



Roots of Empathy  
Racines de l'empathie

## You are invited to a Virtual Information Session on **Roots of Empathy**

**Wednesday, May 31, 2023 from 7:00pm-7:30pm**

### **What is Roots of Empathy?**

- An evidence-based, award-winning classroom program for elementary students.
- Research shows that the program has a significant effect on reducing students' levels of aggression, including bullying, while raising social and emotional competence and increasing empathy.
- A program centred around the best model of empathy – the loving relationship between a parent and baby - with a trained Roots of Empathy Instructor guiding discussions with children, encouraging them to read a baby's emotional cues and take the baby's perspective.



### **Become a Roots of Empathy Instructor!**

- Do you love working with children?
- Are you a good listener and want to help children have better relationships, friendships, and mental health?
- *This could be a GREAT opportunity for YOU!*

The HWDSB and the HMCDSB are proud to be longstanding supporters of Roots of Empathy. We are currently recruiting individuals to be trained as Roots of Empathy Instructors to deliver the program in schools throughout the Hamilton-Wentworth area. Instructors can be parents, volunteers, child/youth workers, early childhood educators, EA's, resource staff, community volunteers, retired teachers, local service providers, and more! You'll help us,

*"Change the world, child by child."*

### **Learn more about this exciting opportunity at this Virtual Information Session where we'll share:**

- An overview of the Roots of Empathy program and organization
- Testimonials from program participants and experts around the globe
- Details on what is involved in becoming a Roots of Empathy Instructor

**Please RSVP to Lori Fraser, Roots of Empathy Contact, Hamilton-Wentworth**  
[lori.fraser@hwcdsb.ca](mailto:lori.fraser@hwcdsb.ca)

#### **Zoom Meeting Link:**

<https://us02web.zoom.us/j/84266524182?pwd=d3k5U3J5R2FydFI2RC9zMUfCby9Bdz09>

**Meeting ID:** 842 6652 4182

**Passcode:** 128733