the gulfport senior center

YOGA
for OSTEOPOROSIS

INTRO/SEMINAR = JULY, 7TH 2023

PRACTICE = STARTS JULY 14TH

Fridays @ 9:30 AM

MUST PRE-REGISTER

CALL = 727-893-5657

at the Gulfport Neighborhood Center

(1617 49th St S, Gulfport, FL 33707)