

Lucky Clover

Unit:	Skills
Trail:	Trail to Knowing Me
Group Size:	Individual
Time:	30-45 minutes

Activity Objective (*What is the main thing you want youth to learn, practice, or improve?*):

For students to acknowledge the ways in which they are fortunate.

Essential Question (*How does the activity relate to the unit objective?*):

Think about this past year. What makes you feel fortunate or lucky? What are you thankful for?

Supplies and Teaching Resources (*including books, websites, handouts, etc*):

Butcher paper, Clover template (1 per child), graphic organizer worksheet, markers, colored pencils, glue, scissors

Prep Before Lesson (*List all tasks to be completed before lesson implementation*):

Set aside supplies on craft table.

Introduction (*5-10 minute intro of the point of the activity to build excitement/interest*):

Facilitate a short discussion about what it means to be fortunate and write student answers on butcher paper in front of the class. After the short discussion, have students generate their own ideas and fill out the graphic organizer to help gather their thoughts.

Kid-Friendly Stated Purpose of Activity:

Now that we've talked a little bit about the different ways we feel fortunate or lucky, we're going to make a lucky 4-leaf clover!

Activity Instructions (*25-45 minute*):

1. **Brainstorm:** have students brainstorm the things they are thankful for and feel fortunate to have in their lives.
2. **Plan:** have students write their answers on scratch paper first.
3. **Create:** pass out supplies and have students write their answers on each clover leaf. After they have written their answers, pass out coloring utensils.

Notes:

Processing (*questions asked during the activity to encourage learning and understanding*):

Strategy (*mode of getting children to share during the activity about what they are doing*):

Questions:

- What are some of the things that you have that help you feel fortunate?
- What are some of the abilities you have that help you feel fortunate?

Reflection (5-10 minutes):

Strategy (*method of getting children to reflect on their experience*):

Questions:

- Why do you think it's important to gain an appreciation for what you have?
- How does it change your perspective about your life?
- How hard was it to think of ways in which you are fortunate?

Inclusiveness

Empathy

Confidence

Conflict Resolution

Life Skills

Nature

Students will practice reflection skills.