



For Immediate Release Please

Date: March 22, 2019

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“Adverse Childhood Events (ACES)” Training Set for April 1 in Ellsworth

Healthy Acadia and the Hancock County Drug Free Communities Initiative will sponsor, "The Role of Life Experiences in Raising Healthy & Thriving Children & Communities," a free presentation and community discussion featuring Kristen Plummer of the Maine Resilience Building Network. This presentation is an introduction to the Adverse Childhood Experiences (ACE) Study, exploring what adverse childhood experiences look like in Maine, the impact of toxic stress on healthy brain development, and the important role that resilience building plays in healthy and thriving children and communities. Learn more about ACES at www.maineaces.org.

The training will take place on Monday, April 1, 2019 at the Ellsworth City Hall Council Chamber from 3:00 pm to 4:15 pm. Interested community members who work or interact with youth, including parents, caregivers, teachers, coaches, coalition members, and health care providers, are welcome and encouraged to attend.

Pre-registration is requested, as seating is limited and light refreshments will be provided. Register online at: <https://docs.google.com/forms/d/e/1FAIpQLSfAXSHgQaCx91EDebG9n-D2pDysitydpyHMfX2g5g-zSKBowg/viewform>. For more information, please contact Tara Young at 667-7171 or email tara@healthyacadia.org.

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