

ActivCare at Bressi Ranch

Menu Week 3

3/31/19 - 4/6/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scallion and Cheddar Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Sausage Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Banana Pancakes Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Home Fries English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble Toast Fruit Garnish Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles with Strawberry syrup Cream Choice of Cold or Hot Cereal Butter Milk Juice of Choice Coffee or Hot Tea
10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Cinnamon apple Pork Chop Baked Yam Vegetable Blend Cornbread Beverage of Choice	Chicken-Bacon-Ranch Baked Vegetable Du Jour Dinner Roll Beverage of Choice	Fried Shrimp SteakFries Vegetable Blend Cornbread Beverage of Choice	Hamburger Stew Roasted Red potato Steam Broccoli Sweet Roll Beverage of Choice	Pepperoni Pizza Chef Salad Beverage of Choice	BBQ Pulled Pork Ranch Style bean Green beans Hawaiian Rol Beverage of Choice	Blackened Cajun Chicken Rosemary Potatoes 5 way-veggie blend Dinner Roll Beverage of Choice
3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Parfait Beverage of Choice	3 pm Snack Pudding Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ambrosia Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Fried Fish with Lemon Cream Rice Pilaf Vegetable Capri Beverage of Choice	Homemade Chili Roasted Red potato Steam Broccoli Cornbread Beverage of Choice	garlic sugar pork tenderloin Baked Potato Prince Edward Dinner Roll Beverage of Choice	Cilantro Lime Chicken w/ Lem Egg noodle Saut�ed Zucchini Dinner Roll Beverage of Choice	Grilled Club Sandwich Tater Tots Prince Edward Beverage of Choice	Tuna Casserole Steam Broccoli Cornbread Beverage of Choice	Herb Pasta w/ Meat Sauce Green beans Garlic Bread Beverage of Choice
6 pm Dessert Ice Cream Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Brownie Snack of Choice	6 pm Dessert Cake Beverage of Choice	6 pm Dessert Bread Pudding Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pudding Beverage of Choice

ActivCare at Bressi Ranch

Menu Week 4

4/7/19 - 4/13/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Hash Browns Toast Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	Blueberry Pancakes Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Cheese and Eggs Home Fries Toast Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Link Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs w/ Ham & Cheese English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Sausage Links Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pork Tenderloin w/ Chutney Rice Pilaf Vegetable Blend Dinner Roll Beverage of Choice	Honey Dijon Baked Chicken Baked Potato Vegetable Du Jour Cornbread Beverage of Choice	Fish Piccata Roasted Red Glazed Carrot Dinner Roll Beverage of Choice	Salisbury Steak Mashed Potao Green Peas Cornbread Beverage of Choice	Spinach Salad Supreme Soup Du Jour Dinner Roll Beverage of Choice	Rosemary Sage Pork Loin Ranch Style Beans Peas and Carrots Cornbread Beverage of Choice	Chicken Enchiladas Spanish Rice 5 way-veggie blend Dinner Roll Beverage of Choice
3 pm Snack Danish Beverage of Choice	3 pm Snack Brownie Beverage of Choice	3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ice Cream Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Muffin Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
battered fried fish w/ Tartar S Seasoned Fries Vegetable Capri Cornbread Beverage of Choice	Beef and Potato Baked Prince Edward Garlic Bread Beverage of Choice	Rosemary Sage Pork Loin Baked Yams Green beans Cornbread Beverage of Choice	Garlic Basil Chicken w/ tomat Parsley Rice Steam Broccoli Dinner Roll Beverage of Choice	Herb Pasta w/ Primavera Sautéed Zucchini Cornbread Beverage of Choice	Chicken Afritada Steam Rice Steam Carrots Dinner Roll Beverage of Choice	Hot Dogs Tater Tots Prince Edward Mixed Beverage of Choice
6 pm Dessert Jello Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Bread Pudding Snack of Choice	6 pm Dessert Pie Beverage of Choice	6 pm Dessert Flan Beverage of Choice	6 pm Dessert Rice Pudding Beverage of Choice	6 pm Dessert Cottage Cheese Beverage of Choice

Menu Week 5

4/14/19 - 4/20/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Hash Browns Toast Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	Blueberry Pancakes Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Cheese and Eggs Home Fries Toast Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Link Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs w/ Ham & Cheese English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Sausage Links Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Ham Pumpkin Spice sweet potato Vegetable Blend Cornbread Beverage of Choice	Chicken Piccata Roasted Red potato Vegetable Du Jour Dinner Roll Beverage of Choice	Shrimp Alfredo Egg Noodles Broccoli Dinner Roll Beverage of Choice	Meatloaf Roasted Red potato Green bean Dinner Roll Beverage of Choice	Grilled Turkey & Cheese French Fries Vegetable Capri Soup Du jor Beverage of Choice	Roasted Pork masala Parsley Rice Prince Edward Mixed Cornbread Beverage of Choice	Creamy Garlic Chicken Fussili noodles Vegetable Du Jour Dinner Roll Beverage of Choice
3 pm Snack Danish Beverage of Choice	3 pm Snack Brownie Beverage of Choice	3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ice Cream Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Muffin Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Sweet & Sour Fish Steam Rice Vegetable Capri Beverage of Choice	Beef Stroganoff Baked Potato Glazed Carrot Cornbread Beverage of Choice	Country Fried Pork Steak Mashed Potato Green Peas & Carrots Beverage of Choice	Chicken Primavera Herbs Pasta Braised Cabbage Cornbread Beverage of Choice	Vegetable Quiche Rice Pilaf Braised Cabbage Cornbread Beverage of Choice	Balsamic Glazed fish fillet Baked Potato Vegetable Capri Dinner Roll Beverage of Choice	Beef Pot Pie Caesar Salad Cornbread Beverage of Choice
6 pm Dessert Jello Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Bread Pudding Snack of Choice	6 pm Dessert Pie Beverage of Choice	6 pm Dessert Flan Beverage of Choice	6 pm Dessert Rice Pudding Beverage of Choice	6 pm Dessert Cottage Cheese Beverage of Choice

Menu Week 6

4/21/19 - 4/27/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs With Cheese Wheat Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Blueberry Pancakes Sausage Link Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Country Scramble Wheat Toast Bacon Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Turkey And Cheese Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles with Strawberry Syrup Cream Choice of Cold or Hot Cereal Margarine Milk Juice of Choice Coffee or Hot Tea
10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Italian Sausage Herb Pasta Vegetable Blend Cornbread Beverage of Choice	Chicken Cacciatore Roasted Red potato Vegetable Du Jour Dinner Roll Beverage of Choice	Lemon Pepper Fish Rice Pilaf Glazed Carrot Dinner Roll Beverage of Choice	Pasta with Meat Sauce Caesar Salad Dinner Roll Beverage of Choice	Chef Salad Soup Du Jour Dinner Roll Beverage of Choice	BBQ Porklet Ranch Style Beans Green Peas Cornbread Beverage of Choice	Chicken Marsala Roasted Red Potato Broccoli Dinner Roll Beverage of Choice
3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Pie Beverage of Choice	3 pm Snack Cottage Cheese Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ambrosia Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Herbed Crusted Fish Rice Pilaf Vegetable Capri Dinner Roll Beverage of Choice	Sloppy Joe's Curly Fries Prince Edward Mixed Beverage of Choice	Roasted Pork loin Mashed Potato Peas and Carrots Beverage of Choice	Mandarin Chicken Baked Potato Braised Cabbage Cornbread Beverage of Choice	Quiche Lorraine Rice Pilaf Sautéed Zucchini Beverage of Choice	Roasted Turkey Mashed Potato Vegetable Du Jour Dinner Roll Beverage of Choice	Sweet & Sour Meatball Steam Rice Vegetable Du Jour Beverage of Choice
6 pm Dessert Ice Cream Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Parfait Beverage of Choice	6 pm Dessert Cake Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pudding Beverage of Choice

Menu Week 7

4/28/19 - 5/4/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scallion and Cheddar Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Sausage Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Banana Pancakes Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Home Fries English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble Toast Fruit Garnish Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles with Strawberry syrup Cream Choice of Cold or Hot Cereal Butter Milk Juice of Choice Coffee or Hot Tea
10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Country Fried pork Steak Rice Pilaf Vegetable Blend Cornbread Beverage of Choice	Chicken Florentine Roasted Red Potato Mixed Veggies Garlic Bread Beverage of Choice	Fish and Chips Steam Carrot Cornbread Beverage of Choice	Cheeseburger Macaroni Green Peas Garlic Bread Beverage of Choice	homemade pizza Chef Salad Beverage of Choice	Pork Afritada Steam Rice Vegetable Du Jour Dinner Roll Beverage of Choice	Chicken Teriyaki Fried Rice Stir Fry Vegetables Sweet Roll Beverage of Choice
3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Parfait Beverage of Choice	3 pm Snack Pudding Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ambrosia Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Blackened Cajun Fish Baked Potato Vegetable Capri Dinner Roll Beverage of Choice	Homemade Chili Side Salad Cornbread Beverage of Choice	Sweet & Spicy Pork chop Fried Rice Green beans Beverage of Choice	Cajun Chicken Jambalaya Broccoli Cornbread Beverage of Choice	Grilled Ham & Cheese French Fries Prince Edward mixed Beverage of Choice	Chili Lime Fish Fillet Baked Potato Sautéed Zucchini Conrbread Beverage of Choice	Meat Lasagna Caesar Salad Garlic Bread Beverage of Choice
6 pm Dessert Ice Cream Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Brownie Snack of Choice	6 pm Dessert Cake Beverage of Choice	6 pm Dessert Bread Pudding Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pudding Beverage of Choice