ronit Levy and Cantor Cotler and Beth Reinstein</i> We'll make ice cream for Shavuot, climb Mt. Sinai with yoga poses along the way and sing and dance with Beth Reinstein and Cantor Cotler. Perfect for kids under age 6 You'll need a plastic bag, 16 oz. mason jar and lid, along with <ul style="list-style-type: none"><li>• 1 cup heavy cream</li><li>• 1 1/2 Tbsp granulated sugar</li><li>• 1 1/2 teaspoons vanilla extract</li><li>• Pinch of salt</li></ul> Optional: <ul style="list-style-type: none"><li>• 1 Tablespoon jam</li><li>• 1 Tablespoon nuts</li><li>• 1 Tablespoon chocolate bits</li></ul>	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 899 7434 3643
<b><i>Baking Cheesecake</i></b> <i>With Elaine Knobel</i>  <a href="#">Click here for the recipe.</a>	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 881 4247 9351
<b><i>The Nature of Prayer – What are we really doing?</i></b> <i>With Aiden Solovy</i> What's the nature of prayer? What do our sages— ancient and modern— say we should expect of prayer? What happens when we pray? Join Liturgist and Beth Emek alum Aiden Solovy for a conversation about prayer, including a classic understanding of prayer and our own personal experiences. ( <a href="#">Please print source sheet.</a> )	<a href="#">Zoom Link</a> Call: 312-626-6799 Meeting ID: 963 006 6598

## Session 2: 5:00–6:00 PM

<p><b><i>Yoga at Sinai</i></b>  <i>With Rabbi London</i></p> <p><i>On Shavuot we approach Mt. Sinai and express our appreciation and wonder at the gift of Torah in our lives. We'll do some gentle movement and have some fun as we embody teachings from Torah. This is open to people of all ages and all physical conditions. Curiosity, openness, and a sense of play are all that's needed (and some clothing in which you are comfortable moving in!)</i></p>	<p><a href="#">Zoom Link</a>            Call: 312-626-6799            Meeting ID: 847 2171 3395</p>
<p><b><i>Hair Cutting</i></b>  <i>With Elsa Gould</i></p> <p>Have you reached a state of shaggy desperation? Join other brave Beth Emet members with your haircutting tools for a session led by congregant, Elsa Gould, as she helps you give your quarantine buddy a new do. Depending on your particular style, you'll need trimmers (with a beard trimming attachment), a pair of haircutting scissors, a fine tooth comb, a spray bottle, a towel, and your sense of humor.</p>	<p><a href="#">Zoom Link</a>            Call: 312-626-6799            Meeting ID: 817 4167 0036</p>
<p><b><i>Reflecting on Revelation</i></b>  <i>With Sara Blumenthal</i></p> <p>How does the way I imagine revelation influence how I relate to Torah as a Jew? What does it mean to be part of the <i>Shalshet Hakabalah</i>, the ongoing chain of tradition? Through a look at different understandings of revelation we will ponder these questions and consider their implications for our lives. Sara Blumenthal grew up at Beth Emet and is entering her fourth year of rabbinical school at Hebrew College in Boston.</p>	<p><a href="#">Zoom Link</a>            Call: 312-626-6799            Meeting ID: 852 5366 8110</p>

## Session 3: 7:45 PM–8:45 PM

<p><b><i>Shavuot through the lens of Tikkun Middot</i></b>  <i>For those who are already engaged in Va'adot with Barbara Stock, Dan Kaplan and Bekki Kaplan</i></p> <p>Imagine yourself among the community of Israelites on their journey from Egypt to Sinai – from the known into the unknowable. Which character traits would one need to draw upon to begin, continue, and complete that epoch schlep? Help us mindfully ponder this question from <u>A</u>navah to <u>Z</u>erizut. (For those who have already stepped into a Tikkun Middot Va'ad.)</p>	<p><i>For those who are already engaged in Va'adot</i></p> <p><a href="#">Zoom Link</a>            Call: 312-626-6799            Meeting ID: 842 0452 2073</p>
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<p><b><i>Blintz Souffle anyone?</i></b>  <i>with Neal Moglin</i></p> <p>“Love blintzes but not the potchke of making, filling, and folding dozens of little pancakes? Ina Garten has your back. Follow along with me as we make Ina’s Blintz Soufflé with berry compote.  <a href="#">Click here for the recipe.</a></p>	<p><a href="#">Zoom Link</a>  Call: 312-626-6799  Meeting ID: 842 2474 7301</p>
<p><b><i>The God struggle – What do I really believe?</i></b>  <i>with Marci Dickman</i></p> <p><i>“I can’t imagine a God who would allow that. After my uncle died, I just could not believe in God anymore. Sometimes I find myself praying and I am not even sure I believe in God. God as a miracle maker is just not a God I can believe in. Maybe the stories are all just made up by people and we are following fables – how do we know they are divine?”</i></p> <p>Wondered about questions like these? We will explore our God concepts and look at a few Jewish ideas of God. (Yes, there may be only one God but Jews have many names for God and many ideas of God.) Bring your doubt and your questions.</p>	<p><a href="#">Zoom Link</a>  Call: 312-626-6799  Meeting ID: 894 3259 5503</p>

## Session 4: 8:45-9:45 PM

<p><b><i>Jews Flying through the Air</i></b>  <i>With Stewart Cherlin</i></p> <p>“Jews Flying through the Air” is an exploration of Talmudic text on responsibilities related to reestablishing an overgrown/lost path to reach one's field. As with many Talmud passages, a careful reading reveals profound meaning especially during challenging times of global pandemics, climate change and deforestation.  With Stewart Cherlin, congregant, scholar and artistic interpreter of Jewish texts, photography and music.</p>	<p><a href="#">Zoom Link</a>  Call: 312-626-6799  Meeting ID: 847 2151 9590</p>
<p><b><i>"Welcoming Ruth - in Earnest or with Ulterior Motives?"</i></b>  <i>With Rabbi Memis-Foler</i></p> <p>When Ruth returns with Naomi to Bethlehem how do different members of the community welcome here? How might Ruth’s story serve as a role model for us?</p>	<p><a href="#">Zoom Link</a>  Call: 312-626-6799  Meeting ID: 810 2793 6140</p>