

# Lunch & Learn



## Get Seizure First-Aid Certified!

Join us for a free, life-saving training on seizure first aid.

Learn how to recognize different types of seizures, respond effectively in any setting & know when to call for medical help.

*Participants will earn a FREE two-year certification in Seizure Recognition and First Aid.*



## Register Today!

Thursday, August 14, 2025

12:00 PM - 3:00 PM

Art League of Long Island

107 East Deer Park Rd, Dix Hills, NY 11746



## Did you know...

- ♥ 35,000 individuals are living with epilepsy on Long Island.
- ♥ Every hour, 20 Americans are diagnosed as having epilepsy.
- ♥ More than 40% of the 3.4 million Americans with epilepsy belong to racial and ethnic populations.
- ♥ Conditions like socioeconomic factors, housing, education, and employment impact health outcomes for people with epilepsy.

**Learn the steps. Make a difference. Save a life.**

**Seats are limited!**

To register, please contact Janet Romeo at  
(516) 739-7733, opt. 1, x145 or [jromeo@epicli.org](mailto:jromeo@epicli.org).