



## Family Resources

Compiled by the Girard College Counseling Team

### Pennsylvania

#### Philadelphia County

Agency/Organization	Service/Product Description	Contact Person	Contact Info
VARIED	Free meals/safe places for kids	VARIED	<a href="https://www.phila.gov/2020-03-14-find-free-meals-and-safe-spaces-for-students-while-schools-are-closed/">https://www.phila.gov/2020-03-14-find-free-meals-and-safe-spaces-for-students-while-schools-are-closed/</a>
DHS	Food Stamps, Cash, & Medicaid	Intake 1-800-692-7462	<a href="https://www.compass.state.pa.us/compass.web/Public/CMPHome">https://www.compass.state.pa.us/compass.web/Public/CMPHome</a>
City of Philadelphia Office of Homeless Services	Shelter & Utilities Assistance	Intake (215)686-7150	<a href="https://www.phila.gov/services/mental-physical-health/environmental-health-hazards/covid-19/covid-19-urgent-care-and-health-centers/">https://www.phila.gov/services/mental-physical-health/environmental-health-hazards/covid-19/covid-19-urgent-care-and-health-centers/</a>
VARIED	Child-care, Parenting Home-Schooling Resources	VARIED	<a href="https://phillyhomeschool.wordpress.com/support-groups/">https://phillyhomeschool.wordpress.com/support-groups/</a> <a href="https://www.phila.gov/2020-03-14-find-free-meals-and-safe-spaces-for-students-while-schools-are-closed/">https://www.phila.gov/2020-03-14-find-free-meals-and-safe-spaces-for-students-while-schools-are-closed/</a>

Free Urgent Care/Healthcare 1-800-722-7112

<https://www.phila.gov/services/mental-physical-health/environmental-health-hazards/covid-19/covid-19-urgent-care-and-health-centers/>

Urgent/Non-Urgent Mental Healthcare 1888-545-2600

<https://dbhids.org/services/?link=Services-From-Homepage>

If your child is experiencing emotions or behaviors that may cause a life-threatening injury to themselves or others, please call or take your child to the crisis center. Open 24/7

#### **Philadelphia Children's Crisis Response Center**

3300 Henry Avenue, Falls Center 2, Suite 3N, Philadelphia, PA 19129

(855) 558-6860 | <https://www.philachildrenscrc.com>

## Delaware County

Child Guidance Resource Center/Family-Based Services

[www.cgrc.org](http://www.cgrc.org)

484-454-8700

Family & Community Service of Delaware

[www.fcsdc.org](http://www.fcsdc.org)

610-566-7540

Nutritional Development Services

1-800-311-2727

Philadelphia, PA

Free and reduced price meals and snacks for children at schools, child care sites, summer programs & shelters.

Women, Infants & Children (WIC) Program

All of Delaware County

484-471-3320

Food vouchers & nutrition education for pregnant women, postpartum women, infants & children up to age five.

Free and low-cost health services in Delaware County

<https://www.delcopa.gov/ich/resources/healthclinics.html>

COVID-19 Updates

<https://www.delcopa.gov/ich/resources/coronavirus.html>

Additional Resources in Delco

<https://www.delcopa.gov/ich/resources.html>

## Montgomery County

Family Services of Montgomery County

[www.fsmontco.org](http://www.fsmontco.org)

Eagleville-610-630-2111

Pottstown-610-326-1610

Montgomery County Community-Based Supports & Services

[www.montcopa.org](http://www.montcopa.org)

610-278-3000

## Bucks County

Family Service Association of Bucks County  
[www.fsabc.org](http://www.fsabc.org)  
215-757-6916

## Chester County

Family Service of Chester County  
[www.chesco.org](http://www.chesco.org)  
1-866-622-4228

## New Jersey

### Mercer County

Homelessness  
<http://www.mercercounty.org/departments/human-services/office-on-homeless-services>

Mental Health  
<http://www.mercercounty.org/departments/human-services/division-of-mental-health>

Electric, Utility, Heating Bills  
[https://www.needhelppayingbills.com/html/mercer\\_county\\_assistance\\_progr2.html](https://www.needhelppayingbills.com/html/mercer_county_assistance_progr2.html)

Emergency Food Services  
<https://www.princetonnj.gov/resources/food-resources-in-mercer-county>

Food Banks  
<https://www.homelessshelterdirectory.org/cgi-bin/id/cityfoodbanks.cgi?city=Mercer&state=PA>

## New York

Information on resources in New York is very limited at this time. Regional Enrichment Centers will be set up to take care of children of first responders and health workers.

New York City students are able to visit school locations this week for grab 'n go meals from 7:30 a.m. to 1:30 p.m. at any school building. Breakfast and lunch meals will be offered at all schools -- and you don't have to go to your child's current school to receive a meal. The city said students can go to their nearest public school location.

## Delaware

### Kent County

Dover Food Pantries, Soup Kitchens & Food Banks

<https://www.homelessshelterdirectory.org/cgi-bin/id/cityfoodbanks.cgi?city=Dover&state=DE>

If you are having a psychiatric or substance abuse crisis and need assistance, please contact  
Mobile Crisis Intervention Services (MCIS): Northern Delaware Hotline, call: 800-652-2929  
Southern Delaware Hotline, call: 800-345-6785

### New Castle County

Mobile Crisis Intervention  
1901 North Dupont Highway  
New Castle, DE 19720

Phone Hot Line (800) 652-2929  
Main/Toll Free (800) 652-2929  
New Castle County (302) 577-2484

New Castle Food Pantries

[https://www.foodpantries.org/ci/de-new\\_castle](https://www.foodpantries.org/ci/de-new_castle)

### Wilmington

Wilmington Food Pantries

<https://www.foodpantries.org/ci/de-wilmington>

### Catholic Charities - Delaware

It is important to call to find out where and how to apply for assistance. To contact Catholic Charities call:

- Kent County: (302) 674-1782
- New Castle County: (302) 654-9295
- Sussex County: (302) 856-6310

## National

Suicide Prevention Hotline  
1-800-273-8255/ Text or Call  
<https://suicidepreventionlifeline.org/>

