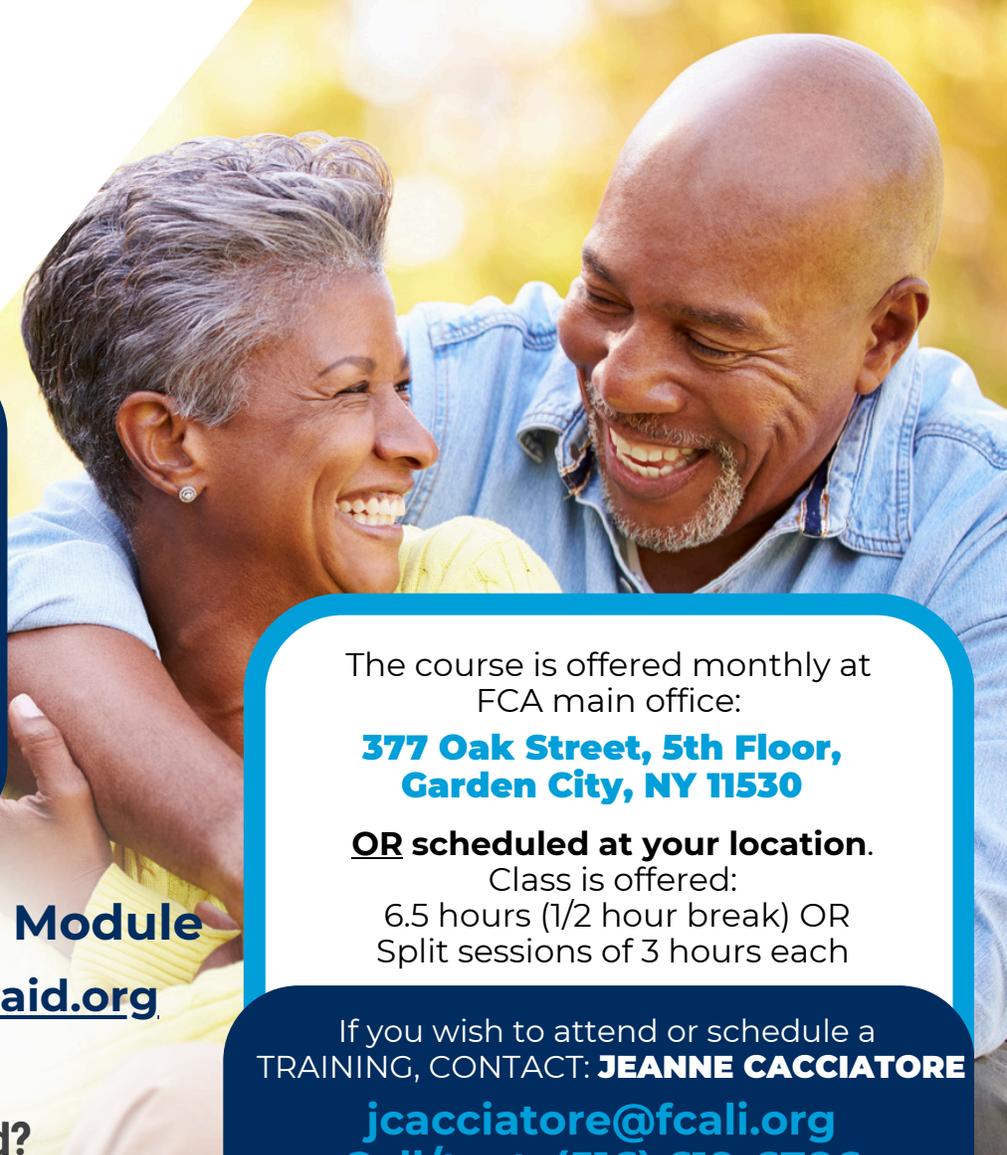


PRESENTS

**FREE
Mental Health
First Aid
Trainings**



Including: Older Adult Module
www.mentalhealthfirstaid.org

Why Mental Health First Aid?

Learn how to recognize signs and assist adults who may be experiencing a mental health or substance use challenge by getting certified in an evidence-based training program.

1 IN 4*

Older adults have a mental health condition.

More than
1 MILLION*

adults age 65 and up have a substance use challenge.

Males aged 75 and over have a

**HIGHER RATE
OF DEATH
BY SUICIDE***

**Statistics from WHO/CDC/Suicide Prevention*

Opportunity to receive a \$30 gift card!

The course is offered monthly at FCA main office:

**377 Oak Street, 5th Floor,
Garden City, NY 11530**

OR scheduled at your location.

Class is offered:
6.5 hours (1/2 hour break) OR
Split sessions of 3 hours each

If you wish to attend or schedule a TRAINING, CONTACT: **JEANNE CACCIATORE**

jcacciatore@fcali.org
Call/text: (516) 619-6786
Office: (516) 485-3425 x 2332

Upcoming Dates

January, 13th
9:30 am - 4:00 pm

January, 30th
10:00 am - 4:30 pm

February, 12th
10:00 am - 4:30 pm

March 13th, 18th, 25th, 28th
10:00 am - 4:30 pm