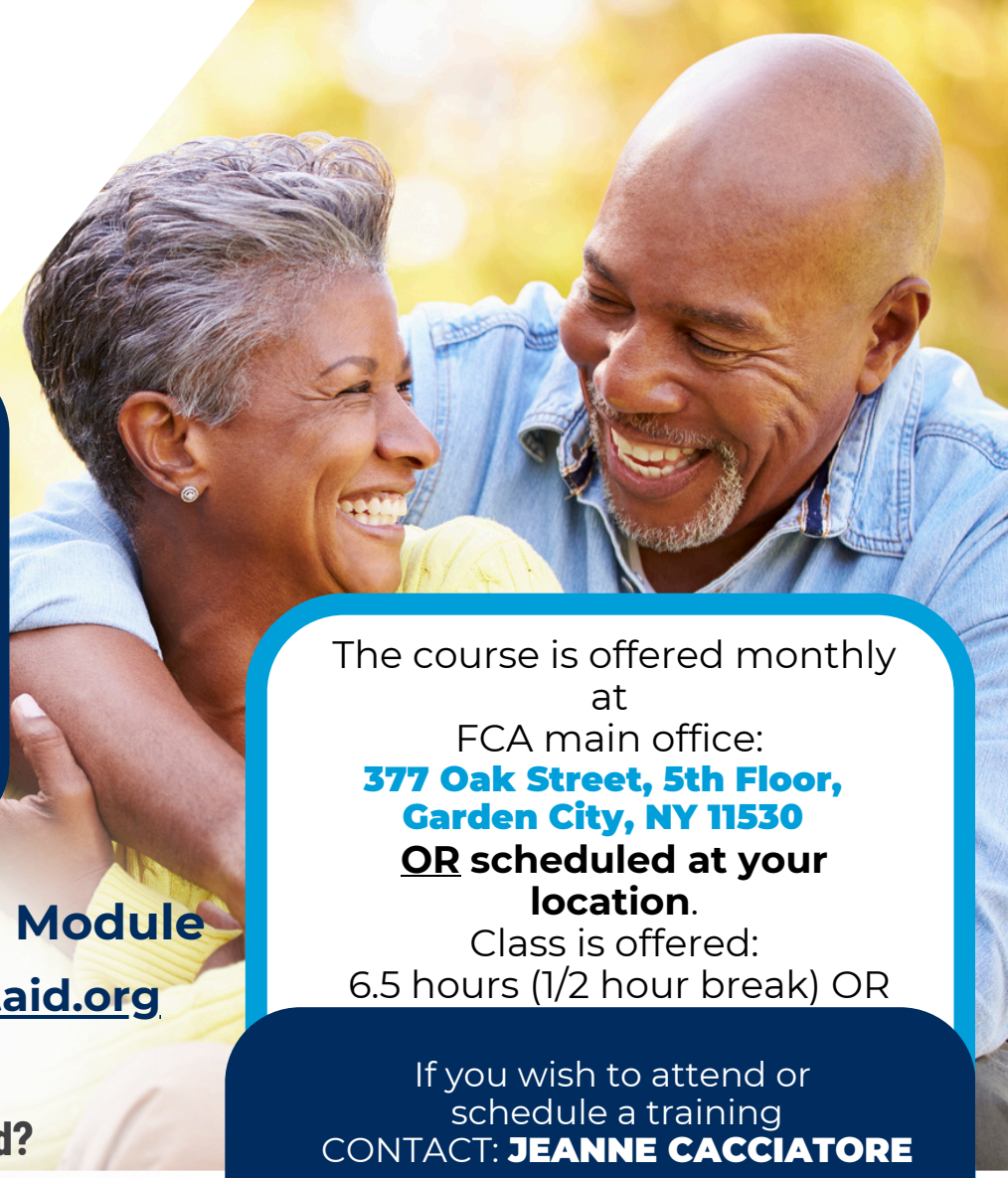
FAMILY & CHILDREN'S ASSOCIATION

PRESENTS

FREE Mental Health First Aid Trainings



Including: Older Adult Module

www.mentalhealthfirstaid.org

The course is offered monthly at
FCA main office:
377 Oak Street, 5th Floor, Garden City, NY 11530
OR scheduled at your location.
Class is offered:
6.5 hours (1/2 hour break) OR

If you wish to attend or schedule a training
CONTACT: **JEANNE CACCIATORE**

jcacciatore@fcali.org
Call/text: (516) 619-6786
Office: (516) 485-3425 x 2332

Why Mental Health First Aid?

Learn how to recognize signs and assist adults who may be experiencing a mental health or substance use challenge by getting certified in an evidence-based training program.

1 IN 4*
Older adults have a mental health condition.

More than
1 MILLION*
adults age 65 and up have a substance use challenge.

Males aged 75 and over have a
HIGHER RATE OF DEATH BY SUICIDE*

*Statistics from WHO/CDC/Suicide Prevention

Upcoming 2026 Dates

April 1st , 30th
10:00 am - 4:30 pm

May 8th, 14th
10:00 am - 4:30 pm

June 10th, 15th
10:00 am - 4:30 pm

Opportunity to receive a $30 gift card!

Funding provided by Substance Abuse & Mental Health Services Administration