

Please Join FCA's Jeanne Cacciatore, LMSW for a free Mental Health First Aid Training that includes the Older Adult Module :

# MENTAL HEALTH FIRST AID

mentalhealthfirstaid.org | fcali.org

**Wednesdays November 5 & 12, 2025 |**

**5:30 pm – 8:30 pm**

**West Hempstead Public Library**

500 Hempstead Ave

West Hempstead, NY 11552

**(Must attend both sessions for certification)**

**Register at: [www.whplibrary.org](http://www.whplibrary.org)  
or at the reference desk**

*Individuals who attend both sessions and complete the online pre and post course work will receive a 3 year certification from the MHFA organization*

Learn how to recognize signs and symptoms of mental health challenges and explore how to respond in a helpful manner. This free course includes the Older Adult module and provides a certification from the Mental Health First Aid organization.

*For more info, contact  
Jeanne Cacciatore:  
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**(516) 619-6786 (texts accepted)***

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