



CENTER FOR
**SPIRITUAL
LIVING**

2019

Camp Ubuntu

Tentative Schedule

9:00 to 9:30	Arrival, Smoothie Sunshine, Morning Music
9:30 to 9:50	Tai Chi, Yoga, Movement
9:50 to 10:00	Meditation
10:00 to 11:30	Morning Workshop
11:30 to 12:00	Crafts and Outside Play
12:00 – 1:00	Lunch
1:00 – 1:45	Afternoon Meditation
1:45 – 3:30	Afternoon Workshop
3:30 – 3:45	Break and Snack
3:45 – 4:45	Whole Group Activity (Music, movement, games)
4:45 – 5:00	Pray out and Farewell

****2 off campus fieldtrips are planned**