

Stay Independent & Prevent Falls!

Free Balance Screening Event

Hosted by Stony Brook Medicine
in collaboration with Stony Brook University PT & OT Depts

Join us to learn simple tips to reduce your risk of falls and receive a brief assessment to assess your falls risk.

Don't miss this event!

 Patchogue YMCA

255 W Main St, Patchogue, NY 11772

 December 18, 2025

 Choose a session:

Group 1: 12:00 PM – 1:30 PM



Scan the QR or
Visit: bit.ly/SBMGroup1

Group 2: 1:30 PM – 3:00 PM



Scan the QR or
Visit: bit.ly/SBMGroup2

Registration is required!

 Email: fallsfree@stonybrookmedicine.edu with questions