

Turning Awareness Into Action in Construction Mental Health





So let's get started
Begin the journey
Connect and offer hope

https://youtu.be/nR9pGI7_VXk?si=6ssQqoz-AaIS1TKA



What sparked your company's journey toward adopting a robust and proactive care approach — was there a defining moment, ongoing challenge, or shift in values that led to it?



How did leadership at all levels — from executives to field supervisors — respond to the introduction of your initiatives, and how has it influenced your company culture; including labor crews, operations and administrative staff?



How have you brought proactive care to life within your company — through HR, safety, training, or field practices — and how does your team respond when an employee is in crisis?



What challenges did you face in developing your programs across such a culturally diverse workforce, and how did you ensure inclusivity in language, tradition, and trust?



What results have you seen since implementing your proactive programs — whether in morale, retention, safety, or direct employee feedback?



**Most integration models reflect multiple levels of action
— from basic introductions to robust systems. What
advice would you give to companies at different stages
of this journey, and how do you see your own approach
evolving?**



If you or someone you know needs to talk, or your not sure what to do about someone at risk; reach out . . . and call

988

Suicide & Crisis Lifeline

IT IS NOT JUST FOR SOMEONE IN CRISIS



Q & A

Questions for the panel?

Share what your company has done?

How can we help?

CHECK IN AT THE RESOURCE TABLES

