



IMMANUEL

Broken & Loved, Saved by Jesus, Freed to Live



Even to your old age I am he, even when you turn grey, I will carry you. I have made, and I will bear; I will carry and save.
Isaiah 46:4

A new report on family caregivers details how congregations can play a role in supporting the increasing numbers of members caring for elders.

"Whether their care journey feels like a roller coaster, the deep end, or a long marathon, family caregivers are at risk for emotional, financial, and spiritual exhaustion as they balance both work and care and are tempted to journey alone," writes Lutheran pastor Amy Zietlow.

Zietlow, a former hospice chaplain, says that the overall number of unpaid caregivers to the elderly – about 41.3 million – is expected to rise, citing AARP statistics. *"Called to care: Honoring Elders & the Family Care Journey"*, just published, proposes ways congregations can assist. It suggests that houses of worship provide volunteers to help caregivers by warmly listening and checking in to acknowledge their journey.

"Congregational ministry creates an environment where the potential for companionship and mutual support thrives," writes Zietlow, "and we need congregations, workplaces, and public policies that honor and support these superhero caregivers."

Fill us, O Lord, with a sense of compassion and openness. For those who give care to family members and friends, may they feel your loving hand and your sustaining power. May they find us eager to support them in the midst of their difficult task. Amen.



Week of
July 21, 2019

TODAY

9:00 Worship
10:00 Coffee & Conversation
10:15 I/ELCW Meeting

MONDAY

Tom's Day of rest
1:00 Quilters

TUESDAY

2:30 Staff Meeting

WEDNESDAY

2:30 Text Study
6:30 Youth & Ed & Mutual Ministry Meeting

THURSDAY

10:00 Food Pantry
5:00 Food Pantry

FRIDAY

PK's Day of Rest

SUNDAY

9:00 Worship
10:00 Coffee & Conversation
PK to Luther Park



Vacation Bible School Are you ready to Roar?

August 5th-8th
9am-Noon

We need help to set up the tent after worship on July 28th. Thank you!



Thank you to all of the volunteers that helped to make another successful stop for the Bike & Build group. There were 26 very grateful riders and their support team that enjoyed the AC and the wonderful food and hospitality!



Blessing of the House

Please join us for a blessing of 511 Second Street
On Sunday August 11th



Vacation Bible School Week August 5th-8th

Please join Marge the buffalo (and us) for worship daily at 9am in the Sanctuary.
Save the date for our celebration and pot-luck on Thursday the 8th at 6pm



THIS SUNDAY TEAM THREE

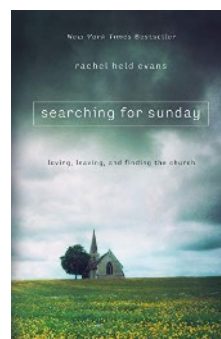
July 21, 2019

Dave & Ryan Brevick, Sara Cedarblade, Mavis Kjarland, Kevin & Cindy Kosok, Evan Olson

NEXT SUNDAY TEAM FOUR

July 28, 2019

Sue Church, Ron & Kim Erickson, Pamm Mercer, Steve & Annette Pomahatch, Evan & Ayden Shaw



Searching for Sunday:

Loving, Leaving, and Finding the Church by Rachel Held Evans

Book Group at Immanuel
August 19th at 6:30pm

Most of us know someone who is done with Church- or maybe we have felt like running away sometimes too.

This is the story of a thirty-something's wrestling with what is beautiful, ugly, and hopeful about being the Church together. The book is on the shelf in the lobby bookstore for \$10- or if you would like to listen instead- you can borrow the DVD from PK.

PRAYERS OF THE PEOPLE

PRAYERS OF JOY

as Bill & Dorothy Bjork welcome a great-grandson.

PRAYERS OF CHRISTIAN SYMPATHY

For the friends and family of Irene Stoyke & Mavis Kjarland as she grieves the death of her Mother-in-law.

PRAYERS OF HEALING

Ray, Bob, Kathy, Curt D, Bob J, Tom C, John N, Jackie G, Cory S, Brenda B, Bruce O, Darlene S, Mike, Mary B, Jim S, Jax, Wade, Adam, Bonnie, Caitlin, Joel W, Janice, Leah, Mike S, Johan, Shirley, David, Randy, Ann D, Carole, Tamra, Bill B, Bev B, Erna

PRAYERS FOR CARE CENTER FRIENDS

Ann B, Barb S, Carol, Alfred, Janeane, Maxine, Arlene