



ActivCare Daily Activities

What's News
Music That Matters
Exercise in Motion
Think It - Say It
Neighborhood Walks
Creative Arts

Special Events

November 6
Special Music

November 11
Veterans Day

November 22
Thanksgiving

November 27
Birthday Celebration



ActivCare at Rolling Hills Ranch November 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 VETERANS DAY ***** HONORING ALL WHO SERVED *****				1 Special Bus Ride 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 <i>Special Bus Ride</i> 11:00 Ball Toss 1:00 Brain Games 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 4:00 Horseshoes 6:00 Music Therapy	2 Painting w/Donna 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 Bowling 1:30 <i>Painting</i> 2:00 2 Questions Trivia 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Special Movie & Popcorn	3 Spa Day 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Toss 11:00 Walkers Club 1:00 Gardening 2:00 Arts & Craft 3:00 Dessert & Coffee Social 4:00 <i>Pamper Me Lovely Spa Hour</i> 6:00 Music Therapy
4 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Badminton 11:00 Walkers Club 2:00 Ring Toss 3:00 Dessert & Coffee 1:00 Bowling 4:30 Bingo 6:00 Popcorn Movie Night	5 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Bean Bag Toss 11:00 Walkers Club 1:00 History & Trivia 2:00 Horse Racing 3:00 Dessert & Coffee Social 4:00 Bingo 6:00 Movie Night	6 Special Music 8:30 Today's Current Events 9:15 Chair Pilates 10:00 Fruit & Coffee Social 10:30 <i>Love on a Leash</i> 11:00 Walkers Club 1:00 Flower Arranging 2:00 <i>Special Music: John Quinones</i> 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories	7 Cooking for the Senses 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Bench Ball Toss 11:00 Walkers Club 1:00 Family Feud Game 2:00 <i>Hot Apple Cider</i> 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Trivia & Teasers	8 Special Bus Ride 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 <i>Special Bus Ride</i> 11:00 Ball Toss 1:00 Brain Games 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 4:00 Horseshoes 6:00 Music Therapy	9 Red Hat Tea Party 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:30 <i>Red Hat Tea Party</i> 2:00 2 Questions Trivia 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Special Movie & Popcorn	10 Marine Corps Birthday 8:30 Today's Current Events 9:15 Chair Exercises 10:00 Fruit & Coffee Social 10:30 Trivia & Teasers 11:00 Walkers Club 1:00 Trivia 2:00 Bowling 4:00 Pamper Me Lovely Spa Hour 4:30 <i>Patriotic Songs</i> 6:00 Moonlight Movie
11 Veterans Day 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Badminton 10:30 <i>Veterans Ceremony</i> 11:00 Walkers Club 1:00 Bowling 2:00 Ring Toss 3:00 Dessert & Coffee Social 3:30 Drum Circle 4:30 Small Brass Band Instrumental 6:00 Popcorn Movie Night	12 Veterans Ceremony 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Bean Bag Toss 10:30 <i>Veterans Ceremony</i> 11:00 Walkers Club 1:00 History & Trivia 2:00 Horse Racing 3:00 Dessert & Coffee Social 4:00 Bingo 6:00 Movie Night	13 Special Music 8:30 Today's Current Events 9:15 Chair Pilates 10:00 Fruit & Coffee Social 11:00 Walkers Club 1:00 Flower Arranging 2:00 <i>Special Music: Juan Robles</i> 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories	14 Cooking for the Senses 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Bench Ball Toss 11:00 Walkers Club 1:00 Family Feud Game 2:00 <i>No Bake Pumpkin Dessert</i> 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Trivia & Teasers	15 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Special Bus Ride 11:00 Ball Toss 1:00 Brain Games 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 4:00 Horseshoes 6:00 Music Therapy	16 Painting 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:30 <i>Painting w/ Donna</i> 2:00 Trivia 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Special Movie & Popcorn	17 Gardening 8:30 Today's Current Events 9:15 Chair Exercises 10:00 Fruit & Coffee Social 10:30 Trivia & Teasers 11:00 Walkers Club 1:00 Bowling 2:00 <i>Gardening</i> 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Movie Night
18 8:00 Spiritual Hour 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Toss 11:00 Walkers Club 1:00 Horseshoes 2:00 Ring Toss 3:00 Dessert & Coffee Social 4:00 Prize Bingo 6:00 Sing-Along	19 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 Puzzles 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 4:00 Bingo 6:00 Musical Instruments	20 Love on a Leash 8:30 Today's Current Events 9:15 Chair Pilates 10:00 Fruit & Coffee Social 10:30 <i>Love on a Leash</i> 11:00 Walkers Club 1:00 Flower Arranging 2:00 <i>S.D. Humane Society</i> 2:00 <i>Music with Lani Calvert</i> 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories	21 8:30 Today's Current Events 9:15 Good Morning Exercises 10:00 Fruit & Coffee Social 10:30 Brain Games 11:00 Walkers Club 1:00 Family Feud Game 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Movie Night	22 Thanksgiving 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Special Bus Ride 11:00 Ball Toss 12:00 <i>Thanksgiving Special Luncheon</i> 1:00 Brain Games 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 3:30 Ball Toss 4:00 Horseshoes 6:00 Music Therapy	23 Drum Circle 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Brain Games 11:00 Walkers Club 1:00 Bowling 2:00 Trivia 3:00 Dessert & Coffee Social 3:30 <i>Drum Circle</i> 4:00 Prize BINGO 6:00 Special Movie & Popcorn	24 8:30 Today's Current Events 9:15 Chair Exercises 10:00 Fruit & Coffee Social 10:30 Trivia & Teasers 11:00 Walkers Club 1:00 Trivia 2:00 Bowling 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Movie Night
25 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 Put Put Golf 2:00 Ring Toss 3:00 Dessert & Coffee Social 6:00 Sing-Along	26 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 Put Put Golf 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 4:00 Bingo 6:00 Musical Instruments	27 Birthday Celebration 8:30 Today's Current Events 9:15 Chair Pilates 10:00 Fruit & Coffee Social 10:30 Trivia 11:00 Walkers Club 1:00 Flower Arranging 2:00 <i>S.D. Humane Society</i> 2:00 <i>Birthday Celebration with Scott Parlosh</i> 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories	28 8:30 Today's Current Events 9:15 Good Morning Exercises 10:00 Fruit & Coffee Social 10:30 Brain Games 11:00 Walkers Club 1:00 Family Feud Game 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Movie Night	29 Special Bus Ride 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 <i>Special Bus Ride</i> 11:00 Ball Toss 1:00 Brain Games 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 3:30 Ball Toss 4:00 Horseshoes 6:00 Music Therapy	30 Painting w/ Donna 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Brain Games 11:00 Walkers Club 1:00 Bowling 1:30 <i>Painting</i> 2:00 Trivia 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Special Movie & Popcorn	

Activities are subject to change without notice.