



Family Resources

Compiled by the Girard College Counseling Team

Pennsylvania

Philadelphia County

Agency/Organization	Service/Product Description	Contact Person	Contact Info
VARIED	Free meals/safe places for kids	VARIED	https://www.phila.gov/2020-03-14-find-free-meals-and-safe-spaces-for-students-while-schools-are-closed/
DHS	Food Stamps, Cash, & Medicaid	Intake 1-800-692-7462	https://www.compass.state.pa.us/compass.web/Public/CMPHome
City of Philadelphia Office of Homeless Services	Shelter & Utilities Assistance	Intake (215)686-7150	https://www.phila.gov/services/mental-physical-health/environmental-health-hazards/covid-19/covid-19-urgent-care-and-health-centers/
VARIED	Child-care, Parenting Home-Schooling Resources	VARIED	https://phillyhomeschool.wordpress.com/support-groups/ https://www.phila.gov/2020-03-14-find-free-meals-and-safe-spaces-for-students-while-schools-are-closed/

Free Urgent Care/Healthcare 1-800-722-7112

<https://www.phila.gov/services/mental-physical-health/environmental-health-hazards/covid-19/covid-19-urgent-care-and-health-centers/>

Urgent/Non-Urgent Mental Healthcare 1888-545-2600

<https://dbhids.org/services/?link=Services-From-Homepage>

If your child is experiencing emotions or behaviors that may cause a life-threatening injury to themselves or others, please call or take your child to the crisis center. Open 24/7

Philadelphia Children's Crisis Response Center

3300 Henry Avenue, Falls Center 2, Suite 3N, Philadelphia, PA 19129

(855) 558-6860 | <https://www.philachildremsrc.com>

Delaware County

Child Guidance Resource Center/Family-Based Services

www.cgrc.org

484-454-8700

Family & Community Service of Delaware

www.fcsdc.org

610-566-7540

Nutritional Development Services

1-800-311-2727

Philadelphia, PA

Free and reduced price meals and snacks for children at schools, child care sites, summer programs & shelters.

Women, Infants & Children (WIC) Program

All of Delaware County

484-471-3320

Food vouchers & nutrition education for pregnant women, postpartum women, infants & children up to age five.

Free and low-cost health services in Delaware County

<https://www.delcopa.gov/ich/resources/healthclinics.html>

COVID-19 Updates

<https://www.delcopa.gov/ich/resources/coronavirus.html>

Additional Resources in Delco

<https://www.delcopa.gov/ich/resources.html>

Montgomery County

Family Services of Montgomery County

www.fsmontco.org

Eagleville-610-630-2111

Pottstown-610-326-1610

Montgomery County Community-Based Supports & Services

www.montcopa.org

610-278-3000

Bucks County

Family Service Association of Bucks County
www.fsabc.org
215-757-6916

Chester County

Family Service of Chester County
www.chesco.org
1-866-622-4228

New Jersey

Mercer County

Homelessness
<http://www.mercercounty.org/departments/human-services/office-on-homeless-services>

Mental Health
<http://www.mercercounty.org/departments/human-services/division-of-mental-health>

Electric, Utility, Heating Bills
https://www.needhelppayingbills.com/html/mercercounty_assistance_progr2.html

Emergency Food Services
<https://www.princetonnj.gov/resources/food-resources-in-mercercounty>

Food Banks
<https://www.homelessshelterdirectory.org/cgi-bin/id/cityfoodbanks.cgi?city=Mercer&state=PA>

New York

Information on resources in New York is very limited at this time. Regional Enrichment Centers will be set up to take care of children of first responders and health workers.

New York City students are able to visit school locations this week for grab 'n go meals from 7:30 a.m. to 1:30 p.m. at any school building. Breakfast and lunch meals will be offered at all schools -- and you don't have to go to your child's current school to receive a meal. The city said students can go to their nearest public school location.

Delaware

Kent County

Dover Food Pantries, Soup Kitchens & Food Banks

<https://www.homelessshelterdirectory.org/cgi-bin/id/cityfoodbanks.cgi?city=Dover&state=DE>

If you are having a psychiatric or substance abuse crisis and need assistance, please contact
Mobile Crisis Intervention Services (MCIS): Northern Delaware Hotline, call: 800-652-2929
Southern Delaware Hotline, call: 800-345-6785

New Castle County

Mobile Crisis Intervention
1901 North Dupont Highway
New Castle, DE 19720

Phone Hot Line (800) 652-2929
Main/Toll Free (800) 652-2929
New Castle County (302) 577-2484

New Castle Food Pantries
https://www.foodpantries.org/ci/de-new_castle

Wilmington

Wilmington Food Pantries
<https://www.foodpantries.org/ci/de-wilmington>

Catholic Charities - Delaware

It is important to call to find out where and how to apply for assistance. To contact Catholic Charities call:

- Kent County: (302) 674-1782
- New Castle County: (302) 654-9295
- Sussex County: (302) 856-6310

National

Suicide Prevention Hotline

1-800-273-8255/ Text or Call

<https://suicidepreventionlifeline.org/>

