

Phone: (207) 469-7691  
 E-mail:  
 Propertymanager@orlandme.org  
 Or see our FaceBook page

# Orland Community Center

## MARCH 2019

All Activities, dates and times are subject to change. **Keep posted for changes through the Orland Community Center FaceBook page**, or by calling (207) 469-7691.

The Orland Fitness Center is open  
**Mon-Fri 5am-8pm** and  
**Sat & Sun 7am-7pm.**  
 Fitness Memberships available

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Pickleball & Volleyball <b>FREE</b> for Current members	<b>ADULT WALKING</b> Adults may walk the building for exercise during business hours <b>EVERYDAY!</b>				1	2
3 <b>TRX</b> fee \$10 Call 974-7802	4 <b>Adult Pickleball</b> 8:30a-10:30a \$2 fee <b>NO ZUMBA</b>	5 <b>Adult Pickleball</b> 6p-8p \$2 fee <b>TRX</b> fee \$10 Call 974-7802	6 <b>Adult Volleyball</b> 6-7:30 pm \$2 fee	7 <b>Adult Pickleball</b> 8:30a-10:30a \$2 fee <b>ZUMBA</b> 6pm—fee \$5	8	9
10 <b>TRX</b> fee \$10 Call 974-7802	11 <b>Adult Pickleball</b> 8:30a-10:30a \$2 fee <b>ZUMBA</b> 6pm—fee \$5	12 <b>Gentle Yoga</b> 9:00-10:15am fee\$13 <b>Adult Pickleball</b> 6p-8p \$2 fee <b>TRX</b> fee \$10—call 974-7802	13 <b>Adult Volleyball</b> 6-7:30 pm \$2 fee	14 <b>Adult Pickleball</b> 8:30a-10:30a \$2 fee <b>Gentle Yoga</b> 9:00-10:15am fee\$13 <b>ZUMBA</b> 6pm—fee \$5	15	16 <b>BUCKSMILLS ROD &amp; GUN SHOW</b> 9AM-5PM
17 <b>TRX</b> fee \$10 Call 974-7802 <b>BUCKSMILLS ROD &amp; GUN SHOW</b> 9AM-2PM	18 <b>Adult Pickleball</b> 8:30a-10:30a \$2 fee <b>ZUMBA</b> 6pm—fee \$5	19 <b>Gentle Yoga</b> 9:00-10:15am fee\$13 <b>Adult Pickleball</b> 6p-8p \$2 fee <b>TRX</b> fee \$10—call 974-7802	20 <b>Adult Volleyball</b> 6-7:30 pm \$2 fee	21 <b>Adult Pickleball</b> 8:30a-10:30a \$2 fee <b>Gentle Yoga</b> 9:00-10:15am fee\$13 <b>ZUMBA</b> 6pm—fee \$5	22	23 <b>CABIN FEVER RELIEVER CRAFT &amp; VENDOR FAIR</b> 9AM-2PM
24 <b>TRX</b> fee \$10 Call 974-7802	25 <b>Adult Pickleball</b> 8:30a-10:30a \$2 fee <b>ZUMBA</b> 6pm—fee \$5	26 <b>Gentle Yoga</b> 9:00-10:15am fee\$13 <b>Adult Pickleball</b> 6p-8p \$2 fee <b>TRX</b> fee \$10-call 974-7802	27 <b>Adult Volleyball</b> 6-7:30 pm \$2 fee	28 <b>Adult Pickleball</b> 8:30a-10:30a \$2 fee <b>Gentle Yoga</b> 9:00-10:15am fee\$13 <b>ZUMBA</b> 6pm—fee \$5	29	30
31 <b>TRX</b> fee \$10 Call 974-7802						