

ActivCare at Bressi Ranch

Menu Week 1

10/28/18-11/3/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Hash Browns Toast Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	Blueberry Pancakes Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Cheese and Eggs Home Fries Toast Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Link Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs w/ Ham & Cheese English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Sausage Links Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Ham Pumpkin Spice sweet potato Vegetable Blend Cornbread Beverage of Choice	Chicken Piccata Roasted Red potato Vegetable Du Jour Dinner Roll Beverage of Choice	Shrimp Alfredo Herb Pasta Broccoli Dinner Roll Beverage of Choice	Meatloaf Roasted Red potato Green bean Dinner Roll Beverage of Choice	Grilled Turkey & Cheese French Fries Vegetable Capri Soup Du jor Beverage of Choice	Roasted Pork masala Rice Pilaf Prince Edward Mixed Cornbread Beverage of Choice	Creamy Garlic Chicken Egg noodle Vegetable Du Jour Dinner Roll Beverage of Choice
3 pm Snack Danish Beverage of Choice	3 pm Snack Brownie Beverage of Choice	3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ice Cream Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Muffin Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
sweet & sour Fillet Fish Steam Rice Vegetable Capri Beverage of Choice	Beef Stroganoff Baked Potato Glazed Carrot Cornbread Beverage of Choice	Country Fried Pork Steak Mashed Potato Green Peas & Carrots Beverage of Choice	Chicken Primavera Rice Pilaf Braised Cabbage Beverage of Choice	Vegetable Quiche Rice Pilaf Braised Cabbage Cornbread Beverage of Choice	Balsamic Glazed fish fillet Baked Potato Vegetable Capri Dinner Roll Beverage of Choice	Beef Pot Pie Caesar Salad Cornbread Beverage of Choice
6 pm Dessert Jello Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Bread Pudding Snack of Choice	6 pm Dessert Pie Beverage of Choice	6 pm Dessert Flan Beverage of Choice	6 pm Dessert Rice Pudding Beverage of Choice	6 pm Dessert Cottage Cheese Beverage of Choice

Menu Week 2

11/4/18-11/10/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs With Cheese Wheat Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Blueberry Pancakes Sausage Link Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Country Scramble Biscuit Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Turkey And Cheese Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles with Strawberry Syrup Cream Choice of Cold or Hot Cereal Margarine Milk Juice of Choice Coffee or Hot Tea
10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Italian Sausage Herb Pasta Vegetable Blend Cornbread Beverage of Choice	Chicken Cacciatore Roasted Red potato Vegetable Du Jour Beverage of Choice	Baked Fish with Lemon Cream Rice Pilaf Glazed Carrot Dinner Roll Beverage of Choice	Pasta with Meat Sauce Caesar Salad Dinner Roll Beverage of Choice	Chef Salad Soup Du Jour Dinner Roll Beverage of Choice	BBQ Porklet Ranch Style Beans Green Peas Cornbread Beverage of Choice	Chicken Marsala Roasted Red Potato Broccoli Dinner Roll Beverage of Choice
3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Pie Beverage of Choice	3 pm Snack Cottage Cheese Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ambrosia Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Herbed Crusted Fish Rice Pilaf Vegetable Capri Beverage of Choice	Sloppy Joe's Curly Fries Prince Edward Mixed Beverage of Choice	Roasted Pork loin Mashed Potato Peas and Carrots Beverage of Choice	Mandarin Chicken Baked Potato Braised Cabbage Beverage of Choice	Quiche Lorraine Rice Pilaf Sautéed Zucchini Beverage of Choice	Roasted Turkey Mashed Potato Vegetable Du Jour Dinner Roll Beverage of Choice	Sweet & Sour Meatball Steam Rice Vegetable Du Jour Beverage of Choice
6 pm Dessert Ice Cream Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Parfait Beverage of Choice	6 pm Dessert Cake Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pudding Beverage of Choice

Menu Week 3

11/11/18-11/17/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scallion and Cheddar Scramble	Scrambled Eggs	Banana Pancakes	Scrambled Eggs	French Toast	Vegetable Scramble	Belgian Waffles
English Muffin	Sausage	Bacon	Home Fries	Sausage	Toast	with Strawberry syrup
Choice of Cold or Hot Cereal	Toast	Choice of Cold or Hot Cereal	English Muffin	Fruit Garnish	Fruit Garnish	Cream
Butter/Jelly	Choice of Cold or Hot Cereal	Choice of Cold or Hot Cereal	Choice of Cold or Hot Cereal	Choice of Cold or Hot Cereal	Choice of Cold or Hot Cereal	Choice of Cold or Hot Cereal
Milk	Butter/Jelly	Butter & Syrup	Butter/Jelly	Butter & Syrup	Butter/Jelly	Butter
Juice of Choice	Milk	Milk	Milk	Milk	Milk	Milk
Coffee or Hot Tea	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
	Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea
10: pm Snack	10: pm Snack	10: pm Snack	10: pm Snack	10: pm Snack	10: pm Snack	10: pm Snack
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Country Fried pork Steak	Chicken Florentine	Fish and Chips	Cheeseburger Macaroni	Herb pasta with cacciatore	Pork Afritada	Chicken Teriyaki
Rice Pilaf	Roasted Red Potato	Tater Tots	Green Peas	Chef Salad	Steam Rice	Fried Rice
Vegetable Blend	Mixed Veggies	Steam Carrot	Garlic Bread	Garlic Bread	Vegetable Du Jour	Stir Fry Vegetables
Cornbread	Garlic Bread	Cornbread			Dinner Roll	Sweet Roll
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack
Pop-Over	Cake	Parfait	Pudding	Muffin	Cake	Ambrosia
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice

Dinner	Dinner	Dinner		Dinner	Dinner	Dinner
Blackened Cajun Fish	Homemade Chili	Sweet & Spicy Pork chop	Cajun Chicken Jambalaya	Grilled Ham & Cheese	Chili Lime Fish Fillet	Meat Lasagna
Baked Potato	Side Salad	Fried Rice	Broccoli	French Fries	Rice Pilaf	Caesar Salad
Vegetable Capri	Cornbread	Green beans	Cornbread	Prince Edward mixed	Sautéed Zucchini	Garlic Bread
Dinner Roll						
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert
Ice Cream	Peach Cobbler	Brownie	Cake	Bread Pudding	Cookie	Pudding
Beverage of Choice	Beverage of Choice	Snack of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice

Menu Week 4

11/18/18-11/24/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Blueberry Pancakes Sausage Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs w/ Ham and Cheese Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scallion and Cheddar Scramble Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Link Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pork Diablo Roasted Red Potato Vegetable Capri Beverage of Choice	Chicken Fajitas Spanish Rice 5-way-veggie blend Cornbread Beverage of Choice	Parmesan Crusted Baked Fish Baked Potato Steam Carrot Dinner Roll Beverage of Choice	Creamy Beef Noodles Green beans Garlic Bread Beverage of Choice	Cobb Salad Soup Du Jour Garlic Bread Beverage of Choice	Lemon Creamy Pork Chop Roasted Red Potato Peas and Carrots Sweet Roll Beverage of Choice	Chicken Potato Casserole Mashed Potato Sautéed Zucchini Dinner Roll Beverage of Choice
3 pm Snack Danish Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Pie Beverage of Choice	3 pm Snack Ice Cream Beverage of Choice	3 pm Snack Cake Snack of Choice	3 pm Snack Pudding Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Shrimp Tempura Curly Fries Vegetable Du Jour Beverage of Choice	Beef Taco Casserole Vegetable Du Jour Dinner Roll Beverage of Choice	Kalua Pork Ranch style Bean Sautéed Spinach Beverage of Choice	Sweet and Sour chicken Steam Rice Sautéed Zucchini Beverage of Choice	vegetable lasagna Vegetable Blend Dinner Roll Beverage of Choice	Baked Fish Cilantro Gremolata Rice Pilaf Vegetable Blend Beverage of Choice	Hot dog Curly Fries Steam Carrots Beverage of Choice
6 pm Dessert Jello Beverage of Choice	6 pm Dessert Parfait Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pop-Over Beverage of Choice	6 pm Dessert Rice Pudding Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Cottage Cheese Beverage of Choice

Week 5

11/25/18-12/1/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Blueberry Pancakes Sausage Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs w/ Ham and Cheese Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scallion and Cheddar Scramble Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Link Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Hungarian Pork Loin Ranch Style bean Vegetable Blend Cornbread Beverage of Choice	Chicken Marsala Egg Noodles Vegetable Du Jour Dinner Roll Beverage of Choice	Rosemary Glazed Fish Baked Potato Glazed Carrot Cornbread Beverage of Choice	Pot Roast Garlic Mashed Potato Green Peas Dinner Roll Beverage of Choice	Grilled Tuna Melt Macaroni Salad Onion Rings Beverage of Choice	Pork Chimichurri Fusilli Steam Broccoli Dinner Roll Beverage of Choice	Chicken Pesto Rice Pilaf Sautéed Spinach Dinner Roll Beverage of Choice
3 pm Snack Danish Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Pie Beverage of Choice	3 pm Snack Ice Cream Beverage of Choice	3 pm Snack Cake Snack of Choice	3 pm Snack Pudding Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Herbed Fish Rice Pilaf Vegetable Capri Beverage of Choice	Baked Mac & Cheese Cassero Spinach salad Garlic Bread Beverage of Choice	Orange Molasses Pork chop Steam Rice Green beans Beverage of Choice	Chicken Curry Rice Pilaf Braised Cabbage Beverage of Choice	Vegetable Quiche Roasted Red potato 5 way-veggie blend Cornbread Beverage of Choice	Lemon Parmesan Fish Baked Potato Sautéed Zucchini Cornbread Beverage of Choice	Corndog Tater Tots Prince Edward Mix Beverage of Choice
6 pm Dessert Jello Beverage of Choice	6 pm Dessert Parfait Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pop-Over Beverage of Choice	6 pm Dessert Rice Pudding Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Cottage Cheese Beverage of Choice