

All About Me



My name is: _____

My birthday is: _____

My favorite activity is: _____

Three things that really motivate me are: _____

Three things that make me feel happy are: _____

Three things that might upset me: _____

Things I may be afraid of : _____

Three of my strengths in school: _____

Three of my challenges in school: _____

If I am frustrated I might: _____

When I am frustrated my family recommends: _____

Some things you might need to know about my health: _____

I am allergic to: _____

More About Me



MYTH vs TRUTH

Surprising facts!

about people with Down syndrome



Myth: People with Down syndrome have severe cognitive delays.

Truth: Most people with Down syndrome have cognitive delays that are mild to moderate. IQ is not an adequate measure of the functional status of people with Down syndrome. People with Down syndrome have great potential if given opportunities.

Myth: Children with Down syndrome are placed in segregated special education programs.

Truth: Children with Down syndrome are included in regular academic classrooms across the country. Students may be integrated into specific courses or fully included in the regular classroom for all subjects.

Myth: Students with Down syndrome are a deterrent to other students in the class.

Truth: Inclusive systems provide a better quality education for all children and are instrumental in changing discriminatory attitudes. Schools provide the context for a child's first relationship with the world outside their families, enabling the development of social relationships and interactions.

Myth: People with Down syndrome cannot attend college.

Truth: There are over 20 colleges and universities in Florida that have postsecondary comprehensive transition programs. Inclusive postsecondary programs increase independent living and job opportunities.

Myth: Adults with Down syndrome may be unable to work.

Truth: Businesses seek young adults with Down syndrome for a variety of positions. They are employed by banks, corporations, nursing homes, hotels and restaurants. They work in the music and entertainment industry. People with Down syndrome bring to their jobs enthusiasm, reliability and dedication.

Myth: Behavior problems and depression are just part of having Down syndrome.

Truth: Often, medical or mental health problems go untreated due to the assumption that it is typical of having this genetic condition. Complete examinations by appropriate health care professionals should always be pursued.

Myth: Down syndrome is a rare genetic disorder.

Truth: Down syndrome is the most commonly occurring genetic condition. One in every 800 births is a child with Down syndrome. There are currently 250,000 people in the U.S. with Down syndrome, with 5,000 births per year.

The FOUNDATION Resources

Down Syndrome Partners in Education is a partnership between the Down Syndrome Foundation of Florida and the surrounding eight counties (Brevard, Catholic Diocese, FDLRS, Lake, Orange, Osceola, Polk, Seminole, Sumter, Toni Jennings Exceptional Education Institute at UCF, Volusia, and UCP).

Each county is represented by a group of individuals who act as the 'Down Syndrome Specialist' for their county. We collaborate quarterly to provide resources and tools to promote success in the school environment.



FOUNDATIONS of Education

Sign up below for a quarterly newsletter full of information and resources to help and support teachers in the classroom.



Scholarships

We offer a variety of scholarships (speech, ABA, PT, OT, Educational, etc.)



Down Syndrome Resources

We have collected some resources that we think could be helpful for you as a teacher.



Championing Success in Education

We are the experts in Down syndrome and you are the experts in Education! Join us for breakfast to help SUPPORT you!

Save the Date:

November 1, 2025



If you have any questions please email
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