

PRESENTS

FREE Mental Health First Aid Trainings

Including: Older Adult Module

www.mentalhealthfirstaid.org

Why Mental Health First Aid?

Learn how to recognize signs and assist adults who may be experiencing a mental health or substance use challenge by getting certified in an evidence-based training program.

1 IN 4*

Older adults have a mental health condition.

More than
1 MILLION*

adults age 65 and up had a substance use challenge.

Males aged 75 and over have a

**HIGHER RATE
OF DEATH
BY SUICIDE***

*Statistics from WHO/CDC/Suicide Prevention



The course is offered monthly at FCA main office:

**377 Oak Street, 5th Floor,
Garden City, NY 11530**
OR scheduled at your location.

Class is offered:
6 hours (1/2 hour break) OR
Split sessions of 2 hours & 45 minutes

If you wish to attend or schedule a training, contact: **Jeanne Cacciatore**

jcacciatore@fcali.org
Call/text: (516) 619-6786
Office: (516) 485-3425 x 2332

Upcoming Dates (choose one)

- **July 16 OR July 23**
- **Aug 13 OR Aug 27**
- **Sept 5 OR Sept 10**

**10am-4pm | 377 Oak Street,
FIFTH FLOOR, Garden City**

Opportunity to receive a \$30 gift card!

www.fcali.org | 516.746.0350

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