



## ActivCare Daily Activities

What's News

Music That Matters

Exercise in Motion

Think It - Say It

Neighborhood Walks

Creative Arts

## SPECIAL EVENTS

May 5

Cinco de Mayo Celebration

May 12

Mother's Day Lunch

May 15

Birthday Party

May 24 & 28

Memorial Day Services



# ActivCare at 4S Ranch May 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1 May Day</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 10:30 Wheel of Fortune 11:30 The History of May Day 1:00 Sing A Long 1:00 Bridge in the Club 2:00 Bowling 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Arm Chair Pilates 6:00 Show Time with Popcorn	<b>2 Family Support Group with Kindred</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 The Sunshine Circle 12:00 <b>Family Support Group with Kindred</b> 1:00 Trivia 2:00 Indoor Golf 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Bingo 6:00 Show Time	<b>3 Special Music</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 <b>The Sunshine Circle</b> 1:30 <b>Music with Cara Freedman</b> 3:00 Dessert & Coffee Social 3:30 Piano with John Ponsiglione 6:00 Show Time	<b>4 The Sunshine Circle</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 <b>The Sunshine Circle</b> 1:00 Ball Toss 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Water Colors 6:00 Show Time with Pop Corn <b>Happy Birthday Dee</b>
<b>5 Cinco De Mayo</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 Fruit & Coffee Social 10:30 4 Paws of Love 11:30 Walker's Club 12:00 <b>Traditional Mexican Fare</b> 1:00 Hoopsie time 2:00 <b>Pinata Fun</b> 2:30 Musical Sombreros 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 6:00 Show Time <b>Happy Birthday Pete</b>	<b>6 Scenic Bus Ride National Nurses Day</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 Fruit & Coffee Social 10:30 4 Paws of Love 11:30 Walker's Club/Scenic Bus Ride 12:00 <b>Traditional Mexican Fare</b> 1:00 Hoopsie time 2:00 <b>Pinata Fun</b> 2:30 Musical Sombreros 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Bingo 6:00 Show Time <b>Happy Birthday Ana Maria</b>	<b>7 Puppy Visit</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 10:30 The Sunshine Circle 1:00 Arts & Crafts 2:00 <b>Puppy Visit with Izzie and Cheeka</b> 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 4:00 Chair Yoga 6:00 Show Time <b>Happy Birthday Ana Maria</b>	<b>8 Happy Hour</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 10:30 Wheel of Fortune 1:00 Sing A Long 1:00 Bridge in the Club 2:00 Bowling 3:00 <b>Happy Hour</b> 3:30 Gratitude Is Our Attitude 3:45 Arm Chair Pilates 6:00 Show Time with Pop Corn	<b>9 RB Presbyterian Visit</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 <b>The Sunshine Circle</b> 1:00 <b>RB Presbyterian Visit</b> 1:00 Bridge in the Club 2:00 Bowling 3:00 <b>Happy Hour</b> 3:30 Gratitude Is Our Attitude 3:45 Bingo 6:00 Show Time	<b>10 Special Music</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 <b>The Sunshine Circle</b> 1:15 <b>Music with Vincent Young</b> 3:00 Dessert & Coffee Social 3:30 Piano with John Ponsiglione 6:00 Show Time	<b>11</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 <b>The Sunshine Circle</b> 1:00 Hoopsie Time 2:00 Garden Club/Musical Instruments 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Water Colors 6:00 Show Time with Pop Corn <b>Happy Birthday Rowena</b>
<b>12 Catholic Communion Mother's Day</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 9:45 <b>ActivCare Mother's Day Boutique</b> 10:00 Fruit & Coffee Social 10:30 Creative Arts with Nabeel 12:00 <b>Mother's Day Lunch</b> 1:00 Music with Diane Polinski 2:00 Ball Toss 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 6:00 At the Movies <b>Happy Birthday Marjorie</b>	<b>13 Scenic Bus Ride National Apple Pie Day</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 9:45 <b>ActivCare Mother's Day Boutique</b> 10:00 Fruit & Coffee Social 10:30 Creative Arts with Nabeel 12:00 <b>Family Support Group with Seasons</b> 1:00 Hoopsie time 2:00 Trivia 3:00 Apple Pie Party 3:30 Gratitude Is Our Attitude 3:45 Bingo 6:00 At the Movies <b>Happy Birthday Marjorie</b>	<b>14 Puppy Visit</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 10:30 The Sunshine Circle 1:00 Arts & Crafts 2:00 <b>Puppy Visit with Izzie and Cheeka</b> 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 4:00 Chair Yoga 6:00 At the Movies <b>Happy Birthday Duke</b>	<b>15 Love on a Leash Birthday Party</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Love on a Leash 10:30 Nature walk 10:30 The Sunshine Circle 12:00 <b>Red Hat Ladies</b> 1:00 Bridge in the Club 1:00 Indoor Golf 3:00 <b>Birthday Party</b> 3:30 Gratitude Is Our Attitude 3:45 Arm Chair Pilates 6:00 At the Movies & Popcorn <b>Happy Birthday Duke</b>	<b>16 VFW Post 7766 Visit</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Ball Toss 10:30 The Sunshine Circle with Life Group Volunteers 1:00 <b>VFW Post 7766 Visit</b> 2:00 Horse Shoes 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Bingo 6:00 At the Movies	<b>17 Special Music</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <b>The Sunshine Circle</b> 1:00 Bowling 1:30 <b>Music with Juan Robles</b> 3:00 Piano with John Ponsiglione 6:00 At the Movie	<b>18 Armed Forces day</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <b>The Sunshine Circle</b> 11:30 Walker's Club 1:00 Bowling 2:00 <b>The History of Armed Forces Day</b> 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 6:00 At the Movie & Popcorn <b>Happy Birthday Imelda</b>
<b>19 Catholic Communion</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 Fruit & Coffee Social 10:30 Creative Arts with Nabeel 1:00 Hoopsie Time 1:30 4 Paws of Love 2:00 Trivia 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 6:00 Feature Film <b>Happy Birthday Marjorie</b>	<b>20 Family Support Group</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club/Scenic Bus Ride 10:30 Flower Arranging <b>12:00 Family Support Group with Seasons</b> 1:00 Wheel of Fortune 2:00 Bowling 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long-Karaoke Time 6:00 Feature Film <b>Happy Birthday Marjorie</b>	<b>21 Puppy Visit</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:15 <b>ActivFit</b> 10:30 Walker's Club 10:30 The Sunshine Circle 1:00 Arts & Crafts 2:00 <b>Puppy Visit with Izzie and Cheeka</b> 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long-Karaoke Time 6:00 Feature Film <b>Happy Birthday Marjorie</b>	<b>22 Travelogue</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature walk 10:30 Critter Encounter 1:00 Bridge in the Club 1:00 Balloon Badminton 2:00 <b>Travelogue Canada</b> 3:00 Cooking for the Senses: Canadian Style 3:30 Gratitude Is Our Attitude 3:45 Arm Chair Pilates 6:00 Feature Film & Popcorn <b>Happy Birthday Marjorie</b>	<b>23 ActivFit</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:15 <b>ActivFit</b> 10:30 The Sunshine Circle 10:30 Walker's Club 1:00 Penny for Your Thoughts 2:00 Horse Shoes 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Bingo 6:00 Feature Film <b>Happy Birthday Marjorie</b>	<b>24 Special Music</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 <b>The Sunshine Circle</b> 1:00 Bowing 1:30 <b>Music with Andrew Parker Davis</b> 3:00 Piano with John Ponsiglione 6:00 Feature Film <b>Happy Birthday Sally</b>	<b>25</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 <b>The Sunshine Circle</b> 1:00 Bowing 2:00 Musical Instruments/Garden Club 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 6:00 Feature Film & Popcorn <b>Happy Birthday Sally</b>
<b>26 Catholic Communion National Cherry Dessert Day</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbors 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 Creative Arts with Nabeel 1:00 Bowing 2:00 <b>Libby Family Piano Duet</b> 3:00 Cherry Dessert Party 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 6:00 Movie Time <b>Happy Birthday Olga</b>	<b>27 Scenic Bus Ride Memorial Day</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club/Scenic Bus Ride 10:30 Flower Arranging 1:00 Bowling 2:30 The History of Memorial Day 3:00 Dessert and Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 6:00 Movie Time <b>Happy Birthday Olga</b>	<b>28 Puppy Visit</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:15 <b>ActivFit</b> 10:30 Walker's Club 10:30 The Sunshine Circle 1:00 Arts & Crafts 2:00 <b>Puppy Visit with Izzie and Cheeka</b> 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long-Karaoke Time 6:00 Movie Time <b>Happy Birthday Olga</b>	<b>29 Helen Woodward</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <b>Helen Woodward Visit</b> 11:30 Nature walk 1:00 Bridge in the Club 1:00 Indoor Golf 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Arm Chair Pilates 6:00 Movie Time & Popcorn <b>Happy Birthday Tony</b>	<b>30 ActivFit</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:15 <b>ActivFit</b> 10:30 The Sunshine Circle 10:30 Walker's Club 1:00 Penny for Your Thoughts 2:00 Horse Shoes 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Bingo 6:00 Movie Time <b>Happy Birthday Tony</b>	<b>31 Special Music</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 <b>The Sunshine Circle</b> 1:00 Hoopsie Time 1:30 <b>Music with Kerry Powell</b> 3:00 Piano with John Ponsiglione 5:00 <b>Chef's Table Dining Event</b> 6:30 Movie Time <b>Chef's Table Dining Event</b>	

Activities are subject to change without notice.