



# Meet the crew: **Lidia Gray**

**Sailing School Director  
PR/Breeze**

When I was little, my Dad tossed me in the deep end of the pool and said, “you’ll figure it out”. When I was a bit older, the mature age of 6, he strapped a life jacket on me, put me in an Opti and said, “the worst thing that will happen is you will get cold and wet”.

He didn’t tell me I’d fall in love with a life-long adventure.

As a sport, sailing offers physical challenge and many unique benefits from fitness and awareness, to lessons in resourcefulness and problem solving.

But what I love the most is the people. The camaraderie among sailors is unlike any I’ve seen elsewhere.

I founded the PCC Sailing School in the summer of 2019 with the hope to get as many people on the water as I can.

