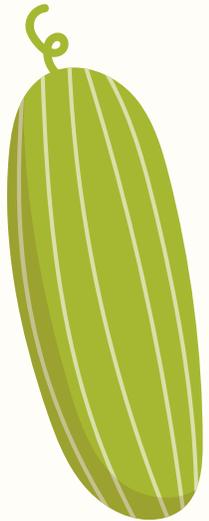


**Suffolk County Lions Diabetes
Foundation Proudly Sponsors...**

**FREE DIABETES
EDUCATION WORKSHOP**

DIABETES

101



**Brentwood Public Library
34 Second Ave Brentwood NY**



**DECEMBER 11
1:00 - 2:00 PM**



This class covers the basics that you need to know if you or a loved one were diagnosed with Diabetes. Participants will learn about diabetes as well as self-management skills including meal planning, self-testing blood glucose levels, working with providers, and stress management.

**Register online at
<https://brentwood.librarycalendar.com>**



**Cornell Cooperative Extension
Suffolk County**



**Brentwood
Public Library**