

Pedestrian Safety

- ❑ Where to walk
 - ❑ On the sidewalk if available
 - ❑ If no sidewalk, walk on the left side of the road (facing traffic)
- ❑ Crossing Streets without Stop Lights
 - ❑ Look left, right, and then left again
 - ❑ Look over shoulder for cars turning toward the crosswalk
 - ❑ Walk, don't run across the street
- ❑ Crossing Streets with Stop Lights
 - ❑ Light signals
 - ❑ Push the button to activate



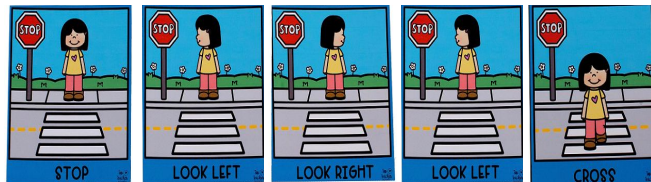
Walk



Don't Walk

(Look left, then right, then left before crossing)

Children under 10 years old need a walking buddy who is older.



The Law Says

625 ILCS 5/11-1502 Traffic laws apply to persons riding bicycles

Sec. 11-1502. Traffic laws apply to persons riding bicycles. Every person riding a bicycle upon a highway shall be granted all of the rights and shall be subject to all of the duties applicable to the driver of a vehicle.

625 ILCS 5/11-1503 Riding on bicycles

Sec. 11-1503. Riding on bicycles. (a) A person propelling a bicycle shall not ride other than upon or astride a permanent and regular seat attached thereto. (b) No bicycle shall be used to carry more persons at one time than the number for which it is designed and equipped, except that an adult rider may carry a child securely attached to his person in a backpack or sling.

625 ILCS 5/11-1504 Clinging to vehicles

Sec. 11-1504. Clinging to vehicles. No person riding upon any bicycle, coaster, roller skates, sled or toy vehicle shall attach the same or himself to any vehicle upon a roadway.

625 ILCS 5/11-1505.1 Riding bicycles upon roadway

Sec. 11-1505.1. Persons riding bicycles upon a roadway shall not ride more than 2 abreast, except on paths or parts of roadways set aside for their exclusive use. Persons riding 2 abreast shall not impede the normal and reasonable movement of traffic and, on a laned roadway, shall ride within a single lane subject to the provisions of Section 11-1505 (625 ILCS 5/11-1505).

625 ILCS 5/11-1506 Carrying articles

Sec. 11-1506. Carrying articles. No person operating a bicycle shall carry any package, bundle or article which prevents the use of both hands in the control and operation of the bicycle. A person operating a bicycle shall keep at least one hand on the handlebars at all times.

625 ILCS 5/11-1507 Lamps and other equipment on bicycles

Sec. 11-1507. Lamps and other equipment on bicycles. (a) Every bicycle, when in use at nighttime, shall be equipped with a lamp on the front, which shall emit a white light visible from a distance of at least 500 feet to the front and with a red reflector on the rear, of a type approved by the Department, which shall be visible from all distances from 100 feet to 600 feet to the rear when directly in front of lawful lower beams of headlamps on a motor vehicle. A lamp emitting a red light visible from a distance of 500 feet to the rear may be used in addition to the red reflector. (b) A bicycle shall not be equipped with nor shall any person use upon a bicycle any siren. (c) Every bicycle shall be equipped with a brake which will adequately control movement of and stop and hold such bicycle.

625 ILCS 5/11-1509 Inspecting bicycles

Sec. 11-1509. Inspecting bicycles. A uniformed police officer may at any time upon reasonable cause to believe that a bicycle is unsafe or not equipped as required by law, or that its equipment is not in proper adjustment or repair, require the person riding the bicycle to stop and submit the bicycle to an inspection and such test with reference thereto as may be appropriate.



District 115

Y

YORKVILLE

Bike & Pedestrian Safety



K-6 PE Department

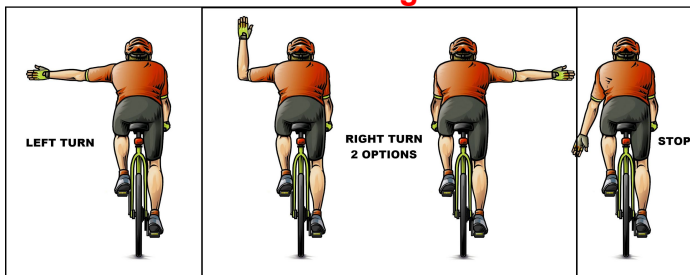
Preparing to Ride

Bicycling is a fun and healthy exercise. Before riding your bicycle on roadways, take time to learn the rules. Many bicyclists are seriously injured in accidents because they are less protected than drivers of automobiles and/or they do not practice safe riding skills. By observing Illinois bicycle laws and following safety rules, your bicycling will be enjoyable and more importantly, safer!

Safety Tips

1. Wear a helmet at all times.
2. Obey all traffic laws, signs and signals.
3. Keep to the right and close to the curb or side of the road.
4. Keep brakes, lights, reflectors, horn or bell, and other safety devices in good working condition.
5. Learn and use the hand signals for turns and stops. (See Below)
6. Give pedestrians and vehicles the right of way.
7. Avoid riding after dark. If you must ride after dark, the bicycle must have a headlight and red tail light or reflector. Wear something white.
8. Do not speed, race or weave in and out of traffic.
9. Do not carry passengers or big packages.
10. Never hitch on to a truck, car or moving vehicle.
11. Travel in single file when riding with others.
12. Keep both hands on the handle bars, except to signal a stop or turn.
13. Slow down at intersections.
14. Dismount and walk across dangerous intersections or streets. Do not turn or cross unless it is safe.
15. Never squeeze into narrow places or between two automobiles.
16. Avoid busy streets or highways. Bicycles are not allowed on most expressways, toll roads or interstates.

Use hand signals



Knowing your Bike ABC's



Pre-Ride Checklist

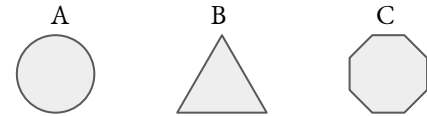
- Parental Bike safety check
 - Air in tires
 - Brakes
 - Chain
 - Seat height
- Safety Equipment
 - Light colored/Reflective Clothes
 - Helmet
 - See below

Potential Dangers

- Crossing streets
- Cross at corners & crosswalks
- Look left, Right and then left again
- Road conditions
 - Sticks
 - Potholes
 - Trash
 - Slippery surfaces

Bicycle Safety Test

1. Bicycle riders and automobile drivers should follow the same traffic rules. True or False
2. Safe cyclists keep their bikes in good shape at all times. True or False
3. A bike built with one seat should carry the rider only. True or False
4. Water drain openings in the street can trap your wheel and make you fall. True or False
5. By listening to the sounds of traffic you can often hear danger signs. True or False
6. Which of these have the right-of-way on sidewalks and crosswalks? (a) cars (b) bikes (c) pedestrians
7. The best way to carry a package while riding a bike is: (a) tie to handlebars (b) in back pack or carrier (c) in rider's hand
8. The best way to be seen when riding a bike is: (a) put a bell on bike (b) wear a dark jacket (c) wear bright clothing
9. The safest way to put air in a bicycle tire is to use: (a) A hand pump and gauge (b) a service station air hose (c) an air compressor
10. Which of these is the shape of a stop sign?



Answer Key

1. True 2. True 3. True 4. True 5. True 6 (C) Pedestrian 7. (B) In back pack or carrier 8. (C) Wear bright clothing 9. A hand pump and gauge 10. C

Facing forward



Correct size



2 Fingers above eyebrow



Adjust strap (1 finger rule)



Bicycle helmets are an essential element to bicycle safety. Always strap on an approved safety helmet before you ride. Helmets are an important safety device to protect your head and brain from injury. Every approved helmet contains a dense liner that absorbs most of the energy upon impact. The straps and buckle keep the helmet secure during a crash. All parts of the helmet work together to help prevent injury.