

ActivCare at Bressi Ranch

Menu Week 1

6/30/19 - 7/6/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Blueberry Pancakes Sausage Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs w/ Ham and Cheese Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scallion and Cheddar Scramble Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Link Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch July 4th	Lunch	Lunch
Pork Diablo Roasted Red Potatoes Vegetable Capri Dinner Roll Beverage of Choice	Parmesan Crusted Baked Fish Baked Potato Steamed Carrots Dinner Roll Beverage of Choice	Chicken Fajitas Spanish Rice 5-way-veggies Cornbread Beverage of Choice	Creamy Beef Noodles Green beans Garlic Bread Beverage of Choice	Cheeseburger All-Beef Corndog Macaroni Salad Buttered Corn Beverage of Choice	Lemon Creamy Pork Chop Cilantro Lime Orzo Pasta Salad Peas and Carrots Sweet Roll Beverage of Choice	Chicken & Potato Baked Casserole Vegetable Capri Dinner Roll Beverage of Choice
3 pm Snack Danish Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Pie Beverage of Choice	3 pm Snack Ice Cream Beverage of Choice	3 pm Snack Cake Snack of Choice	3 pm Snack Pudding Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Shrimp Tempura Curly Fries Vegetable Du Jour Cornbread Beverage of Choice	Kalua Pork Ranch Style Beans Sautéed Spinach Cornbread Beverage of Choice	Beef Taco Casserole Vegetable Du Jour Dinner Roll Beverage of Choice	Sweet and Sour Chicken Steamed Rice Sautéed Zucchini Cornbread Beverage of Choice	Vegetable Lasagna Vegetable Blend Dinner Roll Beverage of Choice	Fried Fish Cilantro Gremolata Garlic Chive Butter Potatoes 5-way-veggies Cornbread Beverage of Choice	Hot dog Curly Fries Steamed Carrots Beverage of Choice
6 pm Dessert Jello Beverage of Choice	6 pm Dessert Parfait Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pop-Over Beverage of Choice	6 pm Dessert Rice Pudding Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Cottage Cheese Beverage of Choice

ActivCare at Bressi Ranch

Menu Week 2

7/7/19 - 7/13/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Blueberry Pancakes Sausage Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs w/ Ham and Cheese Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scallion and Cheddar Scramble Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Link Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Hungarian Pork Loin Ranch Style Beans Vegetable Blend Cornbread Beverage of Choice	Chicken Marsala Roasted Red Potatoes Vegetable Du Jour Dinner Roll Beverage of Choice	Rosemary Glazed Fish Garlic Parmesan Orzo Glazed Carrots Cornbread Beverage of Choice	Burger Steak w/ Tomato Gravy Garlic Mashed Potatoes Asparagus Dinner Roll Beverage of Choice	Grilled Tuna Melt Seasoned Fries Soup Du Jour Beverage of Choice	Creamy Cajun Pork Chops Herb Fusilli Steamed Broccoli Dinner Roll Beverage of Choice	Chicken Pesto Rice Pilaf Sautéed Spinach Dinner Roll Beverage of Choice
3 pm Snack Danish Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Pie Beverage of Choice	3 pm Snack Ice Cream Beverage of Choice	3 pm Snack Cake Snack of Choice	3 pm Snack Pudding Beverage of Choice
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Herbed Baked Fish Rice Pilaf Green Peas Dinner Roll Beverage of Choice	Baked Mac & Cheese Casserole Spinach salad Garlic Bread Beverage of Choice	Orange Molasses Pork Chop Steamed Rice Green Beans Dinner Roll Beverage of Choice	Chicken Curry Rice Pilaf Braised Cabbage Cornbread Beverage of Choice	Vegetable Quiche Roasted Red Potatoes 5 way-veggie blend Cornbread Beverage of Choice	Parmesan Crusted Baked Fish Baked Potato Sautéed Zucchini Cornbread Beverage of Choice	Corndog Tater Tots Prince Edward Mix Beverage of Choice
6 pm Dessert Jello Beverage of Choice	6 pm Dessert Parfait Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pop-Over Beverage of Choice	6 pm Dessert Rice Pudding Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Cottage Cheese Beverage of Choice

ActivCare at Bressi Ranch

Menu Week 3

7/14/19 - 7/20/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs With Cheese Wheat Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Blueberry Pancakes Sausage Link Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Country Scramble English Muffin Bacon Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Turkey And Cheese Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles with Strawberry Syrup & Whip Cream Choice of Cold or Hot Cereal Margarine Milk Juice of Choice Coffee or Hot Tea
10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Ham Baked Yam Vegetable Blend Cornbread Beverage of Choice	Rosemary Ranch Chicken Roasted Garlic Parmesan Potatoes Vegetable Du Jour Dinner Roll Beverage of Choice	Shrimp Pesto Fusilli Glazed Carrots Cornbread Beverage of Choice	Beef Stroganoff Garlic & Herbs Smash Potatoes Green Peas Dinner Roll Beverage of Choice	Herb Pasta with Marinara Sauce Sautéed Zucchini Dinner Roll Beverage of Choice	Balsamic Honey Mustard Pork Baked Yam 5 way-veggie blend Garlic Bread Beverage of Choice	Turkey Pot Pie Ranch Style Beans Vegetable Du Jour Cornbread Beverage of Choice
3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Pie Beverage of Choice	3 pm Snack Cottage Cheese Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ambrosia Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Lemon Pepper Fish Rice Pilaf Vegetable Capri Dinner Roll Beverage of Choice	Swedish Meatball Egg noodle Prince Edward Cornbread Beverage of Choice	Pork Adobo Steamed Rice Green Beans Dinner Roll Beverage of Choice	Creamy Garlic Chicken Parsley Rice Steamed Broccoli Cornbread Beverage of Choice	Chicken Caesar Salad Soup du Jour Dinner Roll Beverage of Choice	Coconut Fish Curry Rice Pilaf Steamed Carrots Cornbread Beverage of Choice	Meatloaf Mashed Potatoes Peas and Carrots Dinner Roll Beverage of Choice
6 pm Dessert Ice Cream Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Parfait Beverage of Choice	6 pm Dessert Cake Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pudding Beverage of Choice

ActivCare at Bressi Ranch

Menu Week 4

7/21/19 - 7/27/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scallion and Cheddar Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Sausage Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Banana Pancakes Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Home Fries English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble Toast Fruit Garnish Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles with Strawberry syrup Whip Cream Choice of Cold or Hot Cereal Butter Milk Juice of Choice Coffee or Hot Tea
10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Cinnamon Apple Pork Chop Baked Yam Vegetable Blend Cornbread Beverage of Choice	Chicken-Bacon-Ranch Baked Penne Pasta Vegetable Du Jour Dinner Roll Beverage of Choice	Fried Shrimp Steak Fries Vegetable Blend Cornbread Beverage of Choice	Hamburger Stew Roasted Red Potatoes Glazed Carrots Sweet Roll Beverage of Choice	Pepperoni Pizza Chef Salad Beverage of Choice	BBQ Pulled Pork Ranch Style Beans Sauteed Spinach Hawaiian Rol Beverage of Choice	Blackened Cajun Chicken Rosemary Potatoes 5 way-veggie blend Dinner Roll Beverage of Choice
3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Parfait Beverage of Choice	3 pm Snack Pudding Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ambrosia Beverage of Choice

Dinner	Dinner	Dinner		Dinner	Dinner	Dinner
Herbed Fish with Lemon Cream Rice Pilaf Green Peas Dinner Roll Beverage of Choice	Homemade Chili Roasted Red Potatoes Cauliflower Cornbread Beverage of Choice	Garlic Sugar Pork Tenderloin Baked Potato Prince Edward Dinner Roll Beverage of Choice	Cilantro Lime Chicken Egg Noodles Sautéed Zucchini Dinner Roll Beverage of Choice	Grilled Club Sandwich Tater Tots Prince Edward Beverage of Choice	Tuna Casserole Green beans Cornbread Beverage of Choice	Herb Pasta w/ Meat Sauce Caesar Salad Garlic Bread Beverage of Choice
6 pm Dessert Ice Cream Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Brownie Snack of Choice	6 pm Dessert Cake Beverage of Choice	6 pm Dessert Bread Pudding Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pudding Beverage of Choice

ActivCare at Bressi Ranch

Menu Week 5

7/28/19 - 8/3/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Hash Browns Toast Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	Blueberry Pancakes Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Cheese and Eggs Home Fries Toast Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Link Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs w/ Ham & Cheese English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Sausage Links Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pork Tenderloin w/ Chutney Rice Pilaf Vegetable Blend Dinner Roll Beverage of Choice	Honey Dijon Baked Chicken Garlic Chive Butter Potatoes Vegetable Du Jour Cornbread Beverage of Choice	Fish Piccata Roasted Red Potatoes Glazed Carrots Dinner Roll Beverage of Choice	Salisbury Steak Mashed Potao Green Peas Cornbread Beverage of Choice	Spinach Salad Supreme Soup Du Jour Dinner Roll Beverage of Choice	BBQ Porklet Ranch Style Beans Peas and Carrots Cornbread Beverage of Choice	Chicken Enchiladas Spanish Rice 5 way-veggie blend Dinner Roll Beverage of Choice
3 pm Snack Danish Beverage of Choice	3 pm Snack Brownie Beverage of Choice	3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ice Cream Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Muffin Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Fish and Chips Tartar Sauce Vegetable Capri Cornbread Beverage of Choice	Beef and Potato Bake Prince Edward Garlic Bread Beverage of Choice	Rosemary Sage Pork Loin Baked Yams Green beans Cornbread Beverage of Choice	Garlic Basil Chicken w/ tomato butter sauce Steamed Broccoli & Parsley Rice Garlic Bread Beverage of Choice	Herb Pasta w/ Primavera Sautéed Zucchini Cornbread Beverage of Choice	Chicken Afritada Steamed Rice Steamed Carrots Dinner Roll Beverage of Choice	Hot Dogs Tater Tots Prince Edward Mixed Beverage of Choice
6 pm Dessert Jello Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Bread Pudding Snack of Choice	6 pm Dessert Pie Beverage of Choice	6 pm Dessert Flan Beverage of Choice	6 pm Dessert Rice Pudding Beverage of Choice	6 pm Dessert Cottage Cheese Beverage of Choice