



For Immediate Release Please

Date: March 22, 2019

Contact: Denise Black, Healthy Acadia denise@healthyacadia.org or 667-7171

Healthy Acadia to Offer Recovery Coach Academy in April

Ellsworth. Are you interested in supporting others along their journey to recovery? Are you an individual in long-term recovery from substance use, a friend or family member of someone in recovery, or a recovery ally? Healthy Acadia is thrilled to offer a 30-hour Connecticut Community for Addiction (CCAR) Recovery Coach Academy, a training session for those interested in serving as peer-to-peer coaches for those seeking recovery from substance use, from April 30 to May 3, 2019 at the Ramada Inn, Ellsworth. Classes will meet from 8:30AM to 5:00PM each day.

Recovery Coach Academy, led by Healthy Acadia's certified Recovery Coach trainers, Terri Woodruff and Denise Black, is a highly interactive 4-day training using curriculum developed by the Connecticut Center for Addiction Recovery (CCAR) that provides participants with the knowledge and skills necessary to guide and mentor others through their own recovery process. For more information about recovery coaching and the CCAR model, visit www.ccar.us.

The course fee is \$100 per participant and priority is given to residents of Hancock and Washington counties. Course fee includes the Recovery Coach manual and, upon full course completion, 30 CEU's, issued by CCAR. **ADVANCE REGISTRATION AND PAYMENT IS REQUIRED.** Register online [here](#):

<https://goo.gl/forms/7IVMT5EjZZZFjPm22>. The course fee for Maine RecoveryCorps site supervisors and RecoveryCorps members will be provided by grant funding. For those that need financial assistance, full and partial scholarships are available. We strongly encourage those that are interested to apply.

For more information contact: denise@healthyacadia.org or terri@healthyacadia.org.

If your organization is interested in hosting a similar training in your community, or to learn more about recovery coaching, please visit www.HealthyAcadia.org or call (207) 667-7171 or (207) 255-3741.

###