

**CITY OF AMES PARKS AND RECREATION &  
THE CYCLONES YOUTH LACROSSE CLUB**  
are partnering to host

# FLEX6 LACROSSE CLINIC



**► DESCRIPTION:** Flex6 is a simplified version of lacrosse designed to introduce the game to youth. Equipment will be provided for this program  
*For more information on Flex6 Lacrosse visit: <https://www.usalacrosse.com/flex6-lacrosse>*

**► DATES:** Mondays and Thursdays, June 10-27, 2024

**► TIME:** 5:00-6:00 PM

**► REGISTRATION DEADLINE:** June 3

**► COST:** \$35 per participant

**► AGES:** 2nd-8th grade

**► LOCATION:** Emma McCarthy Lee Park, 3400 Ross Rd, Ames



**REGISTER AT: [www.AmesParkRec.org](http://www.AmesParkRec.org)**