



## ActivCare Daily Activities

What's News  
Music That Matters  
Exercise in Motion  
Think It - Say It  
Neighborhood Walks  
Creative Arts

### SPECIAL EVENTS

**July 4**  
**Independence Day**  
**BBQ Lunch**


**July 10**  
**Cooking For The Senses**

**July 31**  
**Birthday Celebration**



# ActivCare at Yorba Linda July 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>6</b> 	<b>1 National U.S. Postage Day</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Puzzles / Dominos 1:00 Tossing For Points Game 2:00 <b>National US Postage Day Discussion</b> 3:00 Dessert & Coffee Social 3:30 Name 5 Game 6:00 Moonlight Movie	<b>2</b> 8:30 Current Events 9:15 Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Word Anagram Game 1:00 Putting Green Game 2:00 <b>Pamper Me Lovely: Manicures</b> 3:00 Dessert & Coffee Social 3:30 BINGO! 6:00 Moonlight Movie	<b>3 National Chocolate Wafer Day</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Bingo Game 12:00 <b>4th Of July BBQ Lunch</b> 1:00 <b>4th Of July Celebration - Music By Eddie Montana</b> 2:00 Popcorn And A Show 3:00 Dessert & Coffee Social 3:30 Ring Toss 6:00 Moonlight Movie	<b>4 Independence Day</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Bingo Game 12:00 <b>4th Of July BBQ Lunch</b> 1:00 <b>4th Of July Celebration - Music By Eddie Montana</b> 2:00 Popcorn And A Show 3:00 Dessert & Coffee Social 3:30 Celebrity Cards 6:00 Moonlight Movie	<b>5 National. Apple Turnover Day</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Putting Green Game 1:00 Eldersong Sing-Along 2:00 <b>National Apple Turnover Day - Discussion</b> 3:00 <b>Apple Turnover &amp; Coffee Social</b> 3:30 BINGO! 6:00 Moonlight Movie	<b>6</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <b>Independence Day Reminiscing</b> 1:00 Putting Green Game 2:00 Name 10 Game 3:00 Dessert & Coffee Social 3:30 Toss For Points 6:00 Lawrence Welk Show 6:30 Moonlight Movie
<b>7</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <b>Spiritual Hymns</b> 1:00 <b>Rhythm Band</b> 2:00 Word Anagrams 3:00 Dessert & Coffee Social 3:30 Eldersong Sing Along 6:00 Moonlight Movie	<b>8 National Chocolate Almonds Day</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <b>National Chocolate Almonds Day Discussion / Tasting</b> 1:00 Indoor Balloon Volleyball Game 2:00 Toss and Talk 3:00 Dessert & Coffee Social 3:30 Puzzle / Dominos 6:00 Moonlight Movie	<b>9</b> 8:30 Current Events 9:15 Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Celebrity Cards 1:00 <b>Pamper Me Lovely: Manicures</b> 2:00 <b>Entertainment: Music by Greg Wideen</b> 3:00 Dessert & Coffee Social 3:30 BINGO! 6:00 Moonlight Movie	<b>10 Cooking For The Senses</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Eldersong Sing Along 1:00 <b>Cooking For The Senses with Chef Yeong Apple Crisp</b> 2:00 Indoor Bowling Game 3:00 Dessert & Coffee Social 3:30 Frisbee Toss Game 6:00 Moonlight Movie	<b>11 National Blueberry Muffin Day</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <b>Creative Writing "Independence Day"</b> 1:00 Putting Green Game 2:00 National Blueberry Muffin Day - Discussion 3:00 <b>Blueberry Muffins &amp; Coffee Social</b> 3:30 Word Anagrams 6:00 Moonlight Movie	<b>12 National Pecan Pie Day</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Tossing For Points 1:00 <b>National Pecan Pie Day - Discussion</b> 2:00 Pop Corn And A Show 3:00 <b>Pecan Pie &amp; Coffee Social</b> 3:30 BINGO! 6:00 Moonlight Movie	<b>13</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Name 5 Game 1:00 Indoor Bocce Ball 2:00 <b>"My Favorite Vacation" Reminiscing</b> 3:00 Dessert & Coffee Social 3:30 Ring Toss 6:00 Lawrence Welk Show 6:30 Moonlight Movie
<b>14</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <b>Spiritual Hymns</b> 1:00 <b>Rhythm Band</b> 2:00 Pictionary Brain Game 3:00 Dessert & Coffee Social 3:30 Eldersong Sing Along 6:00 Moonlight Movie	<b>15 National Tapioca Pudding Day</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Word Anagram Game 1:00 Indoor Balloon Volleyball 2:00 <b>National Tapioca Pudding - Discussion</b> 3:00 <b>Tapioca Pudding &amp; Coffee Social</b> 3:30 Indoor Bocce Ball 6:00 Moonlight Movie	<b>16</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Flower Arranging 1:00 <b>Pamper Me Lovely: Manicures</b> 2:00 <b>Entertainment: Music by Arnie Rios</b> 3:00 Dessert & Coffee Social 3:30 BINGO! 6:00 Moonlight Movie	<b>17 National Hot Dog Day</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <b>National Hot Dog Day - Discussion</b> 12:00 <b>Hot Dog Lunch</b> 1:00 Tossing For Points 2:00 Eldersong Sing Along 3:00 Dessert & Coffee Social 3:30 Name Ten Game 6:00 Moonlight Movie	<b>18 In the Kitchen</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <b>In the Kitchen: Homemade Cookie Ice Cream Sandwich</b> 1:00 Creative Art: Firecrackers 2:00 Indoor Corn Hole Game 3:00 Dessert & Coffee Social 3:30 Word Anagram Game 6:00 Moonlight Movie	<b>19</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 "What Would You Do?" 1:00 Toss and Talk 2:00 Pop Corn And A Show 3:00 Dessert & Coffee Social 3:30 BINGO! 6:00 Moonlight Movie	<b>20</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <b>"Amelia Earhart" Reminiscing</b> 1:00 Toss and Talk 2:00 Celebrity Cards Game 3:00 Dessert & Coffee Social 3:30 BINGO! 6:00 Lawrence Welk Show 6:30 Moonlight Movie
<b>21</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <b>Spiritual Hymns</b> 1:00 Indoor Volleyball 2:00 Word Anagram Game 3:00 Dessert & Coffee Social 3:30 Eldersong Sing Along 6:00 Moonlight Movie	<b>22</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Whiteboard Brain Games 1:00 Flower Arranging 2:00 Celebrity Card Game 3:00 Dessert & Coffee Social 3:30 Indoor Balloon Badminton 6:00 Moonlight Movie	<b>23 National Vanilla Ice Cream Day</b> 8:30 Current Events 9:15 Good Morning Exercises 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Flower Arranging 1:00 Indoor Bocce Ball Game 2:00 <b>National Vanilla Ice Cream Day Discussion</b> 3:00 <b>Vanilla Ice Cream &amp; Coffee Social</b> 3:30 Puzzle / Dominos 6:00 Moonlight Movie	<b>24 Amelia Earhart Day</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <b>National Amelia Earhart Day - Discussion</b> 1:00 Balloon Badminton 2:00 Toss And Talk 3:00 Dessert & Coffee Social 3:30 BINGO! 6:00 Moonlight Movie	<b>25</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Whiteboard Brain Game 1:00 Creative Art: Fancy Fish 2:00 "What Would You Do?" 3:00 Dessert & Coffee Social 3:30 Frisbee Toss 6:00 Moonlight Movie	<b>26 Bagelfest Day</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Eldersong Sing Along 1:00 <b>National Bagelfest Day - Discussion</b> 2:00 Pop Corn And A Show 3:00 <b>Bagels &amp; Coffee Social</b> 3:30 BINGO! 6:00 Moonlight Movie	<b>27</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <b>"Good Old BBQ" Reminiscing</b> 1:00 Bocce Ball Game 2:00 Name 10 Game 3:00 Dessert & Coffee Social 3:30 Puzzles/Dominos 6:00 Lawrence Welk Show 6:30 Moonlight Movie
<b>28</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <b>Spiritual Hymns</b> 1:00 Indoor Noodle Game 2:00 Pictionary Brain Game 3:00 Dessert & Coffee Social 3:30 Eldersong Sing Along 6:00 Moonlight Movie	<b>29 National Lasagna Day</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <b>National Lasagna Day - Discussion</b> 12:00 <b>Lasagna Lunch</b> 1:00 Tossing For Points Game 2:00 Puzzles / Dominos 3:00 Dessert & Coffee Social 3:30 Name 5 Game 6:00 Moonlight Movie	<b>30 Cheesecake Day</b> 8:30 Current Events 9:15 Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <b>Pamper Me Lovely: Manicures</b> 1:00 Outdoor Putting Green Game 2:00 <b>National Cheesecake Day Discussion</b> 3:00 <b>Cheesecake &amp; Coffee Social</b> 3:30 BINGO! 6:00 Moonlight Movie	<b>31 Birthday Celebration</b> 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Name 5 Game 1:00 Indoor Bocce Ball Game 2:00 <b>Birthday Celebration - Music By Joe Tatar</b> 3:00 <b>Birthday Cake &amp; Coffee Social</b> 3:30 Ring Toss 6:00 Moonlight Movie	