

Summertime - It's almost here!!

Swimming Pool Safety

It's that time of year again, pool time!! Pools are fun, refreshing, places to gather with family and friends. With the hot weather here in the valley, swimming pools are definitely popular and desirable. Swimming Pools can also be extremely dangerous. More than 3,500 people – many of them children, drown each year in the U.S. according to the Center for Disease Control and Prevention (CDC). For every fatal drowning incident involving a child 14 years old and younger, three children require emergency room treatment for submersion injuries and 40% of those require hospitalization, says the CDC. Non-fatal incidents can cause brain damage that result in long-term disabilities ranging from memory problems to the victim being left in a vegetative state.

With summer almost here it is good to be reminded of the dangers of swimming pools. Summer is time for fun in the sun, and a time to review your pool safety policy, either for yourself, family while in your own pool, or for using another's pool. The same cautions you take with your home pool needs to be taken with others' pools as well (such as Hotel's or Resorts). Several helpful swimming pool safety guidelines can be obtained online. One such site is the American Red Cross and National Swimming Pool Foundation www.redcross.org. This site has a list of swimming pool/spa guidelines for safety. We all need to be reminded of the dangers of swimming pools/spas and what we all can do to avoid terrible tragedies. Check out this site and have a GREAT SAFE summer!!