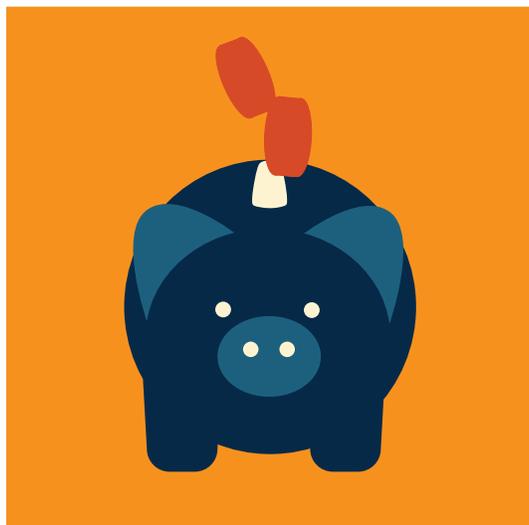


10

Education Commandments for Families Workbook

Presented by: The Latino Educational
Attainment (LEA) Initiative
Orange County, California





Orange County
Education and Research
Institute

Publishing Information

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Ordering Information

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THANK YOU LEA PARTNERS



DEDICATION:

**THIS GUIDE IS DEDICATED
TO ALL FAMILIES**

TABLE OF CONTENTS

Introduction	6
Commandment 1	
Commit as a family to be involved in school	8
Commandment 2	
Do my part in helping my child study	12
Commandment 3	
Understand how grades work	16
Commandment 4	
Learn how schools are structured	18
Commandment 5	
Learn what my child needs to graduate successfully from high school.....	24
Commandment 6	
Support the learning of mathematics, science and English	28
Commandment 7	
Encourage my child to take honors and advanced placement courses.....	32
Commandment 8	
Help my child prepare to be college and/or career ready	34
Commandment 9	
College options are affordable	38
Commandment 10	
Teach my child to be creative, to communicate, and to view challenges as opportunities	44
Congratulations on completing the program	46

WELCOME TO LEA'S

10 Education Commandments for Families.

Dear Parent or Guardian,

Congratulations on taking this valuable class! You are joining the tens of thousands of families that have already learned that education is a key to your children's future success and that your involvement is critical to their academic achievement.

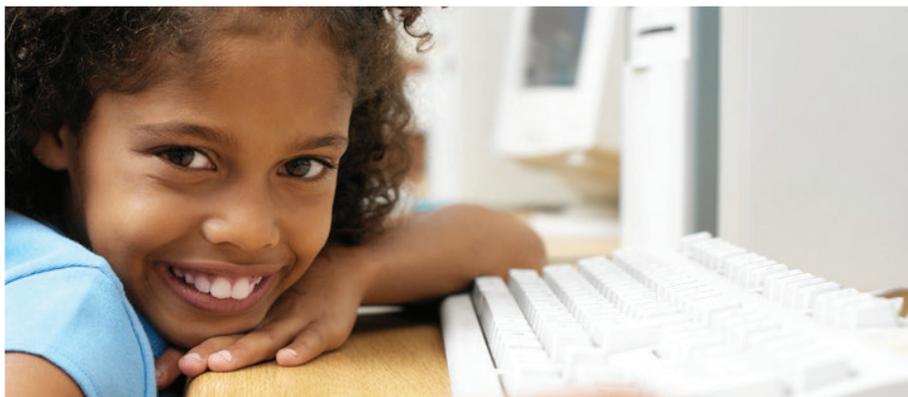
In this class you will learn:

- The school structure and what is important at each level;
- How to track academic progress;
- When and how to prepare for college and career; and
- How to help your child achieve his or her dreams.

You are encouraged to come to each class ready to learn. Don't be afraid to ask questions. If you are wondering something, then the person sitting next to you is probably wondering the same thing.

Thank you for giving your time to this critical class. Our goal is for you to be informed, encouraged, and inspired!

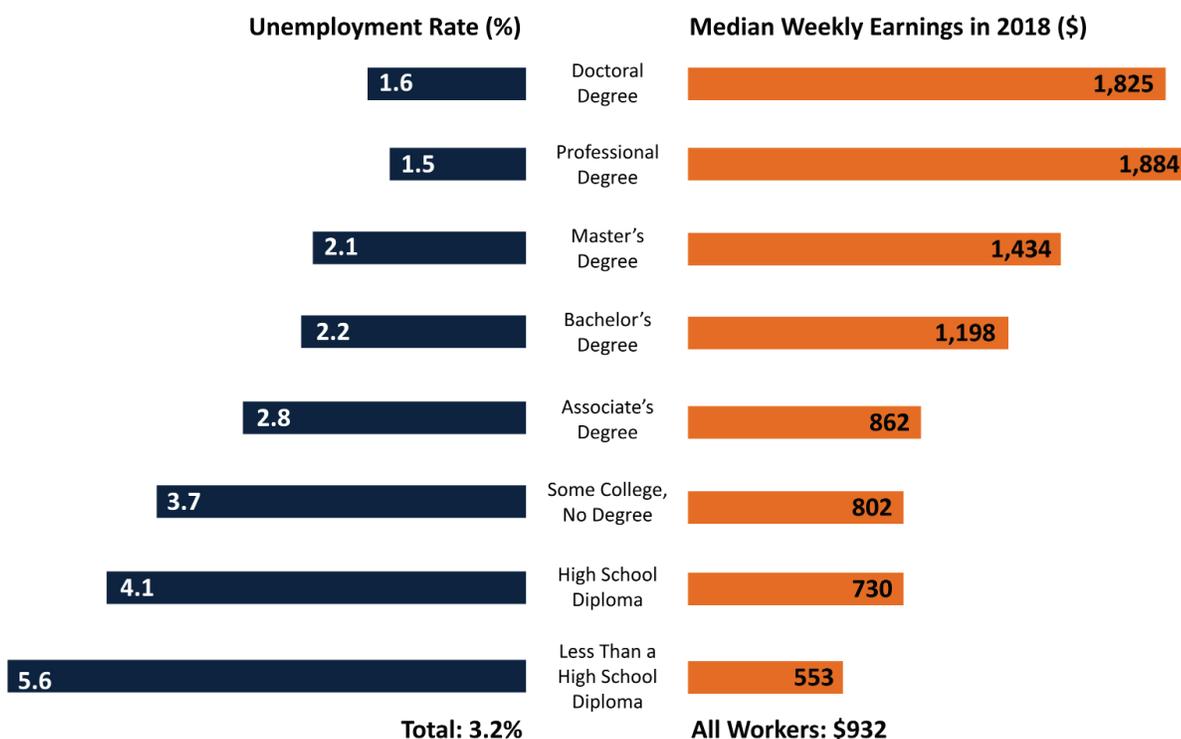
Enjoy the class!



EDUCATION PAYS

PEOPLE WITH HIGHER EDUCATION DEGREES HAVE THE POTENTIAL TO EARN A HIGHER SALARY THAN THOSE WITHOUT.

EARNINGS AND UNEMPLOYMENT RATES BY EDUCATIONAL ATTAINMENT



Note: Data are for persons age 25 and over. Earnings are for full-time wage and salary workers. Source: Current population Survey, U.S. Bureau of Labor Statistics, U.S. Department of Labor <https://www.bls.gov/emp/tables/unemployment-earnings-education.htm>

“For me, this information has been very important. I learned that it is essential for my children to have a college education and to gain the necessary skills for their future careers. I also learned that I play a key role in my children’s education and now I have the tools to support them all the way through college and to their career. I am a proud and empowered parent!”

LEA Parent Testimonial

COMMANDMENT 1

Commit as a family to be involved in school.



Family involvement in your child/children's education is an important way for you to support your child not only in school but for future life success. Everyone in the family has a role to play and something to contribute to their child's education.



HOW CAN FAMILIES GET INVOLVED WITH THEIR CHILDREN'S FUTURE?

The first step is to make a family commitment to your child's education. Commitment means that each family member invests time and knows his or her specific role. For example, an older brother can tutor his elementary-age sister for 30 minutes each day.

The family can also provide space and time for their children to study and complete homework. All members of the family should work together to support one another and avoid burnout. Building a family support structure will allow you to organize your time, visit the school, and communicate regularly with the teachers and/or the school liaison.

Get involved in parent groups. Ask for a school calendar, handbook, school map, the school directory, and any forms that are needed. To facilitate this process, complete the School Information form on the following page and keep it nearby so you have it for future reference.

STAY UP-TO-DATE WITH STUDENT PROGRESS: Parent Portal is an online resource families can access to keep track of their child's progress in school. Current student information can include: attendance reports, homework assignments, report cards, transcripts, test history and grades.

TIPS FOR SUCCESS

- 1** Know that everyone in the family has a role to play and something to contribute. Each person needs to identify their specific role in supporting a child's education.
- 2** Identify how each family member will organize their time to support each child's education.
- 3** Know the school goals and school structure. Meet with school officials, such as the principal, teachers, liaisons, secretaries, and parent representatives to build positive relationships.
- 4** Attend key events such as Back to School Night, Open House, and Parent Conferences.
- 5** Identify and participate in support programs that are available at the school site and in your community. For students, these programs can be tutorials, homework clubs, peer mentoring, after school programs, etc. Family resources can include parent education classes, informational nights, community services and involvement in committees/groups such as the Parent Teacher Association (PTA), School Site Council (SSC), English Learner Advisory Committee (ELAC), and the District English Learner Advisory Committee (DELAC).

SAMPLE - SCHOOL INFORMATION

IMPORTANT NAMES AND PHONE NUMBERS

School District _____ Phone _____

Superintendent _____ Phone _____

School _____ Phone _____

School Address _____

School Website _____

Principal _____

Email _____ Phone _____

School Secretary _____

Email _____ Phone _____

Teacher _____ Rm/Subject _____

Email _____ Phone _____

Other Names and Phone Numbers:

School Community Liaison _____

Email _____ Phone _____

Counselor _____

Email _____ Phone _____

Parent Portal on District Website: _____

Notes: _____

FAMILY EDUCATION

ACTION PLAN

AS A FAMILY WE CURRENTLY DO . . .

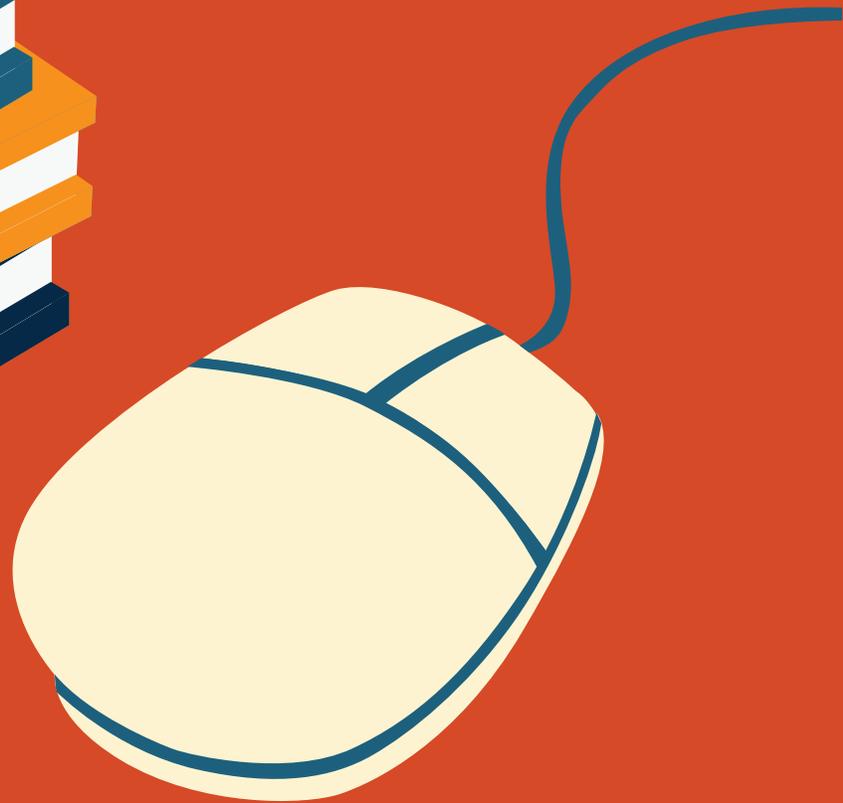
WHO	WHAT

AS A FAMILY WE WANT TO DO . . .

WHO	WHAT

COMMANDMENT 2

Do my part in helping my child study.



Supporting your child's education begins with your interest and support at home. What are you doing at home to support learning at school?



GIVE YOUR CHILD THE BEST GIFT OF ALL

TIME TO STUDY

Some families ask their children to take on household chores and other responsibilities for the family, such as baby-sitting and working.

Although it is important for children and adolescents to learn the value of responsibility, adults and children need to keep in mind that education is the child's priority. Provide the time to keep a balance between study and other responsibilities.

TIPS FOR SUCCESS

- 1** Homework is intended to provide appropriate practice for concepts learned in school. If your child does not seem to understand the concepts that are involved in the homework, be sure to contact the teacher to let him/her know that your child is struggling.
- 2** Find out when and where your child studies best. Some kids like to study in the morning, others in the afternoon or evening. Allow your child to study at school, in the library, or in an environment that is suitable for the family. It is also common for students to meet with classmates in study groups. Provide adequate space and a quiet time at home for your child to do his/her homework and study.
- 3** Help create and maintain a balanced routine at home by having schedules and goals for every family member. Everyone should know their schedule, including the times for homework, meals, free-time activities, chores, T.V. or other electronic devices.
- 4** Monitor your child's progress with homework. Homework can have an impact on your child's grades, so make a habit of checking the Parent Portal to help keep your child on track for completing and turning in assignments.
- 5** Take advantage of resources that can help you help your child with homework. Ask about homework clubs and tutoring opportunities at your local library or at your child's school. Ask for help when you have questions or concerns. It is a sign of strength and wisdom. Both you and your child will benefit when you have the answers you seek.

SAMPLE

WEEKLY FAMILY SCHEDULE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM	Wake up and eat breakfast						
7:00 AM	Free time	Get ready for school					Chores
8:00 AM		School					
9:00 AM							
10:00 AM							
11:00 AM	Home from school					Fun family activity	
12:00 PM							
1:00 PM							
2:00 PM	Do homework						
3:00 PM	Eat dinner						
4:00 PM	Reading time						
5:00 PM	Family time						
6:00 PM	Get ready for bed - brush and floss teeth						
7:00 PM	Bed time - Lights out!						
8:00 PM							
9:00 PM							
10:00 PM							

In addition to setting aside time as a family to plan out weekly schedules, it is important to get together to talk about everyone's weekly goals. This shows your child that each family member is involved in their education and proves to them that goals for self-improvement should not end once they are out of school.

WORKSHEET

WEEKLY FAMILY SCHEDULE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
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4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

“Personally, I enjoyed these classes because through it I have been able to visualize the different levels of education that exist in this country. Also learning how the GPA’s work and the opportunities for furthering their education by applying for financial aid.”

LEA Parent Testimonial