

ActivCare at Bressi Ranch

Menu Week 1

10/28/18-11/3/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs	Blueberry Pancakes	Cheese and Eggs	French Toast	Scrambled Eggs w/ Ham & Cheese	Belgian Waffles	Scrambled Eggs
Hash Browns	Bacon	Home Fries	Sausage Link	English Muffin	Fruit Garnish	Sausage Links
Toast		Toast		Choice of Cold		Toast
Choice of Cold or Hot Cereal	Choice of Cold or Hot Cereal	Choice of Cold or Hot Cereal				
Butter/ Jelly	Butter & Syrup	Butter/ Jelly	Butter & Syrup	Butter/Jelly	Butter & Syrup	Butter/Jelly
Milk	Milk	Milk	Milk	Milk	Milk	Milk
Juice of Choice	Juice of Choice	Juice of Choice				
Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea				
10: am Snack	10: am Snack	10: am Snack				
Fresh Fruit	Fresh Fruit	Fresh Fruit				
Beverage of Choice	Beverage of Choice	Beverage of Choice				

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Ham	Chicken Piccata	Shrimp Alfredo	Meatloaf	Grilled Turkey & Cheese	Roasted Pork masala	Creamy Garlic Chicken
Pumpkin Spice sweet potato	Roasted Red potato	Herb Pasta	Roasted Red potato	French Fries	Rice Pilaf	Egg noodle
Vegetable Blend	Vegetable Du Jour	Broccoli	Green bean	Vegetable Capri	Prince Edward Mixed	Vegetable Du Jour
Cornbread	Dinner Roll	Dinner Roll	Dinner Roll	Soup Du Jor	Cornbread	Dinner Roll
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack
Danish	Brownie	Pop-Over	Cake	Ice Cream	Cake	Muffin
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
sweet & sour Fillet Fish	Beef Stroganoff	Country Fried Pork Steak	Chicken Primavera	Vegetable Quiche	Balsamic Glazed fish fillet	Beef Pot Pie
Steam Rice	Baked Potato	Mashed Potato	Rice Pilaf	Rice Pilaf	Baked Potato	Caesar Salad
Vegetable Capri	Glazed Carrot	Green Peas & Carrots	Braised Cabbage	Braised Cabbage	Vegetable Capri	Cornbread
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert
Jello	Cookie	Bread Pudding	Pie	Flan	Rice Pudding	Cottage Cheese
Beverage of Choice	Beverage of Choice	Snack of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice

Menu Week 2

11/4/18-11/10/18

Menu Week 3

11/11/18-11/17/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scallion and Cheddar Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Sausage Bacon Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Banana Pancakes Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Home Fries English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble Toast Fruit Garnish Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles with Strawberry syrup Cream Choice of Cold or Hot Cereal Butter Milk Juice of Choice Coffee or Hot Tea
10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Country Fried pork Steak Rice Pilaf Vegetable Blend Cornbread Beverage of Choice	Chicken Florentine Roasted Red Potato Mixed Veggies Garlic Bread Beverage of Choice	Fish and Chips Tater Tots Steam Carrot Cornbread Beverage of Choice	Cheeseburger Macaroni Green Peas Garlic Bread Beverage of Choice	Herb pasta with cacciatore Chef Salad Garlic Bread Beverage of Choice	Pork Afritada Steam Rice Vegetable Du Jour Dinner Roll Beverage of Choice	Chicken Teriyaki Fried Rice Stir Fry Vegetables Sweet Roll Beverage of Choice
3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Parfait Beverage of Choice	3 pm Snack Pudding Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ambrosia Beverage of Choice

Dinner	Dinner	Dinner		Dinner	Dinner	Dinner
Dinner	Dinner	Dinner		Dinner	Dinner	Dinner
Blackened Cajun Fish Baked Potato Vegetable Capri Dinner Roll Beverage of Choice	Homemade Chili Side Salad Cornbread Beverage of Choice	Sweet & Spicy Pork chop Fried Rice Green beans Beverage of Choice	Cajun Chicken Jambalaya Broccoli Cornbread Beverage of Choice	Grilled Ham & Cheese French Fries Prince Edward mixed Beverage of Choice	Chili Lime Fish Fillet Rice Pilaf Sautéed Zucchini Beverage of Choice	Meat Lasagna Caesar Salad Garlic Bread Beverage of Choice
6 pm Dessert Ice Cream Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Brownie Snack of Choice	6 pm Dessert Cake Beverage of Choice	6 pm Dessert Bread Pudding Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pudding Beverage of Choice

Menu Week 4

11/18/18-11/24/18

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pork Diablo	Chicken Fajitas	Parmesan Crusted Baked Fish	Creamy Beef Noodles	Cobb Salad	Lemon Creamy Pork Chop	Chicken Potato Casserole
Roasted Red Potato	Spanish Rice	Baked Potato	Green beans	Soup Du Jour	Roasted Red Potato	Mashed Potato
Vegetable Capri	5-way-veggie blend	Steam Carrot	Garlic Bread	Garlic Bread	Peas and Carrots	Sautéed Zucchini
	Cornbread	Dinner Roll			Sweet Roll	Dinner Roll
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack
Danish	Muffin	Cake	Pie	Ice Cream	Cake	Pudding
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Snack of Choice	Beverage of Choice

Week 5

11/25/18-12/1/18

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Hungarian Pork Loin	Chicken Marsala	Rosemary Glazed Fish	Pot Roast	Grilled Tuna Melt	Pork Chimichurri	Chicken Pesto
Ranch Style bean	Egg Noodles	Baked Potato	Garlic Mashed Potato	Macaroni Salad	Fusilli	Rice Pilaf
Vegetable Blend	Vegetable Du Jour	Glazed Carrot	Green Peas	Onion Rings	Steam Broccoli	Sautéed Spinach
Cornbread	Dinner Roll	Cornbread	Dinner Roll		Dinner Roll	Dinner Roll
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack
Danish	Muffin	Cake	Pie	Ice Cream	Cake	Pudding
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Snack of Choice	Beverage of Choice