

WHAT IS A PLANNED GIFT?

A Planned Gift allows you to plan ahead of time to include the Armed Services YMCA San Diego in your will or estate. For many, this is a way to make a transformative contribution with generational impact.

Planned Gifts not only ensure the future sustainability of the Armed Services YMCA San Diego, they may give you an opportunity to address financial and estate planning issues in a beneficial way.

Examples of Planned Gifts include:

- Stocks and Bonds
- Land/Real Estate
- Retirement Assets
- Cash
- Insurance
- And more!



Planned Gifts result when the values of an institution align with a donor's own values and a belief that these values should be preserved for the future.

-Giving USA

ARMED SERVICES YMCA SAN DIEGO

OUR MISSION

The Armed Services YMCA San Diego enhances the lives of service members and their families in mind, body, and spirit through programs and services that are relevant to the unique challenges of military life.



CONTACT US TO LEARN MORE ABOUT MAKING A PLANNED GIFT!

If you've already included us in your Estate Plan, the correct wording for your attribution is to refer to us as The Armed Services YMCA San Diego.

Phillip Sammuli
Psammuli@ASYMCA.org
858-987-1216

ASYSD.org

ARMED SERVICES YMCA SAN DIEGO

BE A PART OF HISTORY WITH A PLANNED GIFT



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**



SUPPORTING THOSE WHO SERVE

Meet John:



When John enlisted in the military, he was excited about serving his country and making a difference in the world. What he did not expect, however, was that because of his decision to serve, he would worry that his family might not have enough food to eat.

The Armed Services YMCA San Diego exists to help service members and their families like John's.

Through providing essential, supportive, and uplifting programs and services at little to no cost, we allow our active-duty service men and women to focus on their mission, instead of their family's next meal.



“Without your program through the Armed Services YMCA, I don't know where I would be. Before your services I was a frightened and ashamed person that did not love myself. My anxiety and panic had made my world shrink smaller and smaller. I was in fear of losing my job and husband. But with your help, I am now overcoming my anxiety and living my life to the fullest. I can't express my gratitude with these words. But just know that you have changed my life so much.”

--Military Spouse who received Clinical Counseling services



PLANNING FOR THE FUTURE

The Armed Services YMCA was founded during the Civil War by YMCA volunteers who wanted to support soldiers in the field. We became a national organization thanks to a gift from Abraham Lincoln -- our first donor.

A lot has changed for service members since this time. By making a Planned Gift, you can ensure that no matter what the future holds for service men, women, and families, the Armed Service's YMCA San Diego will be there to support them.



We serve over 65,000 service members & their families each year.

Areas that need your support include:

- Clinical Counseling Support
- Family & Youth Enrichment Programs
- Warrior Care Initiative